



Transforming the Care of Older Adults Through Interprofessional Teams

April 7 & 8, 2017 | Saskatoon, SK
Sheraton Cavalier Hotel

Offered Jointly by:

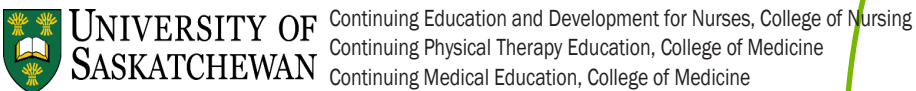




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General Information

Conference Description

The “**Transforming the Care of Older Adults Through Interprofessional Teams**” conference includes plenary sessions on the interprofessional approach to patient/client/family centered and appropriate care for older adults. Concurrent sessions will address topics such as pain assessment and management, cultural considerations, assessment and care for medically complex and frail older adults, interprofessional care teams, and end of life care. Concurrent sessions will provide small group, interactive, and case based discussions.

Conference Learning Objectives

Participants in this conference will be able to:

- Discuss current issues and controversies in the care of older adults across the continuum of care.
- Identify the factors that contribute to continuity of care for older adults.
- Define best practice treatment for older adult health challenges.
- Explain the value of the interprofessional approach to the care of older adults.
- Apply the interprofessional approach to the care and support of older adults across the continuum of care.
- Determine and assess the ethical issues unique to the care of older adults.
- Explain innovative care approaches relevant to the health and safety and support of older adults.

Study Credits

The College of Family Physicians of Canada: This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been accredited by the Division of Continuing Medical Education, University of Saskatchewan for up to 9.25 Mainpro+ credits.

The Royal College of Physicians and Surgeons of Canada: This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the Division of Continuing Medical Education, University of Saskatchewan for up to 9.25 credit hours.

The Massage Therapist Association of Saskatchewan (MTAS) has approved this conference for a total of 9 primary credits.

Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

Certificates

Certificates will be made available for conference delegates to pickup at the Registration/Check-in table on Saturday April 8, 2017.

General Information

Continued

Saskatchewan Medical Association (SMA) Education Bank

The Continuing Medical Education Fund assists physicians with the costs associated with continuing medical education courses and materials. Physicians may make one or more applications during a calendar year (January 1 to December 31) or may allow the funds to carry over for use in the following year. Applications must be received by January 15 following the year in which the entitlement is due to expire.

Please contact the SMA office at 1- 306-244-2196, 1-800-667-3781 or sma@sma.sk.ca for more information.

Handouts Posted Online

PDFs of presentations provided by the speakers will be posted online following the conference. Please note presentations will only be available for 90 days. If you would like to obtain materials from a presentation that is not included in our online listing, please contact the presenter directly.

To access handouts/presentation PDFs posted online:

www.usask.ca/cmelearning/learning_resources/Older_Adults_2017/Older_Adults.php

Username: cme2017 Password: older2017

Please note: Presentations may be abbreviated to ensure compliance with federal copyright legislation. Please call (306) 966 - 7787 or cme@usask.ca if you need assistance.

Disclaimer

The Divisions of Continuing Medical Education (CME), College of Medicine, Continuing Physical Therapy Education (CPTE), College of Medicine, and Continuing Education and Development for Nurses (CEDN), College of Nursing, University of Saskatchewan are not responsible for any errors or omissions in the information included in this program nor in the handouts/PDFs of presentations posted online on the CME website.

Evaluation

The online evaluation gives you the opportunity to provide quality feedback to our speakers, organizing committee and CME/CPTE/CEDN staff. Please take the time to offer your valued feedback. The survey link is automatically emailed on Friday morning, April 7, 2017. You can save and close the survey throughout the conference or choose to complete the entire survey in one session.

