

CONTINUING MEDICAL EDUCATION

ANNUAL REPORT

May 1, 2023 - April 30, 2024



GLOSSARY

AIMS-SK*| Advancing Interprofessional Management of Substance Use Disorders in Saskatchewan

CACME | Committee on Accreditation of Continuing Medical Education

CanREACH-SK PPP Mini-Fellowship* | Canadian Research and Education for the Advancement of Children's Mental Health Patient-Centered Mental Health in Pediatric Primary Care (PPP) Mini-Fellowship

CaRMS | Canadian Resident Matching Service

CERS | Continuing Education in Rehabilitation Sciences

CFPC | College of Family Physicians of Canada

CAHR | Canadian Association for HIV Research Conference

CMP | Coach Mentee Pairs

CMA | Canadian Medical Association

CME | Continuing Medical Education

CoM | College of Medicine

Compas* | Coaching and Mentorship Program for Saskatchewan Physicians

CPD | Continuing Professional Development

CPE | Continuing Pharmacy Education

FD | Faculty Development

HCP | Health Care Providers

IMG* | International Medical Graduates

MOC | Maintenance of Certification

MoH | Ministry of Health, Government of Saskatchewan

MOU | Memo of Understanding

PaLM | Pathology and Laboratory Medicine

PCC* | Post-COVID Condition Program

PGME | Post-Graduate Medical Education

QI/QA | Quality Improvement/Quality Assurance

RISE | Research, Innovation and Scholarship in Education

SALPN | Saskatchewan Association of Licensed Practical Nurses

SCA | Saskatchewan Cancer Agency

SCPOR | Saskatchewan Centre for Patient-Oriented Research

SEMAC | Saskatchewan Emergency Medicine Annual Conference

SHA | Saskatchewan Health Authority

SIPPA* | The Saskatchewan International Physician Practice Assessment

SMA | Saskatchewan Medical Association

SPA | Saskatchewan Psychiatric Association

STBBI | Sexually Transmitted and Blood Borne Infections

STEPS* | STBBI Treatment Education Program for Saskatchewan

UGME | Undergraduate Medical Education

UofC | University of Calgary

USask | University of Saskatchewan

WHO | World Health Organization

MISSION STATEMENTS

University of Saskatchewan

MISSION

The University of Saskatchewan advances the aspirations of the people of the province and beyond through interdisciplinary and collaborative approaches to discovering, teaching, sharing, integrating, preserving, and applying knowledge, including the creative arts, to build a rich cultural community. An innovative, accessible, and welcoming place for students, educators, and researchers from around the world, we serve the public good by connecting discovery, teaching, and outreach, by promoting diversity and meaningful change, and by preparing students for enriching careers and fulfilling lives as engaged global citizens.

VISION

We will contribute to a sustainable future by being among the best in the world in areas of special and emerging strengths, through outstanding research, scholarly, and artistic work that addresses the needs and aspirations of our region and the world, and through exceptional teaching and engagement. We will be an outstanding institution of research, learning, knowledge-keeping, reconciliation, and inclusion with and by Indigenous peoples and communities.

College of Medicine

MISSION

As a socially accountable organization, we improve health through innovative and interdisciplinary research and education, leadership, community engagement, and development of culturally competent, skilled clinicians and scientists. Collaborative and mutually beneficial partnerships with Indigenous peoples and communities are central to our mission.

VISION

We are leaders in improving the health and well-being of the people of Saskatchewan and the world.

MESSAGES

Dr. Sarah Forgie Dean, College of Medicine



The Division of Continuing Medical Education (CME) plays a key role in enhancing the knowledge and expertise of health-care professionals across Saskatchewan. The CME team does this by offering a range of high-quality, accessible education that helps improve patient care.

Over the past year, the CME team has achieved many successes in its work. They have new professional development programs and resources including the updated cervical cancer screening guidelines, a trans-inclusive health care series, a post-COVID condition education program, and they have developed anti-racism training and a simulation fundamentals course.

CME's wellness program has also reached more people than ever this year, while existing training in areas such as pediatric mental health and substance use disorders continue to thrive. The weekly webinar series, which features education on timely topics by Saskatchewan experts, remains another popular resource for health-care professionals.

