

Saskatchewan Women's Midlife Health Conference 2025



<h2>Menopause: A Time for Change</h2>	
<h3>Hybrid Conference for Healthcare Providers</h3>	
Women's Midlife Health Program	
West Winds Primary Health Center, University of Saskatchewan	
Saskatoon, Saskatchewan	
Saturday June 7, 2025	
7:30	Registration
8:00	Welcoming Remarks - Dr Vicki Holmes
8:15	Symptomatology and Diagnosis of the Perimenopause and Menopause - Dr Angela Baerwald
8:35	Non-Hormonal Treatment Options for Vasomotor Symptoms - Dr Susan Goldstein (virtual)
8:55	Menopausal Hormone Therapy - Dr Paige Grenier
9:15	Q&A
9:30	Break/Exhibits
9:45	Genitourinary Symptoms of Menopause - Dr Shafeena Premji (virtual)
10:05	Sleep and Mental Health during the Perimenopause and Menopause - Dr Rachana Bodani
10:25	Sexual Health during the Perimenopause and Menopause - Dr Renee Morissette
10:45	Q&A
11:00	Break/Exhibits
11:15	Risk Assessment for Menopause Therapy - Dr Denise Black
11:35	Management of Side Effects of Menopausal Therapy - Dr Kelsey Mills (Virtual)
11:55	Health Care Provider & Patient Resources on Menopause Care - Elaine Brecelj & Sarah Nixon Jackle
12:15	Lunch & Networking
13:30	Interactive Break-Out Sessions/ Simulations
13:30	A. Endometrial Biopsies & IUD Insertions (Breakout Room 1) - Dr Angela Baerwald and Renee Morissette
14:00	B. Pelvic Floor Health (Breakout Room 2) - Dr Anette Epp and Christine Epp
14:30	C. Pharmaceutical Exhibits (Breakout Room 3) - Taisa Trischuk (Rx Files)
15:00	D. Clinical Cases (Main Floor Theatre) - Dr Tracey Guselle
15:30	Closing Remarks

Support • Inform • Inspire

We are committed to improving women's lives through better health during mid-life and beyond.