

Oncology Conference

April 24 - 25, 2015

Saskatoon, Saskatchewan - Hilton Garden Inn

Keynote Speaker:

Dr. John Mackey

Medical Oncologist, Cross Cancer Institute, Edmonton
Director of the Clinical Research Unit and Professor of Oncology
University of Alberta



Impact Change
Why Team Collaborative
Passion Community Care
Healing Scared
ME Action

www.usask.ca/cme

www.usask.ca/nursing/cedn

Offered Jointly by:



Continuing Medical Education
College of Medicine
Continuing Education and Development for Nurses
College of Nursing





DAY AT A GLANCE

April 24, 2015

Morning

Garden South & Centre

DESCRIPTION & OBJECTIVES

The Oncology Conference includes plenary sessions, "short snappers", question/discussion panels and case-based small group interactive sessions. Screening and treatment options and management of relapse and treatment related side effects will be discussed.

The target audience includes family and specialist physicians; nurses; nurse practitioners; pharmacists; and social workers. All health care professionals including occupational therapists and physical therapists are welcome to attend.

The goal of this conference is to provide information and discussion about current cancer guidelines, treatments, and controversies with a focus on cancer management, care, and survivorship in the adult population.

Participants in the Oncology Conference will:

- Describe current cancer guidelines and challenges in the management of common cancers
- Identify cancer related "red flags", symptoms for diagnosis and/or recurrence of a cancer and appropriate investigations and referral
- Describe controversies in screening of common cancers
- Describe various steps from the time of diagnosis to the commencement of a definite treatment
- Identify when referrals need to be made for diagnosis and/or recurrence
- Describe treatment related common side effects and their management
- Describe the necessity of the team approach to patient and family centered cancer care
- Identify the challenges of cancer care with older adults
- Describe the communication and planning required to guide the discussion about end of life care

0730 *Registration, Continental Breakfast, & Displays*

0820 **Introduction & Welcome**
Conference Chair

0830 **Diagnosing Cancer in the 21st Century** – Dr. John Mackey
Participants will be able to:

- Describe the distribution of cancer in Canada
- Describe how diagnostics have evolved in recent years

0905 **Short Snappers – Screening Controversies Prostate Cancer** – Dr. Kishore Visvanathan
Participants will be able to:

- Describe current guidelines and controversies in prostate cancer screening

0925 **Breast Cancer** – Dr. Anne Kenny
Participants will be able to:

- Describe the guidelines and controversies in breast cancer screening (when to start, when to stop)
- Describe the role of MRI in breast cancer screening

0945 **Questions and Discussion**

1000 **Refreshment Break and Displays - Garden North**

1030 **Concurrent Sessions - A - Case Discussions**

A-1. Abnormal CBC - Dr. Julie Stakiw

Participants will be able to:

- Describe the next steps for abnormal high white cell or platelet abnormalities
- Discuss the key investigations to differentiate reactive from malignant blood disorders
- Discuss chronic lymphocytic leukemia (CLL) versus monoclonal β lymphocytosis (MBL)

A-2. PET Scan - Dr. Raj Rakheja

Participants will be able to:

- Discuss the PET scan and its utility in diagnosis, staging, response and follow-up
- Describe the PET scan and why it is used for some cancers and not others

A-3. The Patient Navigator Program – Deb Bulych

Participants will be able to:

- Describe the role of the patient navigator(s)
- Discuss the Screening for Distress tool
- Discuss the Patient Peer Navigator Program available in Prince Albert

A-4. Tailoring Treatment for Breast Cancer - Dr. John Mackey

Participants will be able to:

- Discuss the predictive and prognostic markers for breast cancer and the difference between them
- Describe practical applications of biomarkers in breast cancer treatment

1115 **Relocation Break**

1120 **Concurrent Sessions - Set A Repeated**

1205 **Lunch**



DAY AT A GLANCE April 24, 2015

Afternoon

Garden South & Centre

1300 **Comorbidities in Cancer Survivors** – Dr. Tom Wilson

Participants will be able:

- Define comorbidity and multimorbidity
- Estimate the effect of comorbidities on mortality
- Use a tool such as Charlson Comorbidity Index to estimate prognosis
- Develop a plan for managing hypertension, diabetes, heart failure and other comorbidities for a patient living with cancer