Conference Delegates

We are pleased to have collaborated with SHIRP to provide additional learning resources for our valued conference delegates. The Older Adult 2017 collection includes general articles on conference themes and topics. They are all recently published in major sources of medical literature. To access the collection:

www.usask.ca/cmelearning/learning_resources/Older_Adults_2017/Older_Adults.php

Username: cme2017 Password: older2017

For more information email: shirp@library.usask.ca

**Wi-Fi Access is available throughout the hotel. To access connect to network: wireless3
Password: APRIL2017**

Planning Committee

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Continuing Education and Development for Nurses, Continuing Medical Education and Continuing Physical Therapy Education gratefully acknowledge the valuable contributions of the planning committee members. Without the generous donation of their time, talent and expertise this program would not be possible.

CELL PHONES must be turned off or set on "vibrate" during the sessions.

NAME TAGS must be worn at all times.

NO SMOKING permitted in the building.

DISPLAYS are located in the conference foyer area.

REFRESHMENT BREAKS are located within the conference foyer area.

LUNCH will be provided on Friday, April 7th.

ROOM TEMPERATURE can vary depending on the outside weather. Please dress in layers.

GENERAL SITE SECURITY is provided by the Sheraton Cavalier, however guests are responsible for all personal belongings. The conference planning committee will not take responsibility in the event of theft or loss of personal items.

PHOTOGRAPHS will be taken at this event for CEDN, CME and CPTe's own publications and websites.

QUESTIONS/COMMENTS/CONCERNS can be directed to any committee member or staff at the registration table.



Join the Online Conversation
Twitter: #TransformOA2017

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English River/Patunak

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Dr. Rae Waslak

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PROGRAM

Friday, April 7, 2017 Morning

Chairperson: Patrick Blais
Theme: Core Competencies

- 0730 **Registration, Continental Breakfast & Displays**
- 0815 **Introduction & Welcome** – Saskatchewan Ministry of Health - Ms. Lisa Lambert, MLA for Saskatoon Churchill-Wildwood
- 0830 **Family Story: A Tribute to Mrs. Sarazine Ratt** – Elder Yvonne McIntyre
- 0845 **Plenary I The Value an Interprofessional Approach can bring to Age Old Issues** - Dr. Samir Sinha
Participants will be able to:
- Describe the difference between inter-disciplinary, multi-disciplinary, and the interprofessional approach and why this is important.
 - Explore what it takes to develop an effective interprofessional team caring for frail older adults
 - Recognize effective interprofessional approaches through a relevant case study
- 0940 **Stretch Break**
- 0945 **Plenary II A Practical Approach to the Comprehensive Geriatric Assessment (CGA) for the Non-Geriatrician** - Dr. Samir Sinha
Participants will be able to:
- Describe the components inherent to a comprehensive geriatric assessment.
 - Explain the structure of a CGA and how to effectively conduct one efficiently within your scope of practice
 - Summarize some practical tips and tricks that can help in conducting a CGA
- 1025 **Refreshment Break and Displays**
- 1055 **Concurrent Sessions – A**
- A-1 **Purposeful interactions: The road to great care is paved with good connections** – Elaine Feltis and Vanessa Ripley
Participants will be able to:
- Explain what purposeful interactions are and how they impact the experience of an individual in care.
 - Explore and challenge assumptions about how healthcare is provided, moving from being task focused to relationship and person centered.
 - Recognize that establishing meaningful relationships through purposeful interactions supports better than expected care and enhanced job satisfaction.
- A-2 **Aspirations for Aging in Place: Implications for the Healthcare of Rural and Remote Older Adults**– Dr. Sarah Oosman and Dr. Sylvia Abonyi
Participants will be able to:
- Provide examples of aspirations for aging in place among diverse older adults.
 - Define cultural competence and explain its significance for healthcare of older adults.
- A-3 **Pain Assessment and Management with Older Adults** – Dr. Susan Tupper
Participants will be able to:
- Describe a range of pain assessment strategies for older adults including self-report and behavioral tools.
 - Design a pain care plan for an older adult with chronic pain utilizing the 4 P's of pain management framework
- A-4 **Mental Health and Aging** – Dr. Lilian Thorpe and Beverly Greenwood
Participants will be able to:
- Identify typical changes in emotional and cognitive functioning with age.
 - Explain the presentation of mental disorders in older adults.
 - Summarize management issues in the treatment of mental disorders in older adults.
- 1140 **Relocation Break**
- 1145 **Concurrent Sessions - Set A Repeated**
- 1230 **Lunch** (Provided)

