

Pain & Therapeutics Conference 2025

HEALTH SCIENCES BUILDING, USASK | SASKATOON, SK

SATURDAY, MARCH 22, 2025



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
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7:30 AM	30	Registration & Breakfast	B-Wing Atrium
8:00-8:15 AM	15	Welcome, Treaty Land Acknowledgement Dr. Radhika Marwah	GB03
Plenary Sessions			
8:15-9:15 AM	45 15	Indigenous Trauma and Equity Informed Care in Pain Dr. Veronica McKinney •Identify the impact of Indigenous trauma on pain •Recognize actionable strategies for delivering culturally sensitive, equity-informed pain care. Q&A	GB03
9:15-10:15 AM	45 15	Chronic Pain, Mental Health & Substance Use Dr. Rob Tanguay •Define the links between chronic pain, mental health, and substance use •Apply integrated care strategies. Q&A	
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
10:30-11:15 AM	30 15	Opioids in Pediatric Care Dr. Samina Ali •Evaluate effective and safe opioid use in pediatric pain management •Identify best practices for optimizing treatment outcomes. Q&A	GB03
10:30-11:15 AM	30 15	Psychedelics in Pain Management Dr. Rob Tanguay •Analyze emerging evidence on psychedelics in pain management •Identify practical guidelines for their safe and effective clinical use. Q&A	GB06
10:30-11:15 AM	30 15	TBD TBD Q&A	GB10
Stretch Break (5 minutes)			
Plenary Session			
11:20 AM - 12:20 PM	45 15	Advocacy in Pediatric Pain Care Dr. Samina Ali •Determine effective and standardized pain management for children. Q&A	GB03
Lunch/Exhibits (40 minutes)			
Plenary Session			
1:00-2:30 PM	65 25	Interdisciplinary Case Study Panel - Handling Patient Complexity and Comorbidities Moderator: Kelly Kizlyk Panel: Dr. Ratheesh Nair, Family Physician Hillary Wand, Social Worker Christelle Zacharki, Pharmacist Bree Rutten, Physiotherapist Erin Beckwell, Person with Liver Experience •Understand the significance of pain narrative and validating patient's chronic pain concerns. •Learn important aspects of chronic pain assessment including the functional aspect and psycho-social assessment •Identify the primary care based approach of multi-disciplinary pain management inclusive of mind, movement and medication (3M) as a team-based approach. Q&A	GB03
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
2:45-3:30 PM	30 15	Pain in a Rural Healthcare Setting Dr. Stacey Lovo •Identify unique challenges and discuss practical strategies for managing pain effectively in rural healthcare settings. Q&A	GB03
2:45-3:30 PM	30 15	Chronic Pain in Older Adults Dr. Radhika Marwah & Dr. Katelyn Halpape •Identify how living situation, psycho social and cognition status impacts pain management in older adults Q&A	GB06
2:45-3:30 PM	30 15	TMJ: Co-Management of Dental Pain Dr. Kabir Virdi & Richard Bourassa •Develop effective strategies for the co-management of TMJ disorders and dental pain through a collaborative approach. Q&A	GB10
Stretch Break (5 minutes)			
Plenary Session			
3:35-4:35 PM	45 15	Clinical Pearls Frequently Asked Questions Panel Moderator: TBD Panel: TBD, Family Physician TBD, Social Worker Christelle Zacharki, Pharmacist Bree Rutten, Physiotherapist •Identify how to handle presentation of pain in a day to day clinical setting Q&A	GB03
4:35-4:45 PM	10	Closing Remarks Dr. Radhika Marwah	GB03