

POGO 2016 - Travelodge, Regina
FINAL Conference Schedule – *Subject to Revision*

February 4, 2016 – MORNING SESSIONS

0730 Registration / Continental Breakfast

(Banquet Lobby and Burlington / Berkeley Room – Lower Level)

0800 Welcome and Opening Remarks – Dr. Sharon Hobeika

(Imperial Ballroom – Lower Level)

0815 P1 - KEYNOTE: “*Assessment and Treatment of Anxiety in Children*” – Dr. Allisson Quine

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Assess various anxiety disorders in children and relate the empirically supported treatment options.
- Identify the features of anxiety disorders in children, influence of parenting styles, as well as discussion of practical strategies and resources that may be provided to parents and children in the primary care setting.

0900 P2 - KEYNOTE: “*Maternal Mental Health: An update on the MotherFirst Strategy in Saskatchewan*” – Dr. Angela Bowen; Elita Paterson

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Outline the prevalence and impact of maternal mental health on the family
- Use the Care Guide as a means of maternal mental health screening
- Discuss the strategies for improving maternal mental health in Saskatchewan

0945 Plenary #1 & #2 - Questions and Discussion

(Imperial Ballroom – Lower Level)

1000 Nutrition Break / View Exhibits

(Burlington / Berkeley Room – Lower Level)

1015 A - Concurrent Sessions

A1- “*Moles in Children: The good, the bad and the ugly*” – Dr. Joseph Lam

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Describe the prevalence and natural history of paediatric melanocytic nevi
- Identify worrisome features of paediatric nevi including the 'ugly duckling' sign
- Recognize complications of congenital melanocytic nevi

A2- “What’s New in Prenatal Screening?” – Dr. Adewumi Adanlawo

(Arlington Room – Lower Level)

Participants will be able to:

- Describe what cffDNA is and the test characteristics
- Discuss potential benefits and limitations of testing
- Discuss patient counselling before the test

A3- “Maternal Mental Health Access for Women in Rural & Remote Areas” – Dr. Angela Bowen

(Ascot Room – Lower Level)

Participants will be able to:

- Explain the present strategies to improve maternal mental health in rural settings in SK
- Apply resources in the maternal mental health toolkit
- Discuss strategies for improving maternal mental health in Saskatchewan

A4- “IUD Insertion Workshop” – Dr. Sarah Liskowich; Dr. Mickey Rostoker; Kelly Lang (Limit of 9 per session)

(Cumberland West – Second Level)

Experienced family doctors and a nurse practitioner will share their experiences using a range of clinical equipment and techniques for IUD insertion. This hands-on workshop will integrate presentation slides and plastic models supplemented with discussion.

Participants will be able to:

- Apply appropriate checklists and consent forms as a systematic approach to pre-IUD insertion assessment and counseling
- Develop competence and skills in IUD insertion using models.

A5- “Transgender Health” – Dr. Anne Bellows

(Windsor Room – Lower Level)

Participants will be able to:

- Describe gender dysphoria, including what it is, what it is not, its diagnosis, prevalence, and treatment options
- Locate information on supports, resources, and funding available to patients

A6- “Practical Approaches to Managing Autism” - Pamela Olson

(Cumberland East – Second Level)

Participants will be able to:

- Identify motivations for behaviour in children with Autism
- Identify factors that reduce meltdown behaviour in children with Autism

1100 Relocation Break

1115 Concurrent Sessions – Repeat of 1015 Sessions

1200 Lunch / View Exhibits

(Imperial Ballroom – dining area; Burlington / Berkeley – buffet tables)

February 4, 2016 – AFTERNOON SESSIONS

Afternoon Chairperson: Roxanne Laforge

1300 P3 - KEYNOTE: “No skin off my back: commonly missed dermatological emergencies” – Dr. Joseph Lam

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Recognize serious paediatric diseases that present with skin findings
- Discuss practical pearls of diagnosis and treatment

1345 P4 - KEYNOTE: “Medical complications of pregnancy and long-term health for women: Seizing opportunities for health promotion” – Dr. Kara Nerenberg

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Describe the associations between pregnancy related disorders (preeclampsia, gestational hypertension and gestational diabetes) and future chronic diseases.
- Identify opportunities for clinical interventions to reduce a woman's risk of future chronic diseases.

