

Terri Peterson, MSW, RSW(SK), is an active educator, therapist, clinical supervisor, consultant and leader in the fields of social work and mental health. Terri began her clinical social work serving women struggling with food and body issues within the 'Nourishing Connections' program, Adult Mental Health Services, Saskatchewan Health Authority and spent the next eighteen years within the Saskatoon community delivering and leading interdisciplinary mental health services. She has had the privilege of working with many diverse, courageous service users and has presented her learning and research on a variety of topics, including the issue of disordered eating, focusing on the themes of empowerment and trauma informed, collaborative care. She continues to learn from the individuals, couples, families, groups, clinicians, and communities she works with every day. Terri is currently the senior therapist and clinical leader of the therapy team at the Student Wellness Centre, University of Saskatchewan where she is honoured and grateful to work beside such knowledgeable and passionate health providers and students.