



Practical Management of Common Medical Problems Annual Conference

November 20-21, 2015 • Travelodge, Saskatoon

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UNIVERSITY OF SASKATCHEWAN

College of Medicine

**DIVISION OF CONTINUING MEDICAL EDUCATION
USASK.CA/CME**

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Conference DESCRIPTION, GOALS & OBJECTIVES

CONFERENCE DESCRIPTION

The 17th Annual Practical Management of Common Medical Problems (PMCMP) 2015 is designed for family physicians, pharmacists and nurse practitioners. Other health professionals and residents/students are welcome to attend. The format includes plenary sessions followed by opportunities for questions and discussion, and concurrent small group sessions featuring case presentations.

CONFERENCE GOAL

The goal of this conference is to provide evidence-based information, tools and strategies for the practical management of common medical problems.

LEARNING OBJECTIVES

Participants in PMCMP 2015 will be able to:

- Describe the practical management of patients or shared patients with common medical problems
- Describe evidence relating to the management of common medical conditions
- Identify new pharmaceutical and non-pharmaceutical treatment options for these diseases
- Identify the side effects and safety issues of common medications
- Describe when to refer to a specialist or other health care professional

Continuing Professional Development CREDITS

Certificates will be made available for conference delegates to pick up at the Registration / Check-in Table in the lobby on Friday, November 20th.

The College of Family Physicians of Canada

Mainpro (Maintenance of Proficiency) is the College of Family Physicians of Canada (CFPC) program designed to support and promote continuing professional development for family physicians. Physicians participating in Mainpro demonstrate a commitment to lifelong learning through completion and documentation of personal CPD. PMCMP has been accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan, for up to 9 Mainpro-M1 credits.

The Royal College of Physicians and Surgeons of Canada

PMCMP is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Section 1 program of the Royal College of Physicians and Surgeons of Canada and accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan, for up to 9 MOC Section-1 credit hours.

American Medical Association

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.com

Other Healthcare Professionals

Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

Continuing Professional Development for Pharmacists (CPDP)

CPDP is a member of the Canadian Council of Continuing Education for Pharmacy (CCCEP) and strictly adheres to the accreditation standards and guidelines. CPDP has accredited the PMCMP program for the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan, for 9.25 CEUS.

Join the **CONVERSATION**



Like what you're learning? Tweet about it to your followers!

Follow us on Twitter: @CME_UofS

HANDOUTS POSTED ONLINE

PDFs of the presentations provided by the speakers will be posted online following the conference. Please note presentations will only be available for 90 days. If you would like to obtain materials from a presentation that is not included in our online listing, *please contact the presenter directly*.

To access the presentation PDFs posted online:

http://www.usask.ca/cmelearning/learning_resources/PMCMP_Handouts/PMCMP.php

username: cme

password: pmcmp

Please note: Presentations posted online may be abbreviated to ensure compliance with federal copyright legislation. Please call (306) 966-7785 or cme@usask.ca if you need assistance.

DISCLAIMER

Continuing Medical Education is not responsible for any errors or omissions in information included in this booklet or on the handouts webpage.

EVALUATION

The online evaluation gives you the opportunity to provide quality feedback to our speakers, organizing committee and CME staff. Please take the time to offer compliments or recommendations for improvement. The link to the survey is automatically emailed Friday morning on November 20, 2015. You can save and close the survey throughout the conference or choose to complete the entire survey in one session.

Call for PMCMP 2016 Planning Committee Members:

Become part of the planning team that creates next year's conference. If you are interested or have questions, please contact Dr. Andries Muller, Conference Chairperson.

WI-FI ACCESS is available throughout the hotel (no password is required).

ROOM TEMPERATURE

Because room temperature may vary from time to time, please dress in layers. While we try our best to accommodate everyone, we cannot control this variant.

Conference **PLANNING COMMITTEE**

Planning Committee	Health Region	Title
Debbie Bathgate	Saskatoon Health Region	Nurse Practitioner
Jennifer Begin	Kelsey Trail Health Region	Family Physician, Melfort
Jill Farrukh	Saskatoon Health Region	Faculty, Family Medicine, College of Medicine
Jason Hosain	Saskatoon Health Region	Family Physician, Saskatoon
Karen Jensen	Saskatoon Health Region	Pharmacist, MedSask, College of Medicine
Andries Muller	Saskatoon Health Region	Acting Associate Dean, Continuing Medical Education, College of Medicine

