

improving pain in sk

+ COLLABORATIVE RESEARCH TEAM

**Friday,
November 25,
2022**

12:00 PM – 4:00 PM
(Saskatchewan time)

**Zoom virtual
conference**

The Pediatric Pain

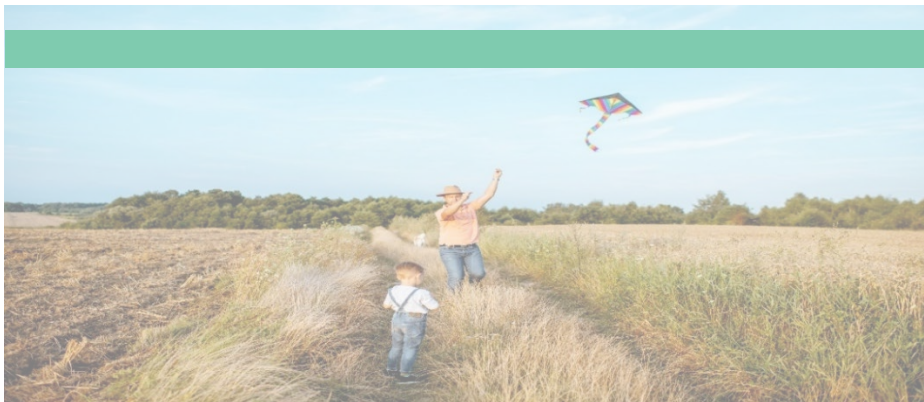
Conference will provide an opportunity for participants to enhance their awareness and knowledge of chronic pain in children. Children, youth and families will share their journey with pediatric chronic pain to improve understanding of challenges and opportunities associated with this prevalent condition. An established interprofessional pediatric chronic pain management team from the IWK Health Centre in Halifax, including Dr. Allen Finley, will share their biopsychosocial approach to the management of pediatric chronic pain.

For more information

karen.juckes@usask.ca

Pediatric Pain Conference:

**Building capacity and connections
to support chronic pain services
for children and families in Saskatchewan**



Learning Objectives

- Explore practical, evidence-based assessment and treatment approaches for pediatric chronic pain.
- Describe interprofessional roles integral to the biopsychosocial management of pediatric chronic pain.
- Consider experiences of children, youth and families living with chronic pain.
- Participate in discussions with colleagues to enhance local pediatric chronic pain care.

Registration

Health Care Providers, Teachers
| \$30 + GST
People with lived pain experience
| FREE
Students/Medical Residents
| FREE

To Register
[click here](#)



This conference is being held in partnership with the Nov. 26, *Pain and Therapeutics Conference*. You **can register for only the Pediatric Pain Conference**. You do not need to register for both events. Click the "register" button and scroll down to the Pediatric Pain Conference.

Please note there will be limited spaces for in-person attendance in Regina where participants can join together to view the virtual presentations.

Royal College of Physicians and Surgeons of Canada: This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Medical Education Division, University of Saskatchewan for up to 3.5 credit hours.

The College of Family Physicians of Canada: This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Medical Education Division, University of Saskatchewan for up to 3.5 Mainpro+ credits.

Other Healthcare Professionals: Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

**Friday
November 25,
2022**

12:00 PM – 4:00 PM
(Saskatchewan time)

**Zoom virtual
conference**

Registration

Health Care Providers,
Teachers
| \$30 + GST

People with lived pain
experience
| FREE

Students/
Medical Residents
| FREE

To Register
[click here](#)



**click the "register" button
& scroll down to the
pediatric conference*

For more information
karen.juckles@usask.ca

Pediatric Pain Conference:

**Building capacity and connections
to support chronic pain services
for children and families in Saskatchewan**

Agenda

1200-1215 Welcome and opening remarks:

Amanda Kleisinger, MD; Karen Juckles, RN.

1215-1300 Lived experience panel: Children, parents and young adults living with chronic pain. Facilitator Erin Beckwell, RSW.

