

POGO – Women & Children’s Health 2018
April 14 & 15, 2018

Regina Travelodge Hotel & Conference Centre

Conference Schedule *(subject to revision)*

Saturday Morning Sessions

0730 Registration and Breakfast

0800 Welcome Remarks

**0815 “Trauma-Aware Reproductive Care: What Has That Got To Do With Me?”
– Jay MacGillivray**

At the conclusion of the presentation, participants will be able to:

- Recognize how the ‘personal’ affects the ‘clinical’ in the therapeutic relationship
- Examine the pitfalls of ‘top down’ clinical care
- Critically analyze ways in which care providers can help establish relationships based on an equal footing with clients

**0915 “Screen Time and Young Children: Promoting Health and Development in a Digital World.
Canadian Guidelines” – Dr. Stacey Belanger**

At the conclusion of the presentation, participants will be able to:

- Describe the extent of screen time use among Canadian children.
- Describe the potential benefits and harms associated with screen time in children <5 years old based on review of current literature and best available evidence.
- Describe key recommendations in a new Canadian Paediatric Society statement on screen time use among children <5 years old.
- Counsel caregivers of children <5 years old about appropriate use of screen media.

1015 Refreshment Break / Exhibits

1030 Concurrent Sessions:

A-1: “The Impact of Recreational and Medical Marijuana use during Pregnancy and Lactation on the Newborn” – Moni Snell

At the conclusion of the presentation, participants will be able to:

- Identify the current use, risks, and differences between medical (CBD) and recreational (THC) marijuana
- Discuss evidence based education for women and current management strategies for caring for newborns exposed to THC through pregnancy and breastfeeding

A-2: “HIV in Pregnancy: It’s Never Just about the Viral Load” – Jay MacGillivray

At the conclusion of the presentation, participants will be able to:

- Describe how appropriate clinical care is never possible without cultural and community partnership
- Describe how trauma aware care is at the heart of collaborative relationships
- Engage with women living with HIV in their clinical practice

A-3: “Intimate Partner Violence: Counseling for Safety” – Karen McGillivray

At the conclusion of the presentation, participants will be able to:

- Identify the trends and demographics of intimate partner violence
- Describe the impact on the victim and the family, as well as effects on parenting
- Illustrate techniques and methods to identify signs of abuse
- Explain trauma-focused interventions and assisting people with safety planning

A-4: “Does this Child have ADHD: How Will I Know, Who Do I Call and What Should I Do?”

– Dr. Stacey Belanger

At the conclusion of the presentation, participants will be able to:

- Establish a differential diagnosis in a child with attention and/or behavioral difficulties
- Diagnose ADHD with available clinical tools
- Be familiar with the non-pharmacologic approaches to treating ADHD
- Know when and how to prescribe pharmacological treatment of ADHD based on clinical condition and co-morbidities
- Evaluate the need for specialist referral and care

1115 Relocation Break

1130 Concurrent Sessions (Repeat of 1030 Sessions)

1215 Lunch and Exhibits

Saturday Afternoon Sessions

1315 “Supporting Resilience in Indigenous Youth” – Dr. Holly Graham

At the conclusion of the presentation, participants will be able to:

- Identify how poverty and trauma impact on youth, with the focus on rural and remote communities
- Examine approaches to engage with communities to support resilience for youth
- Describe an interprofessional study underway with the Thunderchild First Nation, Saskatchewan which brings together youth, the community and support to build resilience

1415 “Cultural Humility & Safety in Perinatal Care” – Dr. Joanne Sivertson & Leah Thorp

At the conclusion of the presentation, participants will be able to:

- Explore the impact of the TRC: Calls to Action (2015) recommendations that pertain to perinatal and women’s health
- Examine the key statements and recommendations of the Canadian Association of Perinatal and Women’s Health Nurses Position Statement on Cultural Safety / Humility
- Critically analyze professional and organizational practice using the lens of cultural safety and humility
- Examine approaches that demonstrate cultural safety and build relationships to improve health and wellness