Short Snappers

1345 **Assessing Fitness – Biologic vs Chronologic** - Dr. Julie Stakiw

Participants will be able to:

- Discuss the difference between biologic and chronologic age
- Discuss scales used to assess biologic age
- Discuss the impact of biologic age on cancer treatment

1400 **Surgical Dilemmas - Colon Cancer in the Older Adult** - Dr. Paul Hayes

Participants will be able to:

- Describe what is involved in the decision making process for surgical intervention
- Describe the best options for tissue retrieval to establish diagnosis and treatment options

1415 **Questions and Discussion**

1430 **Refreshment Break and Displays – Garden North**

1500 **Concurrent Sessions – B**

B-1. Skin Cancer – Dr. Nicole Hawkins

Participants will be able to:

- Name the most common types of skin cancer.
- List the risk factors for melanoma and non-melanoma skin cancer.
- Utilize the ABCDEs of melanoma as a patient education tool.
- Know the treatment options for melanoma and non-melanoma skin cancer (including medical and surgical).
- Understand the various treatment modalities and which specialties can provide them (e.g. dermatology, plastic surgery, oncology).

B-2. Oncologic Emergencies – Dr. Shahid Ahmed

Participants will be able to:

- Describe red flags to recognize common oncologic emergencies including spinal cord compression, febrile neutropenia, superior vena cava syndrome and tumor lysis syndrome
- Describe which investigations to request and how to interpret them
- Describe management of common oncologic emergencies
- Know when to involve other specialists in the management of these patients

B-3. Targeted Agents and Immunotherapy – New Pathways, New Toxicities - Kathy Gesy/Darryl Boehm

Participants will be able to:

- Discuss the various classes of targeted therapy and immunotherapy used in the treatment of cancer
- Describe the presentation of common side effects of targeted therapy and immunotherapy
- Understand the management of skin rash, hand foot syndrome and hand foot skin reaction
- Understand the importance of prompt assessment and treatment of immune related side effects

B-4. Fertility and Cancer – Dr. Adrian Gamelin

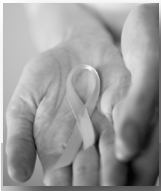
Participants will be able to:

- Review the effects of cancer treatment on fertility in men and women
- Discuss indications and options for fertility preservation prior to chemotherapy and radiation therapy
- Outline resources and pathway to care for patients in Saskatchewan wishing to explore fertility preservation options

1545 **Relocation Break**

1550 **Concurrent Sessions - Set B Repeated**

1635 **Adjourn**



DAY AT A GLANCE April 25, 2015

Garden South & Centre

PLANNING COMMITTEE

Dr. Shahid Ahmed
Medical Oncologist

Darryl Boehm
Pharmacist

Heather Choquette
Registered Nurse

Selene Daniel-Whyte
Continuing Education &
Development for Nurses

Karen Efthimiou
Nurse Educator

Cathy Jeffery
Continuing Education &
Development for Nurses

Dr. Nora McKee
Family Physician

Joan Morris
Social Worker

Shawn Phaneuf
Registered Nurse

Mavis Procyshyn
Continuing Medical Education

Dr. Julie Stakiw
Hemato Oncologist

Dr. Philip Wright
Radiation Oncologist

Pat Yuzik
Clinical Nurse Educator

Continuing Education and Development for Nurses and Division of Continuing Medical Education gratefully acknowledge the valuable contributions of the planning committee members. Without the generous donations of their time, talent and expertise this program would not be possible.