Conference Schedule

Friday, November 20, 2015 • Travelodge Hotel, Saskatoon

MORNING SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
7:30	Registration / Check-in			Galaxy A Lobby (main level)
7:30	Hot Breakfast Exhibitor Displays Open			Galaxy B (main level)
8:00	Welcome Remarks		Dr. Jennifer Begin	Galaxy A (main level)
	Plenary: "Doctors of Death - An Oxymoron"	Participants will: • Develop an understanding of Carter v. Canada (Attorney General), 2015 SCC 5, [2015] 1 S.C.R. 331. • Be able to explain what this means for physicians practicing in Canada (apart from Quebec) after February 6, 2016	Dr. Susan Hayton	Galaxy A (main level)
9:00	Plenary: "Potentially Problematic Medications for Older Adults: Beers, STOPP & the Geri-RxFiles: Tools You Can Use to Help Optimize Medication Therapy"	Participants will: • Identify where the most recent versions of the Beers & STOPP criteria overlap & where they differ • Explore various clinical scenarios in which a medication may be problematic due to a patient's age or current health conditions, & how the Geri-RxFiles can support clinical decision making.	Julia Bareham	Galaxy A (main level)
10:00	Nutrition Break			Galaxy B (main level)
10:15	Concurrent Sessions <i>Sessions are repeated at 11:15am</i>			
	A - "Thinking Outside the Reference Range"	Participants will: • Compare common interpretations and calculations for creatinine clearance; • Use creatinine clearance to tailor medication therapy, ensuring safe and effective treatment for patients	Zack Dumont	Galaxy A (main level)
	B - "Antipsychotics in the Elderly: The Good, Bad and The Ugly"	Participants will: • Be able to weigh the benefits and risks of prescribing antipsychotics in the elderly • Be able to weigh the benefits and risks of other interventions for age onset conditions, particularly agitation and aggression in dementia • Have some familiarity with concepts relating to de-prescribing in the elderly, especially in end of life situations	Dr. Lilian Thorpe	Delta Room (lower level)

Conference Schedule

Friday, November 20, 2015 • Travelodge Hotel, Saskatoon

MORNING SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
	C – “One Step At A Time: Weaving Fall Prevention and Injury Reduction into Patient Assessment”	Participants will be able to: <ul style="list-style-type: none"> • Identify how to holistically assess for fall risk and related factors • Discuss how to communicate safety plans that empower patients to make changes to maintain their independence through addressing risk factors • Know how to access local tools, resources and programs 	Daphne Kemp	Concorde Room (lower level)
	D – “GEM - Geriatric Evaluation and Management Services - Moving Beyond the GAU”	Participants will be able to: <ul style="list-style-type: none"> • Describe the current programs offered by the GEM team • Discuss possible future directions • Explore what the unmet needs are for older complex patients 	Dr. Jenny Basran	Hercules Room (lower level)

11:00 Relocation Break

11:15 Concurrent Sessions *10:15am Sessions are repeated*

12:00 Lunch

Galaxy B (Food Service)
Galaxy A (Dining)

Friday, November 20, 2015 • Travelodge Hotel, Saskatoon

AFTERNOON SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
12:45	Plenary: “Emergency Department Waits and Patient Flow Initiative”	The Initiative’s project team at the Health Quality Council is working on strategies to address long ED waits in Saskatchewan hospitals by taking a holistic approach from pre hospital to post hospital care. Updates will be provided on these strategies to improve patient care and patient flow through the healthcare system.	Dr. Janet Reynolds; Graham Fast	Galaxy A (main level)
1:00	Plenary: “I’m just not myself: Approach to Depression and Depression with Anxiety”	Participants will be able to: <ul style="list-style-type: none"> • Recognize symptoms of depression and depression with co-morbid anxiety • Describe evidence-based non-pharmacologic and pharmacologic therapy for patients with depression and depression with anxiety 	Dr. Heather Conacher; Dr. Meredith McKague	Galaxy A (main level)

Conference Schedule

Friday, November 20, 2015 • Travelodge Hotel, Saskatoon

AFTERNOON SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
1:45	Relocation Break			
2:00	Concurrent Sessions: <i>Sessions are repeated at 3:00 pm</i>			
	E – “Selecting Antidepressants for Initial and Subsequent Therapy and Planning for its Discontinuation”	Participants will be able to: <ul style="list-style-type: none"> • Select the most appropriate initial antidepressant therapy based on patient factors and antidepressant properties with an emphasis on SSRIs • Use the current principles and methods of selecting alternative antidepressants in treatment failure as well as in terminating antidepressant therapy. 	Dr. A. J. Remillard	Concorde (lower level)
	F – “Enhancing Mental Health in the Queer Community”	Participants will develop a working knowledge of relevant terminology as well as relate pertinent information for health professionals to provide the best care for members of the queer community.	Jai Richards	Delta Room (lower level)
	G – “Bipolar: A Primer for Primary Care”	Participants will be able to: <ul style="list-style-type: none"> • Recognize symptoms of bipolar mania and bipolar depression • Describe evidence-based pharmacotherapy for bipolar disorder 	Dr. Meredith McKague Dr. Heather Conacher	Galaxy A (main level)
	H – Complimentary Alternative Approach to Disordered Eating: A Look Into BridgePoint’s Services	Participants will be able to outline the referral process and services available at Saskatchewan’s BridgePoint Center for Eating Disorders.	Kara Carlson Janine Lefevre Barbara Sanderson	Hercules Room (lower level)
2:45	Nutrition Break			
3:00	Concurrent Sessions <i>2:00pm Sessions are repeated</i>			
3:45	Relocation Break			
4:00	Plenary: “COPD: Optimizing Management in Primary Care”	Participants will: <ul style="list-style-type: none"> • Explain the benefit of a multi-faceted approach to COPD • Classify pharmacotherapy options and how to individualize therapy • Utilize tools developed by the Saskatchewan CDM QIP 	Dr. Tessa Laubscher; Julia Bareham	Galaxy A (main level)
5:00	Adjournment			

