

POGO

Women's & Children's Health Conference

FEBRUARY 5-6, 2015 SASKATOON INN SASKATOON, SK

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This two day interprofessional conference will be of interest to nurses, nurse-practitioners, urban and rural family physicians, paediatricians, obstetrician-gynaecologists, & other health care professionals who are committed to the health of women and children.

KEYNOTE SPEAKERS:

Vishal Avinashi MD, MPH, FRCPC **Pediatric Gastroenterologist** Clinical Assistant Professor UBC BC Children's Hospital Vancouver, BC

Elaine E. Jolly oc, MD, FRCS(C) Professor of Obstetrics & Gynecology University of Ottawa Senior Advisor, Shirley E. Greenberg Women's Health Centre The Ottawa Hospital, Riverside Campus Ottawa, ON

Bobby Ghaheri MD

(via webinar) East Division, Otolaryngology/Head and Neck Surgery The Oregon Clinic Portland, Oregon, USA

Nancy Watts RN, MN, PNC (C) Clinical Nurse Specialist Women's Care Program **London Health Sciences Centre** Victoria Hospital London, ON





Division of Continuing Medical Education, College of Medicine Perinatal Education Program Continuing Education and Development for Nurses, College of Nursing

> www.usask.ca/cme www.usask.ca/nursing/cedn



CONFERENCE GOAL

The goal of this conference is to provide an update on recent developments and issues in women's and children's health, provide evidence-based management strategies and engage the multidisciplinary team to improve care for women, children and their families. The following CanMEDS competencies are addressed in this program: Medical Expert, Communicator, Collaborator, and Health Advocate.

LEARNING OBJECTIVES

Participants in POGO – Women's and Children's Health will be able to:

- Identify screening methods and tools to aid in the diagnosis of common health issues in women and children and describe evidence-based management of these issues
- Identify risk-reduction strategies
- Identify when to refer, available resources for management and ways to improve communication within the care team
- Describe new technologies and programs in women's and children's health
- Update practitioners on changes in practice guidelines that affect women and children
- Discuss the nature of clinical decision-making and identify tools for navigating and providing advocacy in the healthcare system.

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PROGRAM

Thursday Morning, February 5, 2015 Saskatchewan B Ballroom Saskatoon Inn

0730 Registration and Continental Breakf	0730	Registration	and Continental	Breakfas
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0815 Welcome and Opening Remarks

Oppositional Defiant Disorder in Children – Dr. Melissa Denis

Participants will be able to:

- Describe the DSM-5 diagnostic criteria for ODD
- Differentiate ODD from Disruptive Mood Dysregulation Disorder
- Determine the value in making a diagnosis of ODD
- Identify an approach to managing behavior of children with ODD

Development and Implementation of an Obstetrical Triage Acuity Scale – Nancy Watts Participants will be able to:

- Discuss the development of the first obstetrical acuity scale (OTAS)
- · Describe the process of validation and reliability testing
- Describe the process of implementation in a variety of settings
- Discuss the process of modification of OTAS using a National Working Group

0945 Questions and Discussion

1000 Refreshment Break and Displays – Saskatchewan A Ballroom & Mezzanine

1030 Interactive Sessions – Case Discussions

 "What Do We Do With a Pregnant Lady?" Cases Involving the Use of a Triage Tool for Obstetrical Patients – Nancy Watts

Participants will be able to:

- Apply the OTAS screening tool to triage pregnant women presenting to the hospital
- Discuss various approaches to assessing obstetrical patients presenting to obstetrical triage
- Discuss evidence-based, person-centred approaches to caring for women and their families following triage

2. **IUDs: Tips and Tricks –** Dr. Nerissa Tyson

Participants will be able to:

- Describe new products and approaches to contraception
- Describe how to troubleshoot and manage IUDs

Neonatal Jaundice: The Role of Transcutaneous Measurements to Improve Detection and Facilitate Care – Julie Smith-Fehr and Dr. Krista Baerg Participants will be able to:

- Describe the benefits and limitations of Transcutaneous Bilirubin measurement (TcB) in neonates
- Describe the role of TcB measurements as part of a newborn jaundice screening program as developed by the Saskatoon Health Region
- Describe how standard order sets can be utilized to improve continuity of care
- 4. **Immunization Counselling: Engaging Families** Dr. Athena McConnell Participants will be able to:
 - Describe how to engage families in discussions regarding immunization
 - Identify communication tools

PROGRAM (Continued)

- 5. **The Dating Game: Determining Gestational Age by Ultrasound –** Dr. Kristine Mytopher Participants will be able to:
 - Discuss the newest SOGC guideline on pregnancy dating
 - Describe the evidence for ultrasound based gestational age assessment
- 6. **Talking with Children and Teens About Suicide** Dr. Melissa Denis Participants will be able to:
 - Describe the Columbia Suicide Rating Scale
 - Describe a developmental approach to talking about death with children and teens
 - Develop an approach to creating and carrying out safety planning
- 7. **Approach to the Abnormal CBC in Kids** Dr. Roona Sinha Participants will be able to:
 - Describe how a CBC is done and identify the different components of the CBC
 - Develop a differential diagnosis and identify an approach to the workup when different components of the CBC are abnormal
- 1115 Relocation Break
- 1120 Interactive Sessions Repeat of 1030
- 1205 Lunch and Displays Saskatchewan A Ballroom

Thursday Afternoon Saskatchewan B Ballroom Saskatoon Inn

- **Hypertension in Pregnancy: A Summary of the Summary –** Dr. M. Jocelyne Martel Participants will be able to:
 - Describe the classification of hypertension in pregnancy
 - Describe a practical approach to the medical management of hypertension in pregnancy
 - Describe the maternal and fetal goals of therapy
 - Discuss planning for delivery for women affected by hypertension
- **Oral Health Across the Spectrum of Maternal-Infant-Child Health** Dr. Mohan Teekasingh Participants will be able to:
 - Recognize the interrelationships between oral and systemic disease
 - Describe the role of the primary care clinician in promoting oral health team-based collaborative practice
 - Discuss the causes of early childhood caries (ECC) and identify a child's risk of developing ECC
 - Identify the various stages of ECC
 - Discuss the effects, sources, benefits and safe use of fluoride
 - Advise parents on dental caries prevention and identify the timing of the first dental visit and referral for dental care
 - Describe the importance of a "dental home"
 - Develop familiarity with the etiology and risk factors of periodontal disease and dental caries and understand the evidence for periodontitis affecting pregnancy outcomes
 - Describe the evidence for caries risk transmission from mother to child
 - Manage common oral conditions in pregnancy
 - Describe the safety of common dental procedures in pregnancy

1430 Questions and Discussion

1445

Refreshment Break and Displays – Saskatchewan A Ballroom & Mezzanine

STUDY CREDITS

Physicians

Family Physicians: This program is accredited by the Division of Continuing Medical Education (CME), College of Medicine, University of Saskatchewan for up to 12.25 MAINPRO-M1 Credits.

Specialists: This educational event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada and accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan for up to 12.25 MOC Credits. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits[™]. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.amaassn.org/go/internationalcme.

Nurses and other Healthcare Professionals

Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

Lactation Consultants

Application is being made to the International Board of Lactation Consultant Examiners (IBLCE) for Continuing Education Recognition Points (CERPs).



ACCOMMODATION

A block of rooms has been reserved at: Saskatoon Inn Hotel and Conference Centre 2002 Airport Drive Saskatoon, SK S7L 6M4

HOTEL WEBSITE CLICK HERE

Please book directly at: (800) 667-8789 (306) 242-1440 and quote group code: POGO Women's and Children's Health Conference Rate: (Standard Two Queens/ Standard One King) \$154.00 plus taxes.

Conference rate is available for reservations up to January 14, 2015

All room reservations must be guaranteed with a major credit card or a deposit equal to one night's room rate plus applicable taxes. Failure to cancel a guaranteed reservation by 4:00 pm on the day of arrival or to occupy the room will result in a charge of one night's room rate plus applicable taxes levied against the method of guarantee.

