

## Pain & Therapeutics Conference 2025

### Saturday, March 22, 2025

8:00 am - 4:45 pm Health Sciences Building, University of Saskatchewan Saskatoon, SK



#### **Target Audience:**

Family & specialist physicians, nurses, nurse practitioners, pharmacists, physiotherapists, dentists, social workers, residents, researchers, health sciences students. All other healthcare professionals are encouraged to attend.

#### **Learning Objectives:**

#### At the end of this conference, participants will be able to:

- Apply culturally sensitive, equity-informed care strategies to manage pain in Indigenous populations.
- Integrate mental health and substance use considerations into chronic pain management.
- Assess and implement effective and safe practices for opioid use in pediatrics, psychedelics in pain management, and long-term care settings.
- Discuss how living situations, psychosocial factors, and cognitive status impact pain perception and management in older adults, and explore multidisciplinary strategies to optimize therapeutic outcomes
- Review the Canadian Guidelines for Opioids for Chronic Non-Cancer Pain, discussing their implications for safe and effective opioid use, and identifying strategies to balance pain management with risk reduction in diverse patient populations.
- Develop practical strategies for handling complex pain cases, including those in rural settings and involving TMJ dysfunctions.

# Conference Fees Health Care Providers | \$200 + Tax Students/Residents | \$100 + Tax People with Lived Experience | Free with support from Health Canada CLICK TO REGISTERL Conference Webpage - Website Email for more info: cme.events@usask.ca

This conference has received an educational grant from the Royal University Hospital Foundation's Peter and Anna Zbeetnoff Memorial Fund.

The views expressed herein do not necessarily represent the views of Health Canada.

**Royal College of Physicians and Surgeons of Canada:** This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Medical Education Division, University of Saskatchewan for up to **6.75** credit hours.

**The College of Family Physicians of Canada:** This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Medical Education Division, University of Saskatchewan for up to **6.75** Mainpro+ credits.

**Other Healthcare Professionals**: Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