Conference Schedule

Saturday, November 21, 2015 • Travelodge Hotel, Saskatoon

MORNING SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
7:30	Registration / Check-In			Galaxy A Lobby (main level)
7:30	Continental Breakfast Exhibitor Displays Open			Galaxy B Lobby (main level)
8:00	Plenary – “The 5A’s Team Project: Transforming Primary Care Obesity Practice One Team at a Time”	This session will introduce the challenge of co-creating a new clinical approach to interdisciplinary team care for obesity, implementing the 5A’s of Obesity Management framework.	Dr. Denise Campbell-Scherer	Galaxy A (main level)
9:00	Concurrent Sessions <i>Sessions are repeated at 10:00am</i>			
	J – “Moving from Evidence to Action : Improving Obesity Prevention and Management in Practice”	Participants will: <ul style="list-style-type: none"> • reflect on similarities and differences with providers’ lived experience in Saskatoon. • reflect on challenges in their current primary care environment regarding obesity prevention and management. • use the 5As and 5As Team tools to reflect on how we might address some of the challenges 	Dr. Denise Campbell-Scherer	Galaxy A (main level)
	K – “Bariatric Surgery in Saskatchewan: Before and After”	Participants will: <ul style="list-style-type: none"> • Be aware of the indications for bariatric surgery • Obtain basic knowledge of the various types of surgical procedures particularly those offered in Saskatchewan • Have a basic understanding of potential short term and long term complications of bariatric surgery that may be encountered in a family medicine clinic/Emergency Room 	Dr. Steven Pooler	Delta Room (lower level)
	L – “Mechanical Stress and MSK Injuries”	Participants will be able to: <ul style="list-style-type: none"> • Identify common mechanical stress patterns and associated MSK injuries • Identify management plans for common mechanical stress patterns and associated MSK injuries 	Bruce Craven	Concorde Room (lower level)
	M – “How to Start a Group Weight Loss Program”	Participants will: <ul style="list-style-type: none"> • Learn the basic elements required to start a group weight loss program. • Discuss practical tips and pitfalls to avoid when running a group weight loss program. 	Dr. Jason Hosain	Hercules Room (lower level)
9:45	Nutrition Break			Galaxy B (main level)

Conference Schedule

Saturday, November 21, 2015 • Travelodge Hotel, Saskatoon
MORNING SESSIONS

TIME	SESSION TITLE	SESSION DESCRIPTION	SPEAKER(S)	LOCATION
10:00	Concurrent Sessions	<i>9:00am Sessions are repeated</i>		
10:45	Relocation Break			
11:00	Plenary – “Cutaneous Manifestations of Systemic Diseases”	Participants will: <ul style="list-style-type: none"> • Develop a better visual and comprehensive appreciation of systemic diseases from a dermatological perspective • Acquire a better understanding of skin diseases in association with Internal Medicine associated diseases. 	Dr. Eileen Szabo	Galaxy A (main level)
12:00	Conference Conclusion	CLICK HERE TO REGISTER FOR PMCMP 2015		

