

Jennifer King is a registered social worker in Saskatchewan, currently working at the USask Chronic Pain Clinic (formerly MAC iOPS) and in private practice counselling. Pain has a significant impact on life, and it is Jennifer's passion to help people work through this experience. Providing education about pain and how it can be influenced using mind and somatic based strategies is a key aspect of her work. Training in Acceptance and Commitment Therapy (ACT) and experience with somatic practices guide her in each session.