1430 Questions and Discussion

(Imperial Ballroom – Lower Level)

1445 Nutrition Break / View Exhibits

(Burlington / Berkeley Room – Lower Level)

1500 B - Concurrent Sessions

B1- “Not All That Itches is Eczema” – Dr. Joseph Lam

(Imperial Ballroom – Lower Level)

Participants will be able to:

- List several mimickers of atopic dermatitis
- Recognize features of common pediatric eczematous eruptions

B2- “The Role of Mifipristone in Medical Abortion” – Dr. Sally Mahood; Lorene Wall

(Arlington Room – Lower Level)

Participants will be able to:

- Explain the role of the newly approved drug, Mifepristone, and its anticipated impact on the provision of medical abortion in Canada.
- Articulate the pharmacology, regimens, indications and contraindications, counselling essentials, and Health Canada regulations for prescribing Mifepristone

B3- “IUD Insertion Workshop” – Dr. Sarah Liskowich; Dr. Mickey Rostoker; Kelly Lang (Limit of 9 per session)
(Cumberland West Room – Second Level)

Experienced family doctors and a nurse practitioner will share their experiences using a range of clinical equipment and techniques for IUD insertion. This hands-on workshop will integrate presentation slides and plastic models supplemented with discussion.

Participants will be able to:

- Apply appropriate checklists and consent forms as a systematic approach to pre-IUD insertion assessment and counseling
- Develop competence and skills in IUD insertion using models.

B4- “Reducing the Stress of Hospitalization in Kids” – Tegan Webber
(Ascot Room – Lower Level)

Participants will be able to:

- Learn ideas & techniques to help children cope.
- Understand the importance of psychosocial/emotional support for children in the hospital.
- Identify ideas to communicate with children and ways to empower them in the hospital environment.

B5 - “Healthy Weights in Pregnancy: Engaging with Women to Support Optimal Weight Gain” – Dr. Kara Nerenberg
(Windsor Room – Lower Level)

Participants will be able to:

- Calculate the recommended targets for healthy weight gain in pregnancy.
- Review the complications of excessive gestational weight gain.
- Identify practical strategies for healthy weight gain in obstetrical practice.

B6 - “Folic Acid Supplementation: How much is too much?” – Dr. Marielos Pineda
(Cumberland East Room – Second Level)

Participants will be able to:

- Assess if a woman is at low, moderate or high risk for neural tube defects or other folic acid-sensitive congenital anomalies and know the correct folic acid dose for each category
- List the benefits and potential risks of folic acid supplementation

1545 Relocation Break

1600 Concurrent Sessions – Repeat of 1500 Sessions

1645 Adjournment

February 5, 2016 – MORNING SESSIONS

0730 Registration / Continental Breakfast

(Banquet Lobby - Burlington / Berkeley Room – Lower Level)

0800 Opening Remarks – Leah Thorpe

(Imperial Ballroom – Lower Level)

0815 P5 - KEYNOTE: “The Role of the Microbiome in Women’s & Children’s Health” – Dr. Anita Kozyrskyj

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Describe the development of the gut microbiome during infancy
- Distinguish the health implications of dysbiosis of the gut microbiome

0900 P6 - KEYNOTE: “Epilepsy in Children” – Dr. Richard Huntsman

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Describe the social impact of epilepsy in children
- Recognize some of the more common Pediatric Epilepsy Syndromes including the Epileptic Encephalopathies
- Recognize some of the more common Non Epileptic Spells of Childhood

0945 Plenary #5 & #6 Questions and Discussion

1000 Nutrition Break / View Exhibits

(Burlington / Berkeley Room)

1015 C - Concurrent Sessions

C1- “The Impact of Cesarean Section and Antibiotic Treatment on the Infant Gut Microbiome” - Dr. Anita Kozyrskyj

(Imperial Ballroom – Lower Level)

Participants will be able to:

- Describe the development of the gut microbiome during infancy
- Differentiate how the infant gut microbiome is changed by birth method and antibiotic use

C2- “Pediatric Allergies” – Dr. Juliet Soper

(Arlington Room – Lower Level)

Participants will be able to:

- Discuss the rise in the incidence of food allergies and subsequent increase in rates of anaphylaxis
- Discuss new research supporting the early introduction of “allergenic” foods to help prevent food allergies
- Review the definitions and management of anaphylaxis

C3- “Water Immersion During Labour and Birth” – Heather Martin

(Windsor Room – Lower Level)

Participants will be able to:

- Discuss the safety of water immersion during labour and birth as supported by current literature.
- Describe outcomes of a collaborative maternity care program in Alberta where over 700 women experienced a water birth.