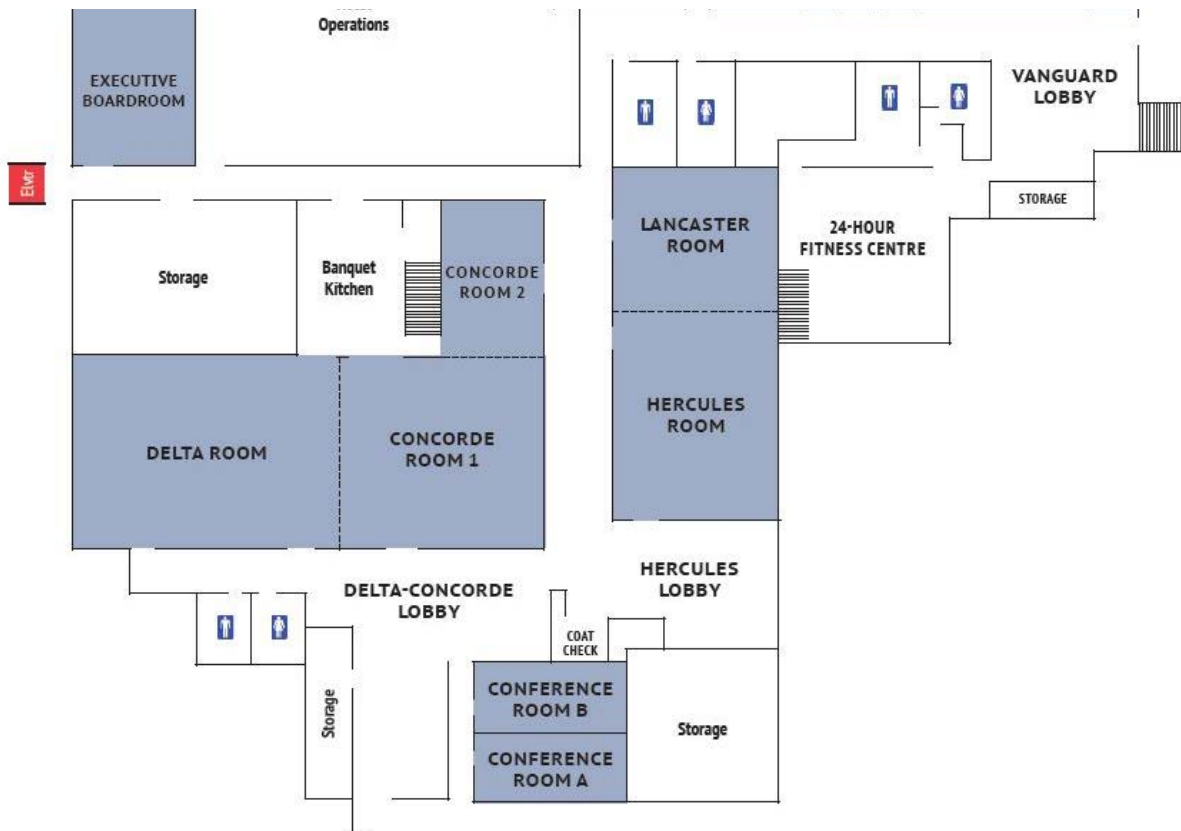
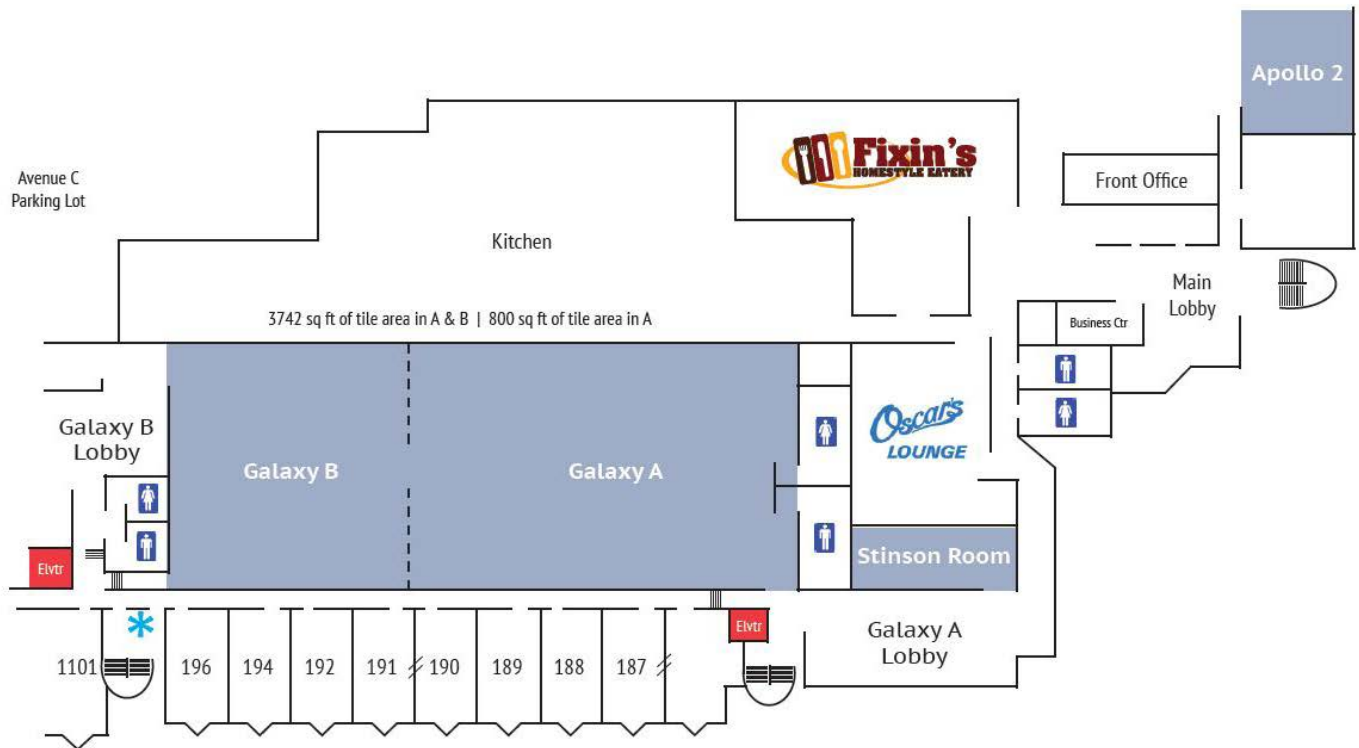
Declaration of Potential CONFLICT OF INTEREST

In keeping with accreditation guidelines, speakers and Planning Committee members will be required to disclose to the audience any affiliation (financial or otherwise) with a commercial entity during the past two calendar years.