PARKING

Ample free parking is available adjacent to the hotel.

PROGRAM (Continued)

1510 Interactive Sessions – Case Discussions

- 1. **Hypertension in Pregnancy: Case Discussions –** Dr. M. Jocelyne Martel Participants will be able to:
 - Apply current guidelines to cases of hypertension in the office
 - Apply current guidelines to cases of hypertension in the hospital
 - Manage postpartum hypertension safely
- 2. Pelvic Health Physiotherapy: Assessment and Treatment of Common Pelvic Health Conditions Anne-Marie Graham

Participants will be able to:

- Describe the role of physical therapy in the assessment and treatment of common pelvic health conditions in females
- Identify the practical applications of assessment and treatment of the pelvic floor for female populations across all age groups
- Discuss access to these specialized services within the province of Saskatchewan
- 3. **The Pre-Conception Window** Dr. Nora McKee

Through the use of cases participants will be able to:

- Define the preconception visit and recognize its importance to improve health outcomes for women, newborns and children
- Develop strategies to improve preconception care to adolescents and women by addressing weight, medication use, vitamins, substance use and infection
- 4. Can Slow and Steady Win the Race? ACOG's New Approach to the Management of Labour Dr. Lexy Regush

Participants will be able to:

- Identify causes of the rising rate of caesarean sections in the U.S.
- Describe the changing definitions of active labour and acceptable progress
- Identify how this relates to Canadian management of labour
- 5. **Procedural Sedation in the Pediatric Patient: When, Where, How** Dr. Ronald Siemens Learners will be able to:
 - State situations when sedation would be indicated
 - Prepare the patient and site safely for sedation
 - Choose appropriate medicative agents for sedation
- 6. **Tongue-Tie and the Impact on Breastfeeding –** Dr. Bobby Ghaheri **(Webinar)** [**Note:** This session will be offered once as an extended session from 1510 1645]

Participants will be able to:

- Assess and identify newborns with tongue and lip ties
- Discuss how tongue-tie affects breastfeeding
- Discuss myths associated with tongue and lip ties
- Identify techniques to release tongue and lip ties
- 7. MEND (Mind, Exercise, Nutrition, Do It!) A Community-Based Obesity Prevention and Weight Management Program for Children and Their Families
 - Dr. Carol Rodgers and Linda Martin

Participants will be able to:

- Describe an overview of MEND and its age-specific healthy lifestyle programs
- Outline the roll-out and distribution of MEND programs across Saskatchewan
- Identify key successes and challenges of MEND SK since its first launch in 2012
- Provide details related to participant and family referral process

PROGRAM (Continued)

1555	Relocation Break
1600	Interactive Sessions – Repeat of 1510
1645	Adjourn

Friday Morning, February 6, 2015 Saskatchewan B Ballroom Saskatoon Inn

0730 Registration and Continental Breakfast

10830 Tummy Aches in Children – Dr. Vishal Avinashi

Participants will be able to:

- Describe different causes of abdominal pain including red flags
- Identify some diagnostic criteria for functional disorders
- Describe an approach to the management of functional abdominal pain

Menopause, Hormone Therapy and Life After WHI: The Pendulum Swings – Dr. Elaine Jolly Participants will be able to:

- Discuss the WHI Study and what we have learned
- Discuss the media and breast cancer
- Describe the transdermal route: A better way to deliver estrogen
- Describe the Renaissance

0950 Questions and Discussion

1005 Refreshment Break and Displays – Saskatchewan A Ballroom & Mezzanine

1030 Interactive Sessions – Case Discussions

1. Cow's Milk Protein Allergy – Dr. Vishal Avinashi

Participants will be able to:

- Identify signs and symptoms which may be implicated with CMPA
- Describe 'diagnostic' information and testing
- Elucidate therapeutic options for the treatment of CMPA
- · Outline the natural history of CMPA

2. **Supportive Care in Labour** – Debbie Mpofu and Kirsten Witter Participants will be able to:

- Describe how to support women in labour wishing to have a non-medicated birth
- Describe options to manage labour pain when an epidural is not feasible
- Observe practical demos of supportive care

