



Pain & Therapeutics Annual Conference 2022

November 26, 2022 | Saskatoon, SK | Health Sciences Building, University of Saskatchewan

November 26, 2022					
7:30 AM	Registration				
8:15 AM	Welcome, Treaty Land Acknowledgement, Housekeeping				Kelly Kizlyk
8:30 - 9:30 AM	Plenary #1			By the end of this session, learners will be able to:	
	45	HLTH 1150	PEEP Clinical Practice Guidelines	<ul style="list-style-type: none"> Apply best available evidence to guide shared decision making with people living with chronic pain, including low back, osteoarthritic, and neuropathic pain. 	Adrienne Lindblad
15		Q&A			
9:30 - 10:30 AM	Plenary #2				
	45	HLTH 1150	Chronic Pain and Intimacy	<ul style="list-style-type: none"> Identify client concerns with sexual intimacy in medication, movement, and mind challenges. Provide support to clients who require further education and assistance in sexual intimacy and chronic pain. Explain the importance of addressing sexual intimacy and chronic pain with clients. 	Bree Rutten & Jennifer King
15		Q&A			
Nutrition/Networking Break					
10:45-11:45 AM	Concurrent #1				
	45	HLTH 2334	Patient ER/GP Visit (Simulation)	<ul style="list-style-type: none"> List pharmacologic and non-pharmacologic strategies for treatment of chronic pain Describe the relationship between chronic pain, addictions, and mental health Demonstrate patient-centred care communicating with patients with and between other care providers 	Dr. Carlyn Gardner & Dr. Radhika Marwah
	15		Q&A		
	Concurrent #2				
	45	HLTH GB06	Chronic Pain and Nutrition: Are The Two Really Linked?	<ul style="list-style-type: none"> Recognize the role nutrition and dietary habits have in the presentation and management of chronic pain Describe key literature in the connection between chronic pain and nutrition Develop strategies to educate patients on how to optimize their dietary intake to support their overall pain management 	Dr. Inderveer Mahal
	15		Q&A		
	Concurrent #3				
	45	HLTH 1130	Chronic Pain & Disability	<ul style="list-style-type: none"> Question the way disability is perceived and treated within the medical field and society. 	Anwyn Diakuw
	15		Q&A		
	Concurrent #4				
45	HLTH GB03	Tools to Support Pain Patients in Mental Health Crisis	<ul style="list-style-type: none"> Identify approaches to managing mental health crises in the context of chronic pain 	Dr. Rob Tanguay	
15		Q&A			
Lunch/Exhibits					
12:45-1:45 PM	Concurrent Sessions (Repeat of 10:45 Sessions)				
Nutrition/Networking Break					
2:00-3:00 PM	Plenary #3			By the end of this session, learners will be able to:	
	45	HLTH 1150	Chronic Pain Pathway Case Presentation	<ul style="list-style-type: none"> Navigate the Saskatchewan Chronic Pain Pathway Recognize patient experience on navigating care 	Dr. Susan Tupper & Dr. Radhika Marwah
15		Q&A			
3:00-4:00 PM	Plenary #4				
	45	HLTH 1150	How Do Take Care of Myself While Providing Care to Others	<ul style="list-style-type: none"> Have an increased awareness of the risk factors in your work and yourself. Recognize what healthy professional boundaries are in your role. Embrace self-care strategies that promote wellbeing despite the demands of your career. 	Brenda Senger
15		Q&A			
4:00 PM	Closing Remarks				Kelly Kizlyk