

Building an Awareness of Cultural Humility

Caring Together Through Work

mâmawi kisêwâtotâtowin wîci atoskêmitowin



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
CMELEARNING.USASK.CA



UNIVERSITY OF SASKATCHEWAN
Continuing Education in
Rehabilitation Science
SCHOOL OF REHABILITATION SCIENCE
REHABSCIENCE.USASK.CA/CERS

Course Overview: The content was designed from an Indigenous world view, delivered through the voices and stories of Indigenous community members and scholars. Health services staff who complete the course will have the knowledge, skills and insights to implement an inter-professional approach to understanding and supporting the wellness of Indigenous patients, families and communities. The final assignment will be to develop a Culturally Responsive Health Care Plan and Indigenous Communications Strategy applicable to your work-place environment.

Target Audience: The course is intended for health services staff who are not medically trained, as well as students interested in or already engaged in health science education.

Time/Date: This online course is self-directed. Participants are expected to complete the online modules at their own pace, within their registered time frame. This course is anticipated to take learners 12 hours to complete. Sessions will be available to commence on October 17, 2022 and be available to December 17, 2022. (8 weeks is allowed.)

Course Cost: \$150 (+GST)

Course Start Date: October 17, 2022

REGISTER ONLINE: Click [HERE](#)

BE WHAT THE WORLD NEEDS

Course Content:

Module 1 - PERSONAL REFLECTION: INDIGENOUS WORLD VIEW AND HOW THESE AFFECT HEALTH CARE

Topic 1: How Do My Beliefs About Healthcare Influence My Own Health Care Decisions

Topic 2: Intergenerational Trauma – Racism in Health Care

Topic 3: Relationship Building and Communication Strategies to Enhance Cultural Safety

Module 2 - CULTURAL SAFETY: HOW THE PAST INFORMS THE PRESENT

Topic 4: Residential Schools and Intergenerational Trauma

Topic 5: What is Cultural Safety?

Course Learning Objectives: Upon completion of this course, the learner will be able to:

- Explore how 'cultural genocide' led to intergenerational trauma that impacts the health and wellness of Indigenous peoples
- Identify how the current health disparities faced by Indigenous peoples have their roots in their historical and current institutional experiences
- Explore how the current environment contributes to health disparities

TOPIC 1:



HOW MY BELIEFS INFLUENCE THE SERVICES I PROVIDE

TOPIC 5:



WHAT IS CULTURAL SAFETY?



Introduction

TOPIC 2:



INTERGENERATIONAL TRAUMA AND RACISM

TOPIC 4:



RESIDENTIAL SCHOOLS

TOPIC 3:



RELATIONSHIP BUILDING AND COMMUNICATION



Kendra Usunier
kendra.usunier@usask.ca
Phone: 306-966-7473

Website: <https://cmelearning.usask.ca/>

SMA EDUCATION FUND: Up to \$3000 of fees for recognized continuing medical education (CME) activities can be recovered each year by Saskatchewan physicians from the CME fund managed by the SK Medical Association (SMA).

DECLARATION OF POTENTIAL CONFLICT OF INTEREST: In keeping with accreditation guidelines, speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

PLANNING COMMITTEE: Dr. Veronica McKinney, Dr. Sarah Oosman, Dr. James Barton, Dr. Stacey Lovo, Val Arnault-Pelletier, Martin Bembridge, and Kendra Usunier