Community-Based Postpartum and Newborn Assessment – Jana Stockham and Cindy Leclerc

Participants will be able to:

- Describe key assessments of the mother & newborn performed during a community visit
- Identify problems that require further investigation and follow-up

4. "Help! I'm New at This." Tools to Build Breastfeeding Success – Linda Wright Participants will be able to:

- Describe how to coach women who are starting to breastfeed
- Describe how to troubleshoot common concerns such as latch, positioning, pain and maternal concerns about milk supply
- Discuss the importance of consistent messaging by providers



DECLARATION OF POTENTIAL CONFLICT OF INTEREST

In keeping with accreditation guidelines, speakers and planning committee members will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

SCENT-FREE CONFERENCE

Because scented products such as hair spray, perfume and certain deodorants can trigger reactions such as respiratory distress and headaches, our policy is to provide a scent-free environment for all participants. Please refrain from using scented products during the conference.

ROOM TEMPERATURE

Because room temperature may vary from time to time, please dress in layers. While we try our best to accommodate everyone, this is a variant we cannot control.



Images courtesy the Saskatoon Inr



Peter & Anna Zbeetnoff Memorial DRUG THERAPY Decision Making Conference

Thanks to the generosity of Dr. Zbeetnoff, this conference does not receive any support from industry Saskatoon, SK

MARCH 13 - 14, 2015

Oncology Conference Saskatoon, SK April 24 - 25, 2015

Saskatchewan Psychiatric Association Conference Moose Jaw, SK April 25, 2015



PROGRAM (Continued)

- 5. **Menopause and Hormone Therapy: Case Discussions** Dr. Elaine Jolly Participants will be able to:
 - Discuss long term MHT: What does this mean?
 - Describe Metabolic Syndrome and MHT
 - Identify when MHT is contraindicated
- 6. **Antibiotic Use for Childhood Illnesses** Dr. Blair Seifert

Participants will be able to:

- Describe the appropriate use of antibiotic choices for common childhood illnesses
- Identify when antibiotics are not indicated
- 1115 Relocation Break
- 1120 Interactive Sessions Repeat of 1030
- 1205 Lunch and Displays Saskatchewan A Ballroom & Mezzanine

Friday Afternoon Saskatchewan B Ballroom Saskatoon Inn

1300 Interactive Sessions – Case Discussions

1. **Pruritis in Pregnancy –** Dr. Jennifer Duda

Participants will be able to:

- Describe the common dermatoses of pregnancy, including intrahepatic cholestasis and PUPPP
- Identify risk factors and potential complications of common dermatoses of pregnancy
- Identify treatment strategies, including comfort measures for common presenting symptoms
- 2. **Overview of Pre-Labour Rupture of Membranes (PROM)** Dr. Glennie Lane Participants will be able to:
 - Describe the management of PROM in GBS positive and negative women
 - Describe the importance of GBS status in PPROM
 - Identify appropriate antibiotic use in pre-labour rupture of membranes
- 3. Managing Sepsis in Children Dr. Tanya Holt

Participants will be able to:

- Identify children with infection who are at risk for developing sepsis
- Recognize signs of worsening sepsis
- Describe the management of children with sepsis
- Discuss indications for referral and stabilization for transport
- 4. **Pediatric Dermatology Pearls** Dr. Angela Law

Participants will be able to:

- Describe what's new in pediatric dermatology
- Identify when to refer to a dermatologist
- Identify treatment pearls
- 5. Adverse Reaction to Foods Dr. Mitra Persaud

Participants will be able to:

• Recognize and manage children with Oral Allergy Syndrome and other food allergies

PROGRAM (Continued)

 "You're Having Your Baby NOW!" Obstetrics Skills to Manage Imminent Birth and Shoulder Dystocia – Dr. M. Jocelyne Martel and Roxanne Laforge (Limit 16 participants / session – Target Audience – Physicians, Nurses and Nurse Practitioners in rural and remote centres)

Participants will be able to:

