



Saskatchewan Neonatal Resuscitation Program (NRP)  
During Influenza Like Illness (ILI) COVID-19

**SASKATCHEWAN**

The COVID-19 pandemic continues to affect many provinces across the country. The Canadian Paediatric Society (CPS) and the CPS Education Steering Committee have discussed parameters for resumption of NRP courses safely and reducing the risks of transmission in consultation with each regional NRP Advisory Committee Member. NRP courses can resume across Canada based on the advice of regional/local Public Health, IPAC, and facility guidelines. It is important to consider local site variations with the goal to mitigate risks of transmission of COVID-19. CPS has granted accommodations to NRP providers and instructors with extension of status, see the CPS website for further details.

NRP courses may resume if each instructor puts measures in place to ensure the continued safety of course participants and minimize the risk of transmission. The ability to offer NRP provider courses will require adaptability, based on the fluctuations we will face with the pandemic's impact.

NRP Provider Courses can be delivered safely with these limitations placed:

- Screen participants prior to attending the course based on provincial/facility screening guidelines (this may include temperature monitoring). Saskatchewan healthcare provider online screening tool or screening in person requires completion <https://public.ehealthsask.ca/sites/COVID-19/>
- Ensure space large enough to maintain physical distancing. Adhere to class size limits in accordance with guidance from Public Health and facility leadership (Saskatchewan June 8, 2020 fifteen (15) people in one area). Be sure to include the instructor(s) - not just the learners - in the total # of people in the group.
- The status of COVID-19 remains fluid in the province. Participants and instructors should be from the same unit/facility to reduce inadvertent exposure, particularly in facilities in which they are physically located alongside a Long Term Care Unit. Exceptions may be required for facilities that do not have NRP Instructors and should proceed with caution keeping the status of COVID-19 in the instructors and participants' workplaces in mind.
- Participants and instructors must use appropriate PPE (continuous mask wearing), using gloves when handling equipment and manikins at stations, and ensure hand hygiene. Hand hygiene should occur prior to and after the course, in between practice sessions, when returning to course from an absence or a break from classroom.
- Proper PPE equipment and cleaning is the responsibility of each facility.
- Ensure safe physical distancing during individual skills training and debrief (minimum 2 meters between individuals).



- Minimize close contact when possible during the course. Increase the use of videos to demonstrate skills. During the simulations, ensure participants are using appropriate PPE (mask and gloves), and institute meticulous hand hygiene and cleaning between participants. Complete the debriefing with the participants sitting or gathered according to physical distancing limitations.

#### Cleaning and Disinfecting

- Utilize IPAC guidelines.
- Clean commonly touched areas and shared equipment need cleaning and disinfecting at least twice daily.
- When using Bag Valve Mask, T-piece, and equipment ensure use of gloves and instructor/participant clean BVMs/T-piece with an alcohol based solution between each participant.
- Following course completion, instructors must clean equipment and mannequins with alcohol-based solution including disinfecting the mannequin by cleaning the material of mannequins (e.g. spray cloth areas with Lysol). Instructors may need to consider disposing of equipment that cannot be cleaned as required.

**If you cannot offer a Provider course with these limitations placed, consider maintaining the skills of NRP with frequent, brief practice sessions.** Emphasize skill maintenance with setting up a resuscitation simulation area and encourage resuscitation team members to practice basic individual and small group skills frequently. Encourage participants to view videos online to refresh their skills.

The AAP has made available online a number of NRP skills videos (<https://www.aap.org/en-us/continuing-medical-education/life-support/NRP/Pages/NRP-Skills-Videos.aspx>). The CPS has created instructor resources include simulation and debriefing videos, scenarios and more accessible through a shared login at <https://pedagogy.cps.ca>.