0730 **Registration and Continental Breakfast**

0830 **Cancer Relapse: How can we improve the outcome** – Dr. Haji Chalchal

Participants will be able to:

- Discuss the goals of follow up surveillance in different cancers
- Discuss the goal of treatment in recurrent cancer
- Describe the importance of tissue diagnosis and appropriate investigations in recurrent cancer

0915 **Questions & Discussion**

0930 **Relocation Break**

0935 **Concurrent Sessions – C**

C-1. Advanced Health Care Directives: Who's in charge here anyway? - Michelle Ouellette

Participants will be able to:

- Describe the various legal terms that may be encountered by health care providers in the context of end of life care
- Discuss the significance of informed consent and informed refusal to offers of care
- Identify the legal requirements for a valid Health Care Directive
- Identify potential "trouble spots"
- Manage conflicts that arise between various interested parties

C-2. Mental Health for the Patient and Caregiver – Dr. Phil Carverhill

Participants will be able to:

- Discuss mental health risks with the diagnosis of cancer and its treatment
- Describe how to support the patient and caregiver in the cancer journey
- Describe tools to screen for mental health
- Discuss resources available

C-3. Management of Non-Emergency Cancer Therapy Side Effects: Lymphedema and Fatigue – Tracy Gardikiotis and Barb Usher

Participants will be able to:

- Discuss cancer-related lymphedema including pathophysiology, stages of lymphedema, signs & symptoms and complications.
- Describe standard treatment for lymphedema.
- Identify strategies that can help patients manage cancer related fatigue
- Discuss resources and practical information available to patients to manage cancer related fatigue
- Discuss how the role of psychosocial support can assist the patient and family

C-4. Holistic Approach to Palliative Care, Resources, Cancer Pain Management - Dr.

Andrea Johnson

Participants will be able to:

- Describe palliation as the intent of care
- Identify when palliation is indicated
- Describe how to discuss palliation when it is indicated
- Identify the spectrum of modalities that can be used to manage pain
- Identify palliative resources across the continuum of care

1020 **Refreshments and Displays – Garden North**

1040 **Concurrent Sessions – Set C Repeated**

1125 **Relocation Break**

1130 **Future of Oncology Care in Saskatchewan** -Scott Livingstone

Participants will be able to:

- Discuss balancing patient services with challenges such as access and increasing drug costs
- Describe the potential of new technology in cancer care

1200 **Questions and Discussion**

1215 **Adjourn**



STUDY CREDITS & General Information

Study Credits:

Family Physicians, This program is accredited by the Division of Continuing Medical Education (CME), College of Medicine, University of Saskatchewan for **9.25 MAINPRO-M1** Credits.

Specialists, This educational event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada and accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan for **9.25 MOC** Credits. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College of MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

Pharmacist, This program has applied to Continuing Professional Development for Pharmacists (CPDP) for **Continuing Education Units (CEUs)**.

Nurses, Nurse practitioners, and other health care professionals may include their participation in this conference as part of the continuing education and competence programs established by their professional associations.

SMA EDUCATION BANK

Up to \$3,000.00 of fees for recognized CME activities can be recovered each year by Saskatchewan physicians from the CME fund, which is managed by the Saskatchewan Medical Association.

[LINK TO SMA FUND APPLICATION](#)

Photographs & Video:

Photographs or video are routinely taken of participants for advertisement and other purposes. By registering for the conference, you hereby grant the committee permission to utilize photos of you taken at the conference for advertising purposes.

*Audio and video recording or photographing of sessions by participants is prohibited.

Scent Free Conference:

Due to the health concerns arising from exposure to scented products, we have instituted a policy to provide a scent-free environment for all participants. Scented products such as hair spray, perfume, and certain deodorants can trigger reactions such as respiratory distress and headaches. We kindly ask you to consider others and not use these products during the conference. Thank you.

Room Temperature:

We would like to remind all participants that the room temperature may vary from time to time. While we will try our best to accommodate everyone, we can not control these variants. Please dress in layers.

*The conference organizers are unable to assume risk or responsibility for the registrant's time or expenses should an act of God, government action, aviation disruption, disaster, weather, or other force beyond the control of the conference make it inadvisable or impossible to conduct this event.

Stay at the Hilton Garden Inn and save...

ACCOMMODATION DETAILS

A block of rooms has been reserved at the Hilton Garden Inn, 90 - 22nd St. East, Saskatoon, SK S7K 3X6.

Please book directly at: (306) 244-2311 and quote **Oncology Conference**.