- Recognize the signs of imminent birth and shoulder dystocia
- Develop skills in the safe management of an imminent birth
- Discuss the importance of a team approach to safely managing emergency childbirth in rural and remote locations



1345 Relocation Break

1350 Interactive Sessions – Repeat of 1300

1435 Refreshment Break and Displays – Saskatchewan A Ballroom & Mezzanine

1455 "Are My Periods Normal?" Abnormal Uterine Bleeding in Women during the Reproductive Years – Dr. Donna Chizen

Participants will be able to:

- Describe the reasons for aberrant patterns of vaginal bleeding
- Recognize when and how to investigate abnormal patterns of bleeding
- Initiate step-wise therapy
- Educate patients to return for therapy or follow-up

1530 An Approach to the Developmentally Delayed Child – Dr. Patricia Blakley Participants will be able to:

- Discuss key developmental milestones for infants and children 0 5 years
- Recognize those children who require referral for developmental assessment
- Describe resources for children with developmental delay

1615 Questions and Discussion

1630 Adjourn

PLANNING COMMITTEE

Dr. Donna Chizen
Dr. Beverly Karras
Roxanne LaForge
Michelle Lanteigne
Lynn Leislar
Dr. Laura Marshall
Dr. Jocelyne Martel
Pippin O'Neill
Mavis Procyshyn
Dr. Roona Sinha
Leah Thorp

SASKATCHEWAN MEDICAL ASSOCIATION (SMA) EDUCATION BANK

Up to three thousand dollars (\$3000.00) of fees for recognized continuing medical education (CME) activities can be recovered each year by Saskatchewan physicians from the CME fund as managed by the SMA.

SMA FUND
APPLICATION
CLICK HERE

www.usask.ca/cme/pdf/cmefund application 2012.pdf

Keynote Speakers

Dr. Vishal Avinashi

Pediatric Gastroenterologist Clinical Assistant Professor UBC BC Children's Hospital Vancouver, BC

Dr. Bobby Ghaheri

East Division, Otolaryngology/ Head & Neck Surgery, The Oregon Clinic Portland, Oregon USA

Dr. Elaine Jolly

Professor of Obstetrics & Gynecology University of Ottawa Senior Advisor Shirley E. Greenberg Women's Health Centre The Ottawa Hospital, Riverside Campus Ottawa, ON

Nancy Watts

Clinical Nurse Specialist Women's Care Program London Health Sciences Centre Victoria Hospital London, ON

Saskatchewan Faculty

Academic Appointments are with the University of Saskatchewan

Dr. Krista Baerg

Clinical Associate Professor Department of Pediatrics Saskatoon, SK

Dr. Patricia Blakley

Associate Professor Department of Pediatrics Saskatoon, SK

Dr. Donna Chizen

Associate Professor
Department of Obstetrics, Gynecology
& Reproductive Sciences
Saskatoon, SK

Dr. Melissa Denis

Clinical Assistant Professor Department of Psychiatry

Dr. Jennifer Duda

Clinical Assistant Professor Department of Obstetrics, Gynecology & Reproductive Sciences Saskatoon, SK

Anne-Marie Graham

Managing Partner Bourassa & Associates Rehabilitation Centre Saskatoon, SK

Dr. Tanva Holt

Director of Pediatric Critical Care Medicine Clinical Assistant Professor Department of Pediatrics Saskatoon, SK

Roxanne Laforge

Coordinator, Perinatal Education Program CME, College of Medicine, CEDN, College of Nursing Saskatoon, SK

Dr. Glennie Lane

PGY 4 - Resident Department of Obstetrics, Gynecology, & Reproductive Sciences Saskatoon, SK

Dr. Angela Law

Dermatologist, Co-Founder SkinSense Dermatology Saskatoon, SK

Cindy Leclerc

Lactation Consultant Healthy & Home/Breastfeeding Centre Saskatoon Health Region Saskatoon, SK

Dr. M. Jocelyne Martel

Clinical Professor Department of Obstetrics, Gynecology & Reproductive Sciences Saskatoon, SK

