

# Pain & Therapeutics Conference 2025

HEALTH SCIENCES BUILDING, USASK | SASKATOON, SK

SATURDAY, MARCH 22, 2025



UNIVERSITY OF SASKATCHEWAN  
College of Medicine  
DIVISION OF CONTINUING MEDICAL EDUCATION  
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SATURDAY, MARCH 22, 2025			B-Wing Atrium
7:30 AM	30	Registration & Breakfast	
8:00-8:15 AM	15	Welcome, Treaty Land Acknowledgement   Dr. Radhika Marwah	GB03
Plenary Sessions			
8:15-9:15 AM	45 15	Advocacy in Pediatric Pain Care   Dr. Samina Ali •Determine effective and standardized pain management for children. Q&A	GB03
9:15-10:15 AM	45 15	Chronic Pain, Mental Health & Substance Use   Dr. Melissa Holowaty •Define the links between chronic pain, mental health, and substance use •Apply integrated care strategies. Q&A	
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
10:30-11:30 AM	45 15	Opioids in Pediatric Care   Dr. Samina Ali •Evaluate effective and safe opioid use in pediatric pain management •Identify best practices for optimizing treatment outcomes. Q&A	GB06
10:30-11:30 AM	45 15	Expanding the Toolbox: Buprenorphine for Chronic Pain   Dr. Melissa Holowaty • Describe buprenorphine mechanism of action • Apply its use to appropriate scenarios Q&A	GB03
10:30-11:30 AM	45 15	Canadian Guidelines for Opioids for Chronic Non-Cancer Pain   Dr. Norm Buckley •Understand how to align clinical practice with the Canadian Guidelines for Opioids in Chronic Non-Cancer Pain, focusing on patient safety, ethical considerations, and effective decision-making. •Develop actionable strategies for setting and achieving goals in opioid prescribing and pain management, aiming to improve patient outcomes and minimize risks in 2025. Q&A	GB10
Stretch Break (5 minutes)			
Plenary Session			
11:35 AM - 12:35 PM	45 15	Indigenous Trauma and Equity Informed Care in Pain   Dr. Veronica McKinney •Identify the impact of Indigenous trauma on pain •Recognize actionable strategies for delivering culturally sensitive, equity-informed pain care. Q&A	GB03
Lunch/Exhibits (40 minutes)			
Plenary Session			
1:15-2:45 PM	65 25	Interdisciplinary Case Study Panel - Handling Patient Complexity and Comorbidities Moderator: Kelly Kizlyk Panel: Dr. Ratneesh Nair, Family Physician   Hillary Wand, Social Worker   Christelle Zacharki, Pharmacist   Bree Rutten, Physiotherapist   Dr. Godwin Udoh, Psychiatrist   Janet Gunderson, Person with Lived Experience •Understand the significance of pain narrative and validating patient's chronic pain concerns. •Learn important aspects of chronic pain assessment including the functional aspect and psycho-social assessment •Identify the primary care based approach of multi-disciplinary pain management inclusive of mind, movement and medication (3M) as a team-based approach. Q&A	GB03
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
3:00-3:45 PM	30 15	First Nation and Métis Community-Directed Models of Care for Management of Pain in Rural and Remote Settings   Dr. Stacey Lovo •Identify unique challenges and discuss practical strategies for managing pain effectively in rural and remote healthcare settings. Q&A	GB03
3:00-3:45 PM	30 15	Chronic Pain in Older Adults   Dr. Radhika Marwah & Dr. Katelyn Halpape •Identify how living situation, psycho social and cognition status impacts pain management in older adults Q&A	GB06
3:00-3:45 PM	30 15	TMJ: Co-Management of Dental Pain   Dr. Kabir Virdi & Richard Bourassa •Develop effective strategies for the co-management of TMJ disorders and dental pain through a collaborative approach. Q&A	GB10
Stretch Break (5 minutes)			
Plenary Session			
3:50-4:50 PM	60	Clinical Pearls   Frequently Asked Questions Panel Moderator: Dr. Susan Tupper Panel: Dr. Radhika Marwah, Family Physician   Jennifer King, Social Worker   Christelle Zacharki, Pharmacist   Bree Rutten, Physiotherapist •Identify how to handle presentation of pain in a day to day clinical setting	GB03
4:50-5:00 PM	10	Closing Remarks   Dr. Radhika Marwah	GB03