Presenters	Disclosure	Presenters	Disclosure
Julia Bareham	Nothing to declare	A.J. Remillard	Nothing to declare
Jenny Basran	Nothing to declare	Janet Reynolds	Nothing to declare
Denise Campbell-Scherer	Nothing to declare	Jai Richards	Nothing to declare
Kara Carlson	Nothing to declare	Barbara Sanderson	Nothing to declare
Bruce Craven	Nothing to declare	Eileen Szabo	Nothing to declare
Heather Conacher	Nothing to declare	Lilian Thorpe	Nothing to declare
Zach Dumont	Nothing to declare		
Susan Hayton	CMPA Council Member - non-profit organization - I receive an honorarium for sitting on this council. Also, part of the group that recently created a Conscientious Objection policy for the College of Physicians and Surgeons of Saskatchewan	Planning Committee Members	
Jason Hosain*	Nothing to declare	Debbie Bathgate	Nothing to declare
Daphne Kemp	Nothing to declare	Jennifer Begin	Nothing to declare
Tessa Laubscher	Nothing to declare	Jill Farrukh	Nothing to declare
Janine Lefevre	Nothing to declare	Jason Hosain	Nothing to declare
Meredith McKague	Nothing to declare	Karen Jensen	Nothing to declare
Steven Pooler	Nothing to declare	Andries Muller	Abbott Labs– Speaker fee received in November 2013.

*Planning Committee Member

Conference Floor Map: Upper & Lower Levels



Conference **SPEAKERS**



Zack Dumont

Zack Dumont graduated from the University of Saskatchewan with a Degree in Pharmacy in 2008. He completed a hospital pharmacy residency in Regina the following year, and is currently the Regina Qu'Appelle Health Region

Clinical Support Pharmacist. His clinical interests include Internal Medicine and Cardiology, with designated practice in patient internal medicine. His other responsibilities include providing clinical support to the Pharmacy and Therapeutics Committee, and precepting the Pharmacy Residency evidence-based medicine rotations. Zack also works part time with the RxFiles as an Academic Detailer, medSask as a Medication Information Consultant, and in an independent community pharmacy.



Daphne Kemp

Daphne has worked in the human service field for 25 years and is currently the Fall Reduction and Injury Prevention Coordinator for the Saskatoon Health Region. She is the regional and provincial resource as a Safety Specialist and Health Educator providing

support to the 2,200 people in 30 Long Term Care Homes, Acute Care sites, and communities throughout the region. Daphne chairs and is a member of an extensive list of fall reduction advisory committees and has been instrumental in the implementation of numerous fall prevention projects/programs that exist today. In addition, Daphne acts as a collaborator for fall prevention research, is involved with policy development, and provides training to staff, students, families, and communities on safety issues. Daphne is a Social Worker by profession with a passion both personally and professionally for the safety and quality of life for Older Adults. Her goal is to empower others on the implementation of a safety culture that embeds fall prevention into everything we do based in best practice while balancing dignity of risk.



Denise Campbell-Scherer, MD, PhD, CCFP, FCFP

Denise L. Campbell-Scherer is Associate Professor in the Department of Family Medicine, University of Alberta, and a practicing family physician, researcher and teacher. She is co-Lead with Dr. Arya Sharma for

the "Implementation and validation of the 5As framework of obesity in primary care: the 5As Team (5AsT) project." The goal of the study is to increase the quality and quantity of obesity management in primary care by using the 5AsT intervention to change provider behaviour. Dr. Campbell-Scherer's research focuses on innovations to transform clinical practice and result in change of benefit to patients, providers and the healthcare system. She has been active in the BETTER and BETTER2 projects (www.better.utoronto.ca) that are seeking to transform primary prevention and screening of multiple conditions in diverse regions of Canada. Dr. Campbell-Scherer is an Associate Editor for the journal Evidence-based medicine, BMJ publishing group: <http://ebm.bmj.com>.

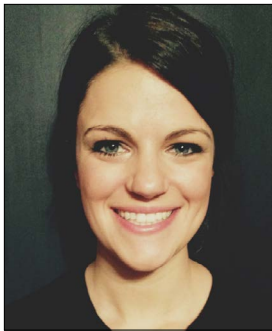


Meredith McKague

Meredith completed her medical training at University of Saskatchewan, Family Medicine residency at Queen's, and a Master's in Health Care Research at University of Calgary. She is an associate professor with the Department of

Academic Family Medicine at the University of Saskatchewan College of Medicine. She is involved in curriculum planning, teaching and administration at the medical school, and has an interest in communication skills. She is family physician to a range of patients from newborns to the very elderly at Westwinds Health Centre, a primary health centre in the west end of Saskatoon.

