

Friday, November 26, 2021			
7:45 AM	Attendee Sign-in		
8:00 AM	Welcome, Treaty Land Acknowledgement, Virtual Housekeeping		Dr. Sarah Liskowich
<b>Keynote #1</b>			
8:05 - 9:05 AM	45	<b>Pain in Indigenous People - Trauma Informed Care</b>	<b>By the end of this session, learners will be able to:</b> Explore pain management in Indigenous peoples through the lens of Western medicine, culture and trauma informed care. Examine culturally safe and trauma-informed pain care through an Indigenous lens.
	15	Q&A	
10 minute break			
<b>Plenary #2</b>			
9:15 - 10:15 AM	45	<b>Dual Diagnosis - Management of Patients with Chronic Pain and Substance Use Disorder</b>	Optimize management of patients with a dual diagnosis of addictions and chronic pain.
	15	Q&A	
10 minute break			
<b>Plenary #3</b>			
10:25 - 11:25 AM	45	<b>Depression in Chronic Pain and Mind-Body Interventions</b>	<b>By the end of this session, learners will be able to:</b> Identify the epidemiology and then treatments for depression in chronic pain including mind-body interventions.
	15	Q&A	
10 minute break			
<b>Communications Tool Box Sessions</b>			
11:35 AM - 12:35 PM	15	<b>Counselling Strategies in the Management of Chronic Pain</b>	Use CBT, ACT, and other counselling approaches in the management of chronic pain.
	5	Q&A	
	15	<b>Lessons Learned During a Pandemic: Strategies and Evidence to Optimize Virtual Care for Pain</b>	Review evidence and best practices for equitable delivery of virtual care for patients with chronic pain to optimize evidence-informed practice.
	5	Q&A	
	15	<b>Medication Coverage for Chronic Pain Patients</b>	Identify types of coverage and restrictions of commonly prescribed medications for chronic pain from different plans including the Sask Formulary, EDS and NIHB.
	5	Q&A	
12:35 PM	Closing Remarks		Dr. Sarah Liskowich

Saturday, November 27, 2021			
7:45 AM	Attendee Sign-in		
8:00 AM	Welcome, Treaty Land Acknowledgement, Virtual Housekeeping		Kelly Kizlyk
<b>Plenary #5</b>			
8:05 - 9:05 AM	45	<b>Medication Management for Chronic Pain Patients on Benzodiazepines, Antipsychotics and Gabapentinoids</b>	Recognize the risks and benefits of medication combinations and how to safely taper where indicated.
	15	Q&A	
10 minute break			
<b>Plenary #6</b>			
9:15 - 10:15 AM	45	<b>Trauma/ACEs and the Relationship with Chronic Pain</b>	Examine the relationship between chronic pain, trauma, and adverse childhood experiences, and offer support to build resilience and coping skills in people living with chronic pain.
	15	Q&A	
10 minute break			
<b>Movement Strategies Tool Box Sessions</b>			
10:25 - 11:25 AM	15	<b>Resources on Prescribing Exercise</b>	Select from a range of resources to support exercise prescribing for patients with chronic pain.
	5	Q&A	
	30	<b>Assessment and Physical Strategies for Chronic Pain</b>	Implement basic movement strategies as part of a chronic pain management care plan.
	10	Q&A	
10 minute break			
<b>Plenary #8</b>			
11:35 AM - 12:35 PM	45	<b>Organizational Wellness</b>	Discuss the elements and foundations of developing organizational wellness. Introduce the College of Medicine CME Wellness Program and Departmental Initiatives.
	15	Q&A	
12:35 PM	Closing Remarks		Kelly Kizlyk