PROGRAM

Friday, April 7, 2017 Afternoon

Chairperson: Patrick Blais

Theme: Team Function

- 1325 **Plenary III Understanding your Neighborhood Data to Design Programming for Seniors – Marjorie Ingjaldson**
Participants will be able to:
- Describe the value of data to build interdisciplinary teams.
 - Use data to link services between hospitals and community.
- 1355 **Plenary IV Geriatric Services Resource Team - Outreach Support in Southern Saskatchewan – Cathy Billet**
Participants will be able to:
- Describe the value of an interprofessional team in supporting the needs of older adults and optimizing function.
 - Describe the factors that contribute to continuity of care in people with dementia.
- 1425 **Relocation Break**
- 1430 **Concurrent Sessions – B**
- B-1 Developing Teams in Rural and Remote Areas – Jacqui Fawcett-Kennett**
Participants will be able to:
- Apply the interprofessional approach in rural and remote communities on a three-fold spectrum, including frontline employees, leadership team and the system as a whole.
 - Describe the journey of team development through open communication, employee dedication and building trust between health care providers in rural and remote communities.
- B-2 Maintaining Independence & Aging in Place: Age Friendly and Dementia Friendly Communities – Holly Schick and Joanne Bracken**
Participants will be able to:
- Identify key domains that older adults highlight as important to healthy aging in place in their communities.
 - Discuss the contribution of age-friendly and dementia friendly communities initiatives in supporting healthy aging in place.
 - Identify the contribution of interprofessional teams in addressing health and non-health interventions to support aging in place.
- B-3 Frailty, Falls and Fear: A Team Approach to Addressing Frailty and its Impacts – Saskatoon Falls Consortium: Daphne Kemp and Dr. Cathy Arnold**
Participants will be able to:
- Summarize the impact of frailty on the older adult and how a team approach to research and care can help address these impacts.
- B-4 End of Life Care – Dr. Rae Waslak**
Participants will be able to:
- Describe patient preferences in end of life care planning.
 - Develop an approach to discussing goals of care with patients and their families.
- 1515 **Refreshment Break and Displays - Conference Foyer**
- 1545 **Concurrent Sessions - Set B Repeated**
- 1630 **Adjourn**

PROGRAM

Saturday, April 8, 2017 Morning

Chairperson: Michael MacFadden

Theme: Innovative Service Delivery

- 0730 *Continental Breakfast & Displays*
- 0815 Welcoming Remarks
- 0815 **Plenary V Transitional Care and Intensive Home Health Care for the Medically Complex and Frail Elderly** – Dr. Patricia Hizo-Abes
Participants will be able to:
- Review the challenges of managing the frail elderly with chronic illnesses.
 - Define transitional care, intensive home health care, palliative and supportive care.
 - Introduction of Seniors First Integrated Health Services Program – Role of the Interdisciplinary Team.
- 0915 **Relocation Break**
- 0920 **Concurrent Sessions – C**
- C-1 Traditional health care in Indigenous communities** - Larry Oakes and Darlene Rude
Participants will be able to:
- Describe the present state of health for First Nations and Metis despite great advancements in health care and distinct worldviews of health and wellness.
 - Review the importance of collaboration across jurisdictions and ways of wellness to ensure holistic culturally competent care as well as the barriers and enablers that can be considered when assessing current systemic and organizational cultures.
 - Share a traditional teaching where the hearer will hear and the seer will see something of value to advance their respective organizational goals of transforming the care provided to older adults.
- C-2 Telehealth for remote delivery of support: Video conferenced support group for rural spouses of persons with young onset dementias** – Dr. Megan O’Connell
Participants will be able to:
- Discuss changes in support group facilitation behaviors as a result of delivery over videoconferencing medium.
- C-3 Caregiver Support: First Link Program** – Alice Germann
Participants will be able to:
- Identify services and supports available to the person with dementia and their caregivers.
 - Be familiar with the First Link Program referral process.
 - Describe the partnership with the Alzheimer Society, linking individuals with community information, services and support.
- C-4 Incorporating New and Old Service Models to Providing Pharmacy Services in Rural and Remote Northern Communities** – Ryan Haggerty and Tracy Price
Participants will be able to:
- Explore how the grassroots approach still works and how you may implement it into your community.
 - Identify how technology may gap the distance between care providers and older adults.
 - Discuss how building relationships among health care professionals, caregivers and family members improves delivery of pharmaceutical care.
 - Explain what medication adherence programs are, how they work and how they can benefit older adults in remote areas.
- 1005 **Refreshment Break and Displays**
- 1025 **Concurrent Sessions - Set C Repeated**
- 1110 **Relocation Break**