Conference **SPEAKERS**



Kara Carlson B.A.

Kara Carlson is from Rosetown, Saskatchewan and lives with her husband and two young children. She completed her Honors Degree in Psychology from the University of Saskatchewan and currently works as a Program

Facilitator at BridgePoint Center for Eating Disorders. Kara also works as a Child and Youth Counsellor for the Sun West School Division.



Janine Lefevre, RD

Janine Lefevre was born and raised on a farm just outside of Rosetown. She attended the University of Saskatchewan where she completed her Bachelor of Science in Nutrition degree. Janine moved back home to Rosetown, and began

working at BridgePoint after graduation. Currently Janine is working as a Community Dietitian for Heartland Health Region.



Barbara Sanderson, RP

Barbara Sanderson lives with her husband on a farm near Rosetown. They have three children and five wonderful grandchildren. She is a Registered Psychologist and Canadian Certified Counsellor and works at BridgePoint.

Barbara also has a private counselling practice in Rosetown.



Lilian Thorpe MD Ph.D., FRCP

Dr. Thorpe is a geriatric psychiatrist and has dual academic appointments as Professor of Psychiatry and Community Health and Epidemiology at the University of Saskatchewan.

She obtained her M.D. at

the University of Toronto, completed her residency in psychiatry at the University of Saskatchewan, and obtained her Ph.D. in Community Health and Epidemiology at the University of Saskatchewan. She is a member of the RCPS of Canada Specialty Committee for Geriatric Psychiatry, and was part of two of the recent Canadian Consensus conferences on the treatment of dementia. Dr. Thorpe has particular interest in working with adults who have cognitive impairment, providing services in inpatient consultation settings, the Geriatric Assessment Program and nursing homes. Dr. Thorpe provides clinical teaching for students and residents at various levels of training and also directs the annual College of Medicine LMCC review course in epidemiology, health care organization and ethics, as well as the annual critical appraisal course for all medical residents. She is actively involved in numerous research projects and supervises graduate students at the University of Saskatchewan.



Dr Eileen Mary Szabo BSc., MD, FRCPC

Eileen received her undergraduate training in Physiology BSc, Adv, at the University of Saskatchewan. She completed her Medical Degree at the University of Szeged, Hungary, Medical School in 1991

and completed her degree in Internal Medicine at the University of Saskatchewan. She went on to complete a fellowship training in Lasers and cutaneous Dermatology at the Beth Israel

Conference **SPEAKERS**

Hospital, Boston, Massachusetts, and Harvard Medical School. Upon completion, Eileen came back to Saskatoon and practices both internal medicine and adult dermatology. She works at all three hospitals in Saskatoon, and also teaches and supervises students at Student Health at the University of Saskatchewan.



**Julia Bareham, BSP, MSc
Pharmacist – RxFiles
Academic Detailing Service
- Long Term Care Project**

Julia is a graduate of the University of Saskatchewan's College of Pharmacy and Nutrition where she earned her Bachelor of

Science of Pharmacy in 2008. She returned to the University of Saskatchewan a few years later and received her Masters of Science in the division of Pharmacy focusing on Comprehensive Medication Management in 2015. Her current work with the RxFiles Long-Term Care Project is focused on optimizing medication use in long-term care and the older adult population.



Fred Remillard

Dr. Fred Remillard was born in Winnipeg, Manitoba. He obtained two Bachelor of Science degrees in Microbiology and in Pharmacy at the University of Manitoba, and a Doctor of Pharmacy at the Philadelphia College of

Pharmacy & Science in Philadelphia, Pennsylvania. Dr. Remillard is Board Certified in Psychiatric Pharmacy. He is currently the Associate Dean, Research and Graduate Affairs, and Professor of Pharmacy, at the College of Pharmacy & Nutrition, Associate Member Department of Psychiatry, College of Medicine, University of Saskatchewan and is a Clinical Psychopharmacology Consultant at the Dube Centre for Mental Health, Royal

University Hospital. Dr. Remillard's major teaching area is Clinical Psychopharmacology and he has made numerous presentations at major health professional conferences, both at the national and international level. His research interests include all areas of Clinical Psychiatry and Psychopharmacology with publications in both refereed professional journals and book chapters.

Dr. Tessa Laubscher MBChB, CCFP, FCFP

Dr. Laubscher received her medical education at the University of Cape Town in South Africa. She started working in Canada as a Locum Physician in northern Saskatchewan in 1990, and remained in the community of La Ronge for 9 years. During this time, she specialized in Family Medicine, and developed an interest in medical education, quality improvement and chronic disease management. Since 1999, Dr. Laubscher's work in Saskatoon has included family practice, medical education and research. She currently works half-time in family practice and half-time in diabetes and chronic disease management. She is the physician cochair in the Saskatchewan CDM QIP program and the Clinical Pathway for Lower Extremity Wounds, and a physician advisor to the Rx Files Academic Detailing Program.