- Reflect upon experiences of children, youth and families living with chronic pain.
- Discuss the challenges and opportunities for children, youth and families living with chronic pain
- Consider trauma-informed approaches to pediatric pain management

Q&A, Discussion

1300-1340 Introduction & Overview of Chronic Pain in Children:

Assessment, intake, outcome measures and intervention strategies. Allen Finley, MD

- Review the prevalence and implications of complex and prolonged pain in children and adolescents.
- Describe assessment, intake and realistic outcome measures in pediatric chronic pain
- Examine evidence-based treatment approaches for pediatric chronic pain

Q & A, Discussion

1340-1400 BREAK

1400-1530 Interprofessional Perspectives in Pediatric Chronic Pain.

Shelley Lowther, RN, MN, Clinical Nurse Specialist;

Chelsea da Estrela, PhD, Psychologist;

Allison Lerette, MScPT, Physical Therapist.

- Describe the nursing role in pediatric chronic pain assessment and management across health care settings
- Examine current recommendations and strategies for the physical management of pediatric chronic pain
- Discuss practical applications of various psychological approaches for pediatric chronic pain

Q & A, Discussion

1530-1600 Panel Discussion & Q&A: IWK Team

- Explore interdisciplinary management approaches
- Discuss strategies for effective teamwork across healthcare settings in the management of pediatric chronic pain.
- Explore opportunities to enhance local pediatric chronic pain care.

1600 Adjourn

**Friday,
November 25,
2022**

12:00 PM – 4:00 PM
(Saskatchewan time)

**Zoom virtual
conference**

Conference Planning Committee:

- Krista Baerg, MD, FRCPC, Department of Pediatrics
- Erin Beckwell, BSW, MSW, RSW
- Wendy Chrusch, MD, FRCPC, Physiatry
- Karen Juckes, RN, PhD, College of Nursing, Usask
- Kyra Kane, PT, PhD. Senior Physical Therapist, Children's Program, Wascana Rehabilitation Centre
- Amanda Kleisinger, MD, FRCPC, Physiatry
- Patricia Smith, MD, Family Physician
- Michelle Yung, RN, Hope's Home

For more information

karen.juckes@usask.ca

Pediatric Pain Conference:

**Building capacity and connections
to support chronic pain services
for children and families in Saskatchewan**



Allen Finley, MD, is a pediatric anesthesiologist who has worked for over 30 years in pain research and management. He is Professor of Anesthesia, Pain Management, & Perioperative Medicine at Dalhousie University, and is cross appointed as Professor of Psychology & Neuroscience. He also holds the inaugural Dr. Stewart Wenning Chair in Pediatric Pain Management at IWK Health in Halifax and is Director of the Centre for Pediatric Pain Research. He has published 150 papers in peer-reviewed journals (<http://tinyurl.com/gaf-cits>) and has lectured widely, with more than 300 invited presentations on six continents.

Chelsea da Estrela, PhD, completed her PhD in Clinical Psychology at Concordia University in Montreal. In addition to maintaining a small private practice in Halifax, Dr. da Estrela is a psychologist on the Pediatric Complex Pain Team, the Hematology/Oncology/Nephrology service, and runs the Consultative-Liaison service at the IWK.



Allison Lurette currently works as one of the physiotherapists on the complex pain team at the IWK. She graduated from Dalhousie university, with the goal of eventually working in pediatrics. After graduation, she worked with many different populations and found that the one thing that many populations have in common when they're seeking out physiotherapy, is pain. Allison works with patients and their families to help them get back to doing the things they love.

Shelley Lowther has been working at the IWK (NICU, Pain Research, and Pain Service) for 25 years. She became interested in pediatric pain management through her work with infants, supporting the sickest and tiniest babies through multiple procedures. She later completed a master's thesis on how parents can support their child during procedural pain. In 2012, she began working as a Clinical Nurse Specialist in Pediatric Pain Management and works with both acute and chronic pain patients and their families



Engaging Patients. Supporting Researchers.
Improving Health Together.



This conference is an initiative of the Regina working group of the Improving Pain in Saskatchewan Research Project (IPSK). Thank you to SCPOR and SHRF for their support of IPSK.