1515 Relocation Break

1530 Concurrent Sessions:

B-1: “Child and Adolescent Sexual Exploitation (Trafficking) in Saskatchewan: A Eye-Opener” – Dr. Juliet Soper & Barb Beurivage

At the conclusion of the presentation, participants will be able to:

- Define what is sex trafficking and the extent of child trafficking in Canada
- Identify children and adolescents who are at risk
- Discuss how to approach children/youth where there is a suspicion of trafficking

B-2: “Pulse Oximetry Screening in Newborns to Enhance Detection of Critical Congenital Heart Disease (CCHD)” – Moni Snell

At the conclusion of the presentation, participants will be able to:

- Discuss current practices in screening for CCHD in newborns prior to hospital discharge
- Describe the clinical usefulness of pulse oximetry screening in identifying newborns with CCHD
- Utilize the recommendations from the CPS to manage abnormal screening results, safe discharge and appropriate follow-up care

B-3: “Promoting Childbirth in Rural Practice Through Family Practice Obstetrics” – Dr. Andre Grobler & Dr. Aimee Seguin

At the conclusion of the presentation, participants will be able to:

- Discuss the benefits and challenges of maintaining childbirth services in rural practice environments
- Outline Canadian sourced guidelines guiding rural family practice obstetrics
- Describe how programs like the Extended Surgical Skills program in the Department of Family Medicine, University of Saskatchewan can promote rural obstetrical practice

B-4: “New Approaches to Managing Common Pelvic Floor Concerns” – Dr. Corrine Jabs

At the conclusion of the presentation, participants will be able to:

- Describe common pelvic floor concerns and their impact on women
- Discuss common approaches to management, including referral to the Pelvic Floor Pathway
- Identify “red flags” to prompt referral to appropriate specialist care

B-5: “Management of Gestational Diabetes in Pregnancy (GDM)”

– Dr. Adewumi Adanlawo

At the conclusion of the presentation, participants will be able to:

- Identify the current recommendations for screening in pregnancy
- Discuss management of GDM in pregnancy to optimize outcomes for mother & baby
- Discuss the role of medication in reducing morbidities

1615 Refreshment Break / Exhibits

1630 Concurrent Sessions (Repeat of 1530 Sessions)

1715 Adjournment

Sunday Morning Sessions

0730 Registration / Breakfast

0810 Welcome Remarks

0815 “Cervical Cancer in Canada: Where Are We Now, Where Are We Going?” – Dr. Denise Black

At the conclusion of the presentation, participants will be able to:

- Examine current trends of cervical cancer and HPV in Canada
- Identify current prevention and treatment options available in Canada
- Describe the impact of vaccination on rates of high grade dysplasia
- Discuss the evidence supporting immunization of boys

0915 “Perspectives on Gender Inclusive Care: A Panel Discussion” – Cat Haines, Stephanie Cox & Dustin Dyck

At the conclusion of the presentation, participants will be able to:

- Illustrate gender inclusive language and terminology
- Identify the challenges experienced by individuals and families in accessing gender inclusive care
- Incorporate strategies for creating supportive and inclusive therapeutic relationships with people creating a Positive Space Network
- Describe how health providers and community resources can provide support for people and their families

1015 Refreshment Break / Exhibits

1030 Concurrent Sessions:

C-1: “Diabetic Ketoacidosis (DKA) in the Pediatric Population” – Dr. Shauna Flavelle

At the conclusion of the presentation, participants will be able to:

- Identify risk factors and causes of DKA
- Describe the pathophysiology of DKA

- Describe the goals of therapy, assessment and interventions during the initial hours after diagnosis
- Identify the criteria for DKA resolution

**C-2: “Neonatal Respiratory Distress - Management Strategies in a Non NICU Setting”
– Dr. Poornima Murthy**

At the conclusion of the presentation, participants will be able to:

- Describe the clinical presentation of respiratory distress in a newborn
- Identify the common causes of neonatal respiratory distress
- Discuss management strategies with a focus on non- invasive ventilation

**C-3: “Risk Assessment for Sexually Transmitted Blood Borne Infections (STBBI)”
– Dr. Denise Black**

At the conclusion of the presentation, participants will be able to:

- Describe the key elements of a comprehensive risk assessment for STBBI in pre-conception care, including implications for pregnancy, birth and newborn care
- Examine the newly published Canadian Guidelines on Sexually Transmitted Infections
- Discuss strategies for healthcare providers on how to ask delicate questions in regards to sexuality

**C-4: “Medical-legal Issues in Perinatal Care, Part I: Teamwork and Communication”
– Dr. Tino Piscione (1030 – 1115 only)**

At the conclusion of the presentation, participants will be able to:

- List high risk clinical issues in CMPA perinatal care case files
- Explain the importance of effective inter-professional communication on safety and liability in high-risk perinatal situations
- Describe communication strategies that support team effectiveness and reduce the risks of patient harm and provider liability

1115 Refreshment Break / Exhibits

1130 Concurrent Sessions – (Repeat of 1030 Sessions, excluding C-4)

C-5 “Medical-legal Issues in Perinatal Care, Part II: 3D’s – Delays, Difficulties, and Documentation” - Dr. Tino Piscione (1130 – 1230 only)

At the conclusion of the presentation, participants will be able to:

- Name 3 common sources of clinical decision-making errors
- Discuss team-related factors that may contribute to clinical decision-making errors and patient harm
- Describe team-based strategies that promote safe care and support sound clinical decision-making

1215 Lunch and Exhibits

1315 **Concurrent Sessions**

D-1: “Choosing Wisely: An Evidence-Informed Approach to Investigating and Managing Respiratory Infections in Children” – Dr. Ayisha Kurji & Dr. Athena McConnell

At the conclusion of the presentation, participants will be able to:

- Make evidence-informed decisions regarding clinical investigations for respiratory infections
- Apply the key recommendations of “Choosing Wisely Canada” in managing children with respiratory infections

D-2: “Newborn Jaundice Screening and Treatment: the What, the How and the When” – Dr. Krista Baerg

At the conclusion of the presentation, participants will be able to:

- Use the Canadian guidelines for infants over 35 weeks gestation to evaluate and guide treatment for hyperbilirubinemia
- Describe red flags on history and physical exam that warrant further investigations and treatment
- Discuss the role of Transcutaneous Bilirubin (TcB) as a screening test for hyperbilirubinemia

D-3: “Informed Decision Making and Infant Feeding” – Catherine Lys

At the conclusion of the presentation, participants will be able to:

- Determine what infant-feeding information a client may require prenatally, after the baby’s birth, and after discharge from hospital
- Discuss what the Baby Friendly Initiative (BFI) and the International Code of Breast Milk Substitutes is and how to apply this to support families based on evidence-based best practice standards
- Present infant-feeding information in a supportive, non-judgemental, and unbiased manner, including tips to facilitate informed decision making conversations

D-4: “A Community Experiencing Crisis: Implications for Trauma and Recovery” – Dr. Brady Bouchard

At the conclusion of the presentation the learner will be able to:

- Describe the lived experience of a health care provider working in a community experiencing a crisis in Saskatchewan
- Discuss coping strategies that can assist health care providers and community members when experiencing a crisis
- Discuss strategies to provide culturally sensitive care and support community resilience

**D-5: “Management of Hemorrhage in the Obstetrical Patient: A Lab Rat’s Perspective”
– Dr. Donna Ledingham**

At the conclusion of the presentation the learner will be able to:

- Review the complications associated with massive transfusion
- Review the evidence and local experience in Massive Transfusion Protocols
- Discuss the use of fibrinogen concentrate and tranexamic acid in obstetrical hemorrhage

1400 Relocation Break

1415 Concurrent Sessions – (Repeat of 1315 sessions)

1500 Refreshment Break / Exhibits

1515 “Team –based strategies to Reduce Clinical Decision-making Errors and Improve Patient Safety” – Dr. Tino Piscione

At the conclusion of the presentation, participants will be able to:

- Name 3 common sources of clinical decision-making errors
- Discuss team-related factors that may contribute to clinical decision-making errors and patient harm
- Describe team-based strategies that promote safe care and support sound clinical decision-making

1615 Closing Remarks

1630 Adjournment