Steven Pooler

Dr. Pooler is a practicing general surgeon at the Regina General Hospital and Assistant Professor of Surgery at the University of Saskatchewan College of Medicine. Dr. Pooler specializes in Advanced Laparoscopic Surgery and Bariatric Surgery. He completed his undergraduate training in at the University of Regina before attending medical school at the University of Saskatchewan (Class of 2003). His General Surgery residency training was completed at Dalhousie University in Halifax, Nova Scotia followed by a Fellowship in Advanced Laparoscopic Surgery and Bariatric Surgery at McMaster University in Hamilton, Ontario. Dr. Pooler began practice at the RGH in 2008 and is actively involved in both clinical and academic practices.

Conference **SPEAKERS**



Jenny Basran, MD

Jenny Basran is an associate professor of Medicine and Head of the Division of Geriatric Medicine at the University of Saskatchewan. She did most of her medical training here, where she was chief resident in Internal Medicine. Dr. Basran went to

the University of Calgary for her Geriatric Medicine Fellowship training. Dr. Basran's research interests include medical education, models of care and technology to help older adults age successfully. She is the recipient of numerous grants with over one hundred abstracts, publications and national and international presentations to date. She is in the middle of a 6-month, 7-city tour as the keynote speaker for the Government of Australia's Aged Care Quality Summit and recently returned from speaking in New Zealand. She has been involved in initiatives for seniors at the local, provincial and national level. Dr. Basran is currently working with several health regions to improve the care of older adults along the entire continuum of care. She has served several roles on the executive of the Canadian Geriatric Society, the Alzheimer Society Board and is currently a core team member of the Canadian Agency for Drug and Technology in Health. She has received several awards for teaching, as well as her work with dementia patients, including the Queen Elizabeth II Diamond Jubilee Medal, and the Alzheimer Society Lifetime Membership Award. She was recently named the Saskatchewan Medical Association's Physician of the Year. Her most unique award however was winning first prize at McGill University's Hackathon - Hacking Health - for developing a caregiver app.



Susan Hayton

Dr. Hayton graduated from the College of Medicine at the University of Saskatchewan in 1985. She completed a Rotating Internship and General Surgical Residency in Calgary and practiced General Surgery in Calgary,

and then Saskatoon until 2008. She subsequently transitioned to practicing Emergency Medicine and Family Medicine, and in 2008 entered the College of Law and completed a Law Degree as well as a Master of Laws Degree focused on "Accommodation of Religious and Cultural Differences in Medical School Training". Dr. Hayton is a Council member and member of the Executive Committee of the Canadian Medical Protective Association (CMPA), representing Saskatchewan, Northwest Territories and Nunavut. She is currently a member of the Academic Family Medicine Department, practicing Family Medicine at West Winds Primary Health Centre. She is responsible for, and teaches Ethics and Medico-Legal Education in the College of Medicine.



Heather Conacher

Heather completed her MD in 1993, and her Family Practice in 1995, both at the University of Saskatchewan. She also did two years of General Practice in Zululand, South Africa and returned to Saskatoon and did Family Practice for four

years. She completed Psychiatry at University of Saskatchewan in 2006. Currently, she practicing General Adult Psychiatry and has a Private Practice.

Conference **SPEAKERS**



Jai Richards

Jai Richards is a Registered Psychologist (Provisional) and Certified Canadian Counsellor working for the Saskatoon Health Region's Adult Community Mental Health & Addiction Services. He primarily works with individuals with severe

trauma backgrounds, individuals charged with intimate partner violence and individuals who have committed a sexual offence. He also operates a private counseling practice where his focus is working with members of the queer community, particularly with transgender individuals who are considering transition. Prior to his work as a therapist, Jai worked in the not-for-profit sector for more than twenty years. He was the Executive Director of OutSaskatoon (previously The Avenue Community Centre for Gender & Sexual Diversity), until leaving for the health region full-time in 2013. He has also worked for Communities for Children, Youthquest! Lesbian & Gay Youth Society of British Columbia, North Island AIDS Coalition and many other community-based organizations. In his spare time, Jai likes to watch movies and spend time with his amazing wife, Nicole!

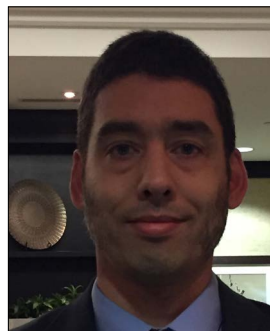


Bruce Craven, MSc., BSPE, BSc(PT), Dip Sport PT, CSCS

Bruce and his wife Karen are proud owners of Craven SPORT Services in Saskatoon. Bruce is a consultant providing expertise in the areas of Exercise Physiology, Strength and Conditioning,

Performance Analysis and Sport Physiotherapy for the Sport Medicine and Science Council of Saskatchewan, and the Canadian Sport Center Saskatchewan. Bruce has been involved with Own the Podium's National Sport Science and

