

## Canadian Fetal Health Surveillance (FHS) Education Program Registration Guidelines

|                                      | FHS Provider   | FHS Instructor   | FHS Instructor Trainer   |
|--------------------------------------|--|--|--|
| Eligibility                          | Any healthcare provider caring for the pregnant individual (antepartum or intrapartum) as part of their professional role. | <p>Physicians, registered nurses and midwives are eligible to apply.*</p> <p>Applicants must have relevant and ongoing experience with FHS in the antepartum and intrapartum patient.</p> <p>Applicants must have their sponsoring institution support Canadian FHS programming.</p> <p><i>*Other healthcare professionals may be eligible to apply if approved by their provincial committee, the Canadian FHS Steering Committee (C FHS SC) reserves the right to deny course attendance and/or revoke status if deemed that the candidate does not meet the eligibility criteria.</i></p> | <p>Physicians, registered nurses and midwives are eligible to apply.</p> <p>Provincial/regional committees or equivalent can select/nominate applicants.</p> <p>Applicants should have a defined relationship with the national/regional perinatal network, outreach program and or provincial/regional committee.</p> |
| Pre-requisites                       | <p>Be a licensed or regulated health professional; or</p> <p>A student of a licensed or regulated health profession.</p>   | <p>Successfully complete a FHS Fundamentals course at least 12 months prior to the instructor course, or at the discretion of the C FHS Steering committee.</p> <p>Successfully complete the FHS online exam within 12 months prior to the FHS Instructor course.</p> <p>Knowledge of current updates, Canadian practices and recommendations and practice changes.</p>  | <p>Be an experienced care provider and FHS instructor with current FHS Instructor status.</p> <p>Have taught at least 3 FHS Fundamental or Refresher Educational Programs in the past 3 years.</p>   |
| Registration & Continuing Competence | Understand the Canadian guidelines and recommendations within the Fundamentals of Fetal Health Surveillance.               | <p>Successfully complete an FHS Instructor Course and mentorship (defined provincially).</p> <p>Register as a FHS Instructor with the C FHS Education Program through the UBC CPD based Instructor Portal.</p>   | Candidates - Current list of potential mentors/mentorship opportunities sent to current Instructor Trainers for approval.  |

Created 2020; revised April 2022

Adapted from the Canadian Paediatric Society's NRP Registration Guidelines 2019

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|                   | <p>Successfully complete the C FHS online exam prior to the in person educational program.</p> <p>Successfully complete an in person educational program.</p>  |  | <p>Be approved by the C FHS Instructor Trainer Committee.</p> <p>Successfully teach a FHS Instructor course supervised by an experienced Instructor Trainer<sup>1</sup>.</p> <p>The provincial/regional committee or experienced Instructor Trainer must notify the national committee of a candidate's change in status from Instructor to Instructor Trainer. There is no extra fee to register as an Instructor Trainer.</p>   |
| Renewal of status | <p>Successfully complete the C FHS online exam and in person (or synchronous virtual) educational program every two years.</p> <p>There are various options for in person educational programs; individual centres may offer specific in person educational programs; the Fundamentals FHS educational program; or the Refresher FHS workshop.</p> <p>It is paramount that educational programs address teamwork and communication within the content.</p> | <p>Teach at least 3 FHS Provider/Refresher Educational Programs in a 3 year period. A 3-month extension may be granted in exceptional circumstances.</p> <p>Successfully complete the FHS online exam within 1 month of the renewal date.</p> <p>Renew FHS Instructor status with the C FHS Education Program (via) UBC CPD every 3 years.</p> <p>Participate in reading/contributing to provincial/territorial committee work; Instructor newsletter and webinar updates.</p> | <p>Teach at least 3 FHS Provider Educational Programs in a 3 year period. This may include mentoring new Instructor candidates.</p> <p>Teach at least 1 FHS Instructor Course or Instructor Update every cycle.</p> <p>Successfully complete the FHS online exam within 1 month of the renewal date.</p> <p>Renew FHS Instructor Trainer status with the C FHS Education Program (via UBC CPD) every 3 years.</p> <p>Participate in reading/contributing to provincial/territorial committee work; Instructor newsletter and webinar update</p> |

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| <b>Roles &amp; Responsibilities</b> | <p>Deliver care as per the current national standards of care related to FHS, this care should be relevant to their individual profession and experience.</p> <p>FHS is an educational tool to assist with assessment and care of the fetus in utero.</p> <p>Review the online content of the Fundamentals of FHS (via UBC CPD) and practice these skills in a multidisciplinary team on a regular basis.</p> <p>Maintain currency in FHS and changes to FHS guidelines and practice.</p> <p>Know and understand limitations, seek resources and assistance when required.</p> | <p>Teach FHS Fundamentals Educational Programs and Refresher Educational Programs.</p> <p>Maintain currency in FHS and changes to FHS guidelines and practice.</p> <p>Know their limitations, and seek resources and assistance when required.</p> <p>Maintain communication with national FHS committee or equivalent.</p> <p>Update contact information in the FHS Instructor profile in the database.</p> <p>FHS Instructors may be asked to undergo an evaluation of performance in keeping with national committee or equivalent guidelines.</p> | <p>Teach FHS Fundamentals Educational Programs, Refresher Educational Programs, and Instructor Programs.</p> <p>Participate in mentorship and performance evaluation of FHS participants and instructors as well as Instructor candidates.</p> <p>Provide consultation on FHS related issues to FHS Instructors and their institutions.</p> <p>Maintain currency in FHS and changes to FHS guidelines and practice.</p> <p>Know their limitations, and seek resources and assistance when required.</p> <p>Maintain communication with C FHS SC and Instructor Trainer Committee.</p> <p>Update information in the instructor profile in the FHS database at UBC CPD.</p> |
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<sup>1</sup> **Experienced Instructor Trainer (IT):**

- a) An experienced FHS IT should-
  - a. Have taught at least 5 FHS Instructor Workshops
  - b. Have Been an IT for at least 2 years
- b) The C FHS SC or provincial committee must identify and approve of an experienced FHS IT.

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