PROGRAM

Saturday, April 8, 2017

Chairperson: Michael MacFadden
Theme: Innovative Service Delivery

- 1115 **Plenary VI Intermediate Care – The Intersection between Acute Care and Community Care** - Dr. Jenny Basran
Participants will be able to:
- Articulate what intermediate care means in our health care system
 - Identify reasons why intermediate care should be considered in the context of changes to the health care system in Saskatchewan
 - Describe mechanisms, such as ALC data, for determining intermediate care needs
 - Describe key components required in intermediate care services
- 1215 **Closing Remarks**
- 1230 **Adjourn**

***Disclaimer: Speakers and times subject to change without notice.**

Concurrent Sessions Locations

Session Number	Title	Location
Friday April 7 - 1055 and 1145		
A1	Purposeful Interactions: The road to great care is paved with good connections Elaine Feltis & Vanessa Ripley	South
A2	Aspirations for Aging in Place: Implications for the Healthcare of Rural and Remote Older Adults Dr. Sarah Oosman & Dr. Sylvia Abonyi	West
A3	Pain Assessment and Management with Older Adults Dr. Susan Tupper	East
A4	Mental Health and Aging Dr. Lillian Thorpe & Beverly Greenwood	Centre
Friday April 7 - 1430 and 1545		
B1	Developing teams in rural and remote areas Jacqui Fawcett-Kennett	West
B2	Maintaining Independence & Aging in Place: Age Friendly and Dementia Friendly Communities Holly Schick & Joanne Bracken	Centre
B3	Frailty, Falls and Fear: A Team Approach to Addressing Frailty and its Impacts Saskatoon Falls Consortium Daphne Kemp & Dr. Cathy Arnold	South
B4	End of Life Care Dr. Rae Waslak	East
Session Number	Title	Location
Saturday April 8 - 0920 and 1025		
C1	Traditional Health Care in Indigenous Communities Larry Oakes & Darlene Rude	West
C2	Telehealth for Remote Delivery of Support: Video conferenced support group for rural spouses of persons with young onset dementias Dr. Megan O'Connell	South
C3	Caregiver Support: First Link Program Alice Germann	Centre
C4	Incorporating New and Old Service Models to Providing Pharmacy Services in Rural and Remote Northern Communities Ryan Haggerty & Tracy Price	East

Declarations Of Conflict Of Interest

In keeping with accreditation guidelines, speakers are required to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