Medicine Advisory Committee. He has also been the Integrated Support Team lead for the Canadian Paralympic Committee for the Canadian Sport Center Saskatchewan. Bruce is an Associate Clinical Professor in the School of Physical Therapy, and a Sessional Lecturer in the College of Kinesiology at the University of Saskatchewan. Bruce has presented at various provincial, national and international conferences, and is an instructor/examiner for Sport Physiotherapy Canada and the Canadian Coaches Association. As a sport physiotherapist Bruce has had the opportunity to work with athletes in over 30 different sports competing at the provincial, national, world and Olympic levels. At the national level Bruce has worked as a consultant/therapist with the National Goalball Team, National Figure Skating Team, National Sailing Team and the Canadian Hockey Association. Bruce and his wife have 3 kids.



Jason Hosain, MD, CCFP

is an Assistant Professor in the Department of Family Medicine at the University of Saskatchewan. He currently practices as a family physician at West Winds Primary Health Centre in Saskatoon.

Dr. Hosain is a graduate of the University of Saskatchewan's College of Medicine (2003). His research areas of interest are in primary care obstetrics and medical informatics.

Saskatchewan FACULTY

Jenny Basran

Associate Professor
Department of Medicine

Jason Hosain

Assistant Professor
Department of Family Medicine

Steven Pooler

Clinical Assistant Professor
Department of Surgery

Jennifer Begin

Clinical Assistant Professor
Department of Family Medicine

Tessa Laubscher

Clinical Associate Professor
Department of Family Medicine

A.J. (Fred) Remillard

Professor
College of Pharmacy & Nutrition
Associate Member
Department of Psychiatry

Heather Conacher

Clinical Assistant Professor
Department of Psychiatry

Meredith McKague

Associate Professor
Department of Family Medicine

Eileen Szabo

Clinical Associate Professor
Department of Medicine

Jill Farrukh

Assistant Professor
Department of Family Medicine

Andries Muller

Associate Professor
Department of Family Medicine

Lilian Thorpe

Professor
Community Health and
Epidemiology

Susan Hayton

Assistant Professor
Department of Family Medicine

Saskatchewan Medical Association

CONTINUING MEDICAL EDUCATION FUND

The Continuing Medical Education Fund assists physicians with the costs associated with continuing medical education courses and materials. Physicians may make one or more applications during a calendar year (January 1 to December 31) or may allow the funds to carry over for use in the following year. (i.e. a physician can “bank” one year’s entitlement and claim for two years worth of entitlement in the subsequent year. The maximum carry-over period is one year.) Applications must be received by January 15 following the year in which the entitlement is due to expire.

Download the CME Fund application form

An extra \$1,000 is available for eligible CME activities in 2015. The SMA is encouraging physicians to use the extra portion of CME funding for activities related to improving leadership skills and strengthening abilities to lead system transformation.

Please note that the typical processing time for CME applications is two weeks after they are received. If you would like to know what your CME balance is, please log onto the members side of the website by clicking the “My SMA Member’s Area” button to the right.

Please contact the SMA office at 1-306-244-2196, 1-800-667-3781 or sma@sma.sk.ca if you have any questions about the CME Fund.

Coming EVENTS

Continuing Medical Education Coming Events



www.usask.ca/cme

Contact Us:

Phone: 306-966-7787

Email: cme@usask.ca

Twitter: @CME_UofS

CONFERENCES

PRACTICAL MANAGEMENT OF COMMON MEDICAL PROBLEMS (PMCMP)	Saskatoon	November 20 – 21, 2015
POGO – WOMEN'S & CHILDREN'S HEALTH	Regina	February 4 - 5, 2016
DRUG THERAPY	Saskatoon	March 18 - 19, 2016
PRACTICAL ORTHOPEDICS	Saskatoon	May 13 - 14, 2016

Refer to the CME website regularly for updates

<http://www.usask.ca/cmelearning>

SPONSORS & EXHIBITORS

Educational grants from the following exhibitors are gratefully acknowledged.
Please ensure you visit their displays in the Galaxy B Ballroom.

SILVER LEVEL SUPPORT



EXHIBITORS

CADTH - Canadian Agency for Drugs and Technologies in Health

RxFiles Academic Detailing Program

Saskatoon Health Region - Fall Prevention Strategy

SHIRP - Saskatchewan Health Information Resources Program

Canada Vigilance Program - Health Canada

Screening Programs - Saskatchewan Cancer Agency

Thank you for attending PMCMP 2015.

We hope your experience was enjoyable and your learning needs were met.

We invite you to attend PMCMP 2016 in Saskatoon, SK November 18-19, 2016.

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Planning a Continuing Medical Education Event? We can help!

The College of Medicine, University of Saskatchewan, is a strong supporter of outreach education for all physicians in Saskatchewan.

Continuing Medical Education Division College of Medicine

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Office Hours:
8:30 a.m. - 4:30 p.m.
Monday - Friday