C4 - “Endometrial Ablation & Abnormal Uterine Bleeding” – Dr. Amos Akinbiyi

(Cumberland East Room – Lower Level)

Participants will be able to:

- Describe the role endometrial ablation plays in the management of abnormal uterine bleeding in office practice
- Discuss how to select the proper candidates for the procedure
- Explain what to do and how to do it when the procedure has failed

C5 - “The Theory-Practice Connection: Promoting Best Practices in Pediatric Pain Management” – Karen Juckes

(Cumberland West Room – Lower Level)

Participants will be able to:

- Describe factors related to the under treatment of pain in pediatrics.
- Describe pain assessment and measurement in infants, children and adolescents.
- Describe the interdisciplinary care of children in pain, including pharmacological and non-pharmacological interventions.
- Discuss strategies for institutional change in the management of children’s pain.

1100 Relocation Break

1115 Concurrent Sessions – Repeat of 1015 Sessions

1200 Lunch / View Exhibits

February 5, 2016 – AFTERNOON SESSIONS

Afternoon Chairperson: Barb Beaurivage

1300 D - Concurrent Sessions

D1- “Donor Milk Banking & Milk Sharing” – Genevieve Chartrand; Natalie Millar

(Ascot Room – Lower Level)

Participants will be able to:

- Discuss the current Canadian landscape of human milk banking.
- Discuss the current Canadian landscape of human milk banking.
- Discuss Saskatchewan initiatives regarding milk banking

D2- “Midwifery in Canada: Education, Regulation, Scope of Practice & Safety” – Heather Martin

(Windsor Room – Lower Level)

Participants will be able to:

- Describe the Canadian model of midwifery practice, including midwifery education and scope of practice.
- Articulate how the unique Canadian model of midwifery increases the safety of out of hospital birth through a review of the current literature on home birth in Canada

D3- “Managing Vulvovaginitis and Pelvic Infections” – Dr. Amos Akinbiyi

(Cumberland East Room – Lower Level)

Participants will be able to:

- Apply appropriate SOGC recommendations to screen for and manage Trichomoniasis, Vulvovaginal Candidiasis, and Bacterial Vaginosis in a typical office clinical practice

D4- “Approach to Common Pediatric Respiratory Tract Infections” – Dionne Legault Wilson; Dr. Bruce Holmes

(Imperial Ballroom – Lower Level)

Participants will be able to

- Differentiate the common pediatric respiratory illness on a clinical basis
- Identify scenarios when antibiotic use is discouraged

D5- “CPS Updates and New Recommendations” – Dr. Juliet Soper

(Cumberland West – Lower Level)

Participants will be able to:

- Discuss Position Statements and Practice Points of the Canadian Pediatric Society and know how to access them
- Apply current recommendations to the assessment and management of children and youth with recurrent UTI, Suicidal ideation and behavior, Asthma, and interest in therapeutic cannabis use.
- Review and integrate rationale for a number of the recommendations and discuss related controversies

D6 - “Perinatal HIV Prevention Protocol” – Roxanne Laforge; Debbie Rodger

(Arlington Room – Lower Level)

Participants will be able to:

- Describe the incidence and impact of HIV in pregnancy & provincial initiatives to reduce maternal - infant transmission of HIV.
- Describe the standards of care for women living with HIV during labour, birth and immediate postpartum period & appropriate care for the newborn.
- Discuss the implications for implementing the protocols at the local and regional level

1345 Relocation Break

1400 Concurrent Sessions – Repeat of 1300 Sessions

1445 Nutrition Break / View Exhibits

1500 P7 - KEYNOTE: “Creating Respectful Interactions with LGBTQ Clients” – Leo Keiser
(Imperial Ballroom - Lower Level)

Participants will be able to:

- help LGBTQ people feel more comfortable and respected in a professional setting
- identify appropriate resources for further information on the topic

1600 Conference Conclusion