	Do you have any affiliation (financial or otherwise) with a pharmaceutical, medical device or communications organization?	Do you intend to make therapeutic recommendation for medications that have not received regulatory approval (i.e. "off-label" use of medication)?
Dr. Sylvia Abonyi	NO	NO
Dr. Cathy Arnold	NO	NO
Dr. Jenny Basran*	NO	NO
Cathy Billett	NO	NO
Patrick Blais*	NO	NO
Joanne Bracken	NO	NO
Jacqui Fawcett-Kennett	NO	NO
Elaine Feltis	NO	NO
Alice Germann	NO	NO
Beverly Greenwood	NO	NO
Ryan Haggerty	NO	NO
Dr. Patricia Hizo-Abes	NO	NO
Marjorie Ingjaldson	NO	NO
Bonnie Jeffery*	NO	NO
Cathy Jeffery*	NO	NA
Sandra Jones*	NO	NA
Daphne Kemp	NO	NO
Stacey Lovo Grona*	NO	NA
Michael MacFadden*	NO	NO
Larry Oakes	NO	NO
Megan E. O'Connell	NO	NO
Dr. Sarah Oosman	NO	NO
Sue Pitura*	NR	NR
Tracy Price	I work for and hold shares in Rubicon. A collection of pharmacies	NO
Vanessay Ripley*	NO	NA
Darlene Rude	NO	NO
Holly Schick	NO	NO
Dr Samir Sinha	Homecare organization advisory board member: Closing the Gap Healthcare & Bayshore Health	NO
Dr. Lilian Thorpe	NO	NO
Dr. Susan Tupper	1. Bayer Inc: speaker fee and travel expenses for providing presentations to patient groups and clinicians on 3 occasions in the past 2 years; 2. Novo-Nordisk 1 year research grant from the Canadian Hemophilia Society funded by Novo-Nordisk	NO
Rae Waslak*	NO	NA
Norm Wiens*	NR	NR

NA - NOT APPLICABLE

NR - NOT RECEIVED AT TIME OF PRINTING

* - PLANNING COMMITTEE MEMBER

Acknowledgements

SILVER



OTHER

Canadian Agency for Drugs and
Technology in Health (CADTH)

Saskatoon Health Region:
Population & Public Health
Oral Health Program

Alzheimer Society of Saskatchewan

RxFiles

Early Detection Programs of
Saskatchewan Cancer Agency

Saskatchewan Health Information
Resources Program (SHIRP)

Saskatoon Health Region:
Seniors' Health and Continuing Care

Saskatchewan Central Acquired
Brain Injury Outreach Team

Parkinson Society of Saskatchewan

Lung Association of Saskatchewan

Sobey's Pharmacy

medSask

Upcoming Events...



UNIVERSITY OF SASKATCHEWAN
College of Nursing
CONTINUING EDUCATION AND
DEVELOPMENT FOR NURSES
USASK.CA/NURSING/CEDN

Clinical Instructor Nurse Educator Course (CINE). Online - May 1 – June 9, 2017

X-Ray Interpretation and Casting. Saskatoon - May 13, 2017

Foot Care for Older Adults. Saskatoon - May 30 & 31, 2017

Oncology Conference: Bridging the Cancer Care Continuum. (Joint with CME) Regina - May 26 & 27, 2017

TB Symposium. Saskatoon - June 8 & 9, 2017

Custody and Caring Conference. Saskatoon – Oct 4-6, 2017



UNIVERSITY OF SASKATCHEWAN
**Continuing Physical
Therapy Education**
USASK.CA/CPTE

The Role of Practitioners in Indigenous Wellness (Joint with CME) Online - April 3-Jun 30, 2017

If You Can't Breathe, You Can't Function. Integrating Cardiopulmonary and Postural Control Strategies in the Pediatric and Adult Populations. Saskatoon – May 5, 2017

Yoga as Medicine 1 – Professional Yoga Therapist Certification Module 8. Saskatoon – Oct 26-30, 2017



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
USASK.CA/CME

Neonatal Resuscitation Program Provider Course. Saskatoon - May 13, 2017

Neonatal Resuscitation Program Provider Course. Saskatoon – July 8, 2017

STABLE (Assessment and Stabilization Care of Sick Newborns). Regina – September 23 & 24, 2017

SEMAC (SK Emergency Medicine Annual Conference). Saskatoon – Oct 13 & 14, 2017

Pain and Addictions Conference. Saskatoon – Oct 27 & 28, 2017