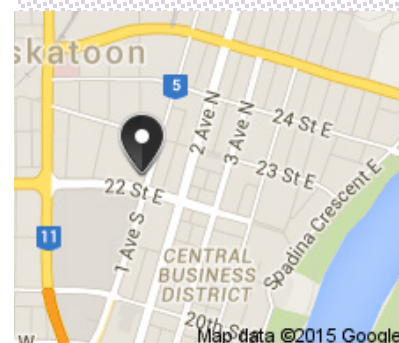
Rate: \$164.00 plus tax (single/double)

Conference rates are available for room reservations made prior to and on April 9, 2015.

Amenities include...

Complimentary WiFi, onsite 24-hour business center, 24-hour fitness center, full-service Garden Grille & Bar, quick bites at the 24-hour Pavilion Pantry Market and Starbucks® coffee at our Garden Café plus an indoor swimming pool, located across the street from the Midtown Plaza.

Location:
Corner of 22nd Street East and 1st Avenue South across from the Midtown Plaza, Saskatoon, SK





ACKNOWLEDGEMENTS

Educational Grants from the following are gratefully acknowledged:

PLATINUM



GOLD



SILVER



OTHER





FACULTY

Dr. Shahid Ahmed

Medical Oncologist
Saskatchewan Cancer Agency
Clinical Professor, Division of Oncology
University of Saskatchewan
Saskatoon, SK

Darryl Boehm

Provincial Manager
Oncology Pharmacy Services
Saskatchewan Cancer Agency
Regina, SK

Deb Bulych

Provincial Leader
Supportive Care
Saskatchewan Cancer Agency
Saskatoon, SK

Dr. Phil Carverhill

Registered Doctoral Psychologist
Saskatoon, SK

Dr. Haji Chalchal

Medical Oncologist/Hematologist
Saskatchewan Cancer Agency
Clinical Associate Professor
Division of Oncology
University of Saskatchewan
Regina, SK

Dr. Adrian Gamelin

Medical Director
Aurora Reproductive Care
Saskatoon, SK

Tracy Gardikiotis

Physical Therapist
Regina Qu'Appelle Health Region
Regina, SK

Kathy Gesy

Provincial Leader, Oncology Pharmacy
Services
Saskatchewan Cancer Agency
Saskatoon, SK.

Dr. Nicole Hawkins

Dermatologist
SkinSense Dermatology
Saskatoon, SK

Dr. Paul Hayes

Clinical Assistant Professor
Department of Surgery
University of Saskatchewan
Saskatoon, SK

Dr. Andrea Johnson

Clinical Assistant Professor
Department of Academic Family Medicine
University of Saskatchewan
Saskatoon, SK

Dr. Anne Kenny

Clinical Assistant Professor
Department of Medical Imaging
University of Saskatchewan
Saskatoon, SK

Scott Livingstone

Chief Executive Officer
Saskatchewan Cancer Agency
Regina, SK

Dr. John Mackey

Professor
Medical Oncology
Department of Oncology
University of Alberta
Cross Cancer Institute
Edmonton, Alberta

Michelle Ouellette

Lawyer
McKercher LLP
Saskatoon, SK

Dr. Rajan Rakheja

Clinical Assistant Professor
Department of Medical Imaging
University of Saskatchewan
Saskatoon, SK

Dr. Julie Stakiw

Provincial Lead Hematology
Saskatchewan Cancer Agency
Clinical Associate Professor
Division of Oncology
University of Saskatchewan
Saskatoon, SK

Barb Usher

Clinical Oncology Social Worker
New Patient Navigator
Department of Supportive Care
Saskatchewan Cancer Agency
Saskatoon, SK

Dr. Kishore Visvanathan

Clinical Professor
Department of Surgery
Division of Urology
University of Saskatchewan
Saskatoon, SK

Dr. Thomas Wilson

Clinical Professor
Department of Medicine
University of Saskatchewan
Saskatoon, SK

DECLARATION OF POTENTIAL CONFLICT OF INTEREST

In keeping with accreditation guidelines, speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

Oncology Conference

April 24 - 25, 2015 - Hilton Garden Inn - Saskatoon, SK

HOW TO REGISTER:

Phone: (306) 966-2123/(306) 966-5539

Fax: (306) 966-4356

Online: www.usask.ca/cme

Mail: University of Saskatchewan

232 - 221 Cumberland Ave. North

Saskatoon, SK S7N 1M3

CONTACT DETAILS

Dr. Mr. Ms. First Name

Last Name

Mailing Address

City Prov Postal Code

Area Code Telephone - Area Code Fax -

E-mail Address (**Required** to confirm registration) All correspondence will be directed to your email address

REGISTRATION FEES

U of S GST # 11927 9313 RT0001

Please note that we accept payment only by credit card or *institutional* cheque payable to University of Saskatchewan . Registration will not be processed until payment is received. Fees includes breakfasts, lunch and conference materials

- | | | |
|---|--|---|
| <input type="checkbox"/> Physicians: | Early Bird Fee until March 25
\$450.00 + \$22.50 GST = \$472.50 | Regular Fee March 26 and after
\$500.00 + \$25.00 GST = \$525.00 |
| <input type="checkbox"/> Nurses, Pharmacists and other Health Professionals: | \$330.00 + \$16.50 GST = \$346.50 | \$380.00 + \$19.00 GST = \$399.00 |
| <input type="checkbox"/> Residents & Students:
(PROOF OF FULL-TIME STUDENT OR RESIDENT STATUS REQUIRED) | \$150.00 + \$7.50 GST = \$157.50 FLAT RATE | |
| <input type="checkbox"/> Family Physician | <input type="checkbox"/> Nurse/NP | <input type="checkbox"/> Other* _____ |
| <input type="checkbox"/> Specialist* _____ | <input type="checkbox"/> Physiotherapist | <input type="checkbox"/> Resident * _____ |
| <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Student * _____ |

*(Please Specify)

PAYMENT INFORMATION

\$ Total Amount Enclosed _____ **Institutional Cheque**

Credit Card Payment: VISA MC Card Number

Expiry MM/YY Signature

*REQUIRED

CANCELLATION & REFUND POLICY

Cancellations must be received in writing by **April 10, 2015**, and will be subject to a \$100.00 + GST administration fee. **Refunds will not be considered on or after April 11, 2015.** The University of Saskatchewan, Division of Continuing Medical Education and Development for Nurses reserve the right to cancel or postpone this course due to insufficient registration or circumstances beyond our control. This course may be cancelled prior to the course date. Each registrant will be notified with a full refund following. Continuing Medical Education and Development for Nurses are not responsible for any other costs including but not limited to airline or hotel penalties. Substitutions cannot be accepted.

Oncology Conference

April 24 - 25, 2015 - Hilton Garden Inn - Saskatoon

Print Name Here _____

Please indicate any food allergies or restrictions: _____

USE THIS FORM TO SELECT YOUR CONCURRENT SESSIONS. **Please indicate your first and second choices, using a 1 or 2, for each set of concurrent sessions.**

Please Note: Program content and speakers are subject to change.

Friday, April 24, 2015

Concurrent Sessions - A - Case Discussions *(Choose two)*

- _____ A-1 Abnormal CBC - Dr. Julie Stakiw
- _____ A-2 PET Scan - Dr. Raj Rakheja
- _____ A-3 The Patient Navigator Program – Deb Bulych
- _____ A-4 Tailoring Treatment for Breast Cancer - Dr. John Mackey

Concurrent Sessions – B - Case Discussions *(Choose two)*

- _____ B-1 Skin Cancer - Dr. Nicole Hawkins
- _____ B-2 Oncologic Emergencies - Dr. Shahid Ahmed
- _____ B-3 Targeted Agents and Immunotherapy: New Pathways, New Toxicities - Kathy Gesy/Darryl Boehm
- _____ B-4 Fertility and Cancer - Dr. Adrian Gamelin

Saturday, April 25, 2015

Concurrent Sessions – C - Case Discussions *(Choose two)*

- _____ C-1 Advanced Health Care Directives: Who's in charge here anyway? - Michelle Ouellette
- _____ C-2 Mental Health for the Patient and Caregiver - Dr. Phil Carverhill
- _____ C-3 Management of Non-Emergency Cancer Therapy Side Effects: Lymphedema and Fatigue - Tracy Gardikiotis & Barb Usher
- _____ C-4 Holistic Approach to Palliative Care, Resources, Cancer Pain Management - Dr. Andrea Johnson