Linda Martin

Director of Operations MEND, SK Saskatoon, SK

Dr. Athena McConnell

Assistant Dean
Associate Professor
Department of Pediatrics
Saskatoon, SK

Dr. Nora McKee

Associate Professor Department of Academic Family Medicine Saskatoon, SK

Debbie Mpofu

Registered Midwife Saskatoon Midwifery Program Saskatoon, SK

Dr. Kristine Mytopher

Clinical Assistant Professor
Department of Obstetrics, Gynecology
& Reproductive Sciences
Saskatoon, SK

Dr. Mitra Persaud

Clinical Assistant Professor Department of Pediatrics Saskatoon, SK

Dr. Lexy Regush

Clinical Assistant Professor Department of Obstetrics, Gynecology & Reproductive Sciences Saskatoon, SK

Dr. Carol Rodgers

Dean, College of Kinesiology Lead for MEND SK Saskatoon, SK

Dr. Blair Seifert

Clinical Pharmacy Coordinator – Pediatrics Saskatoon Health Region Saskatoon, SK

Dr. Ronald Siemens

Clinical Assistant Professor of Community Health & Epidemiology Pediatric Emergency Medicine Saskatoon, SK

Dr. Roona Sinha

Assistant Professor Department of Pediatrics Saskatoon, SK

Julie Smith-Fehr

Manager

Maternal & Newborn Care Unit/Healthy & Home Program, Saskatoon Health Region Saskatoon, SK

Jana Stockham

Lactation Consultant Healthy & Home/Breastfeeding Centre Saskatoon Health Region Saskatoon, SK

Dr. Mohan Teekasingh

Clinical Faculty Appointment College of Dentistry, Program Director General Practice Residency Program Division of Dentistry Saskatoon, SK

Dr. Nerissa Tyson

Clinical Assistant Professor Department of Obstetrics, Gynecology & Reproductive Sciences Saskatoon, SK

Kirsten Witter

Registered Nurse Labour & Delivery, Royal University Hospital Saskatoon, SK

Linda Wright

Lactation Consultant Maternal & Newborn Care Unit Royal University Hospital Saskatoon, SK



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PAYMENT, CANCELLATION AND REFUND POLICY

Please note that we accept payment only by credit card or institutional/company cheque payable to the University of Saskatchewan. Registrations will not be processed until payment is received. Fees include continental breakfasts, lunch, conference materials and all educational sessions.

Cancellations must be received in writing by January 22, 2015 and will be subject to a \$100.00+GST administration fee. Refunds will NOT be considered on or after January 23, 2015. The University of Saskatchewan, Division of Continuing Medical Education reserves the right to cancel or postpone a course due to insufficient registration or circumstances beyond our control. This course may be cancelled prior to the course date. Each registrant will be notified with a full refund following. Continuing Medical Education, College of Medicine, University of Saskatchewan is not responsible for any other costs including, but not limited to, airline or hotel penalties. Continuing Medical Education cannot accept registration substitutions.

POGO WOMEN'S & CHILDREN'S HEALTH CONFERENCE

February 5-6, 2015 - Saskatoon Inn, Saskatoon, SK

REGISTRATION FORM

Last Name	Given Name(s)
Address	
City	Province Postal Code
Telephone	Fax
E-mail (REQUIRED to confirm registration) All correspondences will be directed to your e-mai	il address.
REGIONAL HEALTH AUTHORITY	
PROFESSION	
Family Physician	Specialist
Nurse Pharmacist	Nurse Practitioner Other
Resident / Student	0
REGISTRATION FEES	
PHYSICIAN Early Bird Fee until January 12:	\$550.00 + \$27.50 GST = \$577.50
Regular Fee January 13 and after:	\$600.00 + \$30.00 GST = \$630.00
OTHER HEALTH PROFESSIONAL Early Bird Fee until January 12:	\$400.00 + \$20.00 GST = \$420.00
Regular Fee January 13 and after:	\$450.00 + \$22.50 GST = \$472.50
	e student status REQUIRED) \$225.00 + \$11.25 GST = \$236.25
Flat Rate	3223.00 + 311.23 d31 - 3230.23
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Name and Signature of Cardholder