

Pain & Therapeutics Conference 2025

HEALTH SCIENCES BUILDING, USASK | SASKATOON, SK

SATURDAY, MARCH 22, 2025



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
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7:30 AM	30	Registration & Breakfast	B-Wing Atrium
8:00-8:15 AM	15	Welcome, Treaty Land Acknowledgement Dr. Radhika Marwah	GB03
Plenary Sessions			
8:15-9:15 AM	45	Indigenous Trauma and Equity Informed Care in Pain Dr. Veronica McKinney •Identify the impact of Indigenous trauma on pain •Recognize actionable strategies for delivering culturally sensitive, equity-informed pain care.	GB03
	15	Q&A	
9:15-10:15 AM	45	Chronic Pain, Mental Health & Substance Use Dr. Rob Tanguay •Define the links between chronic pain, mental health, and substance use •Apply integrated care strategies.	GB03
	15	Q&A	
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
10:30-11:30 AM	45	Opioids in Pediatric Care Dr. Samina Ali •Evaluate effective and safe opioid use in pediatric pain management •Identify best practices for optimizing treatment outcomes.	GB06
	15	Q&A	
10:30-11:30 AM	45	Psychedelics in Pain Management Dr. Rob Tanguay •Analyze emerging evidence on psychedelics in pain management •Identify practical guidelines for their safe and effective clinical use.	GB03
	15	Q&A	
10:30-11:30 AM	45	Canadian Guidelines for Opioids for Chronic Non-Cancer Pain Dr. Norm Buckley •Understand how to align clinical practice with the Canadian Guidelines for Opioids in Chronic Non-Cancer Pain, focusing on patient safety, ethical considerations, and effective decision-making. •Develop actionable strategies for setting and achieving goals in opioid prescribing and pain management, aiming to improve patient outcomes and minimize risks in 2025.	GB10
	15	Q&A	
Stretch Break (5 minutes)			
Plenary Session			
11:35 AM - 12:35 PM	45	Advocacy in Pediatric Pain Care Dr. Samina Ali •Determine effective and standardized pain management for children.	GB03
	15	Q&A	
Lunch/Exhibits (40 minutes)			
Plenary Session			
1:15-2:45 PM	65	Interdisciplinary Case Study Panel - Handling Patient Complexity and Comorbidities Moderator: Kelly Kizlyk Panel: Dr. Ratneesh Nair, Family Physician Hillary Wand, Social Worker Christelle Zacharki, Pharmacist Bree Rutten, Physiotherapist Dr. Godwin Udoh, Psychiatrist Janet Gunderson, Person with Lived Experience •Understand the significance of pain narrative and validating patient's chronic pain concerns. •Learn important aspects of chronic pain assessment including the functional aspect and psycho-social assessment •Identify the primary care based approach of multi-disciplinary pain management inclusive of mind, movement and medication (3M) as a team-based approach.	GB03
	25	Q&A	
Nutrition/Networking Break (15 minutes)			
Concurrent Sessions			
3:00-3:45 PM	30	First Nation and Métis Community-Directed Models of Care for Management of Pain in Rural and Remote Settings Dr. Stacey Lovo •Identify unique challenges and discuss practical strategies for managing pain effectively in rural healthcare settings.	GB03
	15	Q&A	
3:00-3:45 PM	30	Chronic Pain in Older Adults Dr. Radhika Marwah & Dr. Katelyn Halpape •Identify how living situation, psycho social and cognition status impacts pain management in older adults	GB06
	15	Q&A	
3:00-3:45 PM	30	TMJ: Co-Management of Dental Pain Dr. Kabir Viridi & Richard Bourassa •Develop effective strategies for the co-management of TMJ disorders and dental pain through a collaborative approach.	GB10
	15	Q&A	
Stretch Break (5 minutes)			
Plenary Session			
3:50-4:50 PM	60	Clinical Pearls Frequently Asked Questions Panel Moderator: Dr. Susan Tupper Panel: Dr. Radhika Marwah, Family Physician Jennifer King, Social Worker Christelle Zacharki, Pharmacist Bree Rutten, Physiotherapist •Identify how to handle presentation of pain in a day to day clinical setting	GB03
	4:50-5:00 PM	10	