The CME team continues to collaborate with health science colleges and external stakeholders, including the Saskatchewan Health Authority. These partnerships help support professional development that meets the needs of health-care providers and the challenges they face.

Another important focus for CME is social accountability. The team helps ensure the programming reflects the diverse needs of the populations we serve. This reflects the college's ongoing commitment to support the health care needs of everyone in Saskatchewan.

Finally, I would like to extend my gratitude and thanks to the CME team for your hard work and commitment. Your dedication to continuing medical education is making a difference in the life of health-care professionals, their patients and the quality of health care in our province.

Sarah Forgie, MD, MEd Dean of Medicine

Dr. Kent Stobart Vice-Dean Education, College of Medicine

The Division of Continuing Medical Education (CME) continues to provide high-quality programming for health-care professionals, which improves patient care in our province. Their diverse offerings include accredited conferences, workshops and programs that address key health system priorities.

It has been a wonderful year for the Division of CME - two programs have received awards - the CanREACH-SK program and the Saskatchewan International Physician Practice Assessment (SIPPA) program.

CME offers specialized initiatives, such as the Coaching and Mentorship Program for Saskatchewan Physicians (CoMPAS), which pairs new physicians with trained coaches and mentors. In addition, CME works in partnership with other health science colleges to provide training, including the Advancing Interprofessional Management of Substance Use Disorders in Saskatchewan (AIMS-SK) Program and the Sexually Transmitted and Blood-borne Infections (STBBI) Treatment Education Program for Saskatchewan. Both programs have seen strong participation this year. There are many more programs and initiatives that you read about in this report, that support CME's local to global collaborative approach over this past year.

Finally, I congratulate Dr. Alex Wong, who received the CME Teaching Excellence Award earlier this year. Dr. Wong is recognized for his exceptional communication skills and ability to create an engaging experience with CME learners.

Thank you to the entire CME team for your dedication and ongoing work to shape the future of continuing medical education in our college. Your efforts help enrich learning for Saskatchewan health-care professionals and contribute to improved health outcomes.

Dr. James Barton Associate Dean, Continuing Medical Education



As healthcare continues to recover from the challenges brought on by the pandemic, the Division of Continuing Medical Education (CME) remains dedicated to supporting health care providers with new, engaging, and innovative programs. We are committed to helping you excel in your practice, providing educational opportunities that are accessible, high-quality, and relevant to your needs.

In 2017, our division offered only seven programs that were taken up by only 994 people. Today, we proudly offer 47 programs that, in 2023/2024, reached 5,389 participants. To better support this expansion our team has grown from 14 members to 33. During this growth period, we maintained a standard of excellence in our educational programs and operations. Understanding the challenges of

travel—especially for those working in rural communities—CME has invested heavily in robust online learning opportunities. We offer both synchronous and asynchronous options, ensuring that education is accessible regardless of your location and respects that you are busy. In 2023, 2,794 learners from rural areas participated in our programs and the fresh look and navigation of our website reflects our commitment to providing you with an outstanding online learning experience. I invite you to join us at www.cmelearning.usask.ca to explore our programs and find your community of learning.

Where do you experience excellence when you choose to learn with us? You see it in the outstanding level of thoughtful content delivered by knowledgeable, talented educators. In 2023, our accrediting body, the Committee on Accreditation of Continuing Medical Education (CACME), awarded us full accreditation status for the first time. The CanREACH-SK program and the SIPPA program were recipients of awards that recognized their tremendous work. Take a look at our social media sites to hear from participants what these programs mean to them and the people they care for. CanREACH-SK PPP Testimonial Video. We see scholarship and research in the STEPS, SIPPA, Post COVID, and Cultural Safety programs at a rate never seen in CME.

Recognizing the importance of interprofessional collaboration, 41% of our programs are now offered in interprofessional settings, ensuring that all members of the health care team have access to high-quality learning. Our success in delivering high-quality education is due, in large part, to the strong collaborative relationships we have built across various sectors and disciplines. CME is committed to highlighting the talented, dedicated faculty at USask, and our programs engage and support all the Departments across our College. In 2023, Dr Alex Wong was the first recipient of the CME Teaching Excellence Award, and we thank Alex.

We also thank our generous, forward-thinking sponsors who share our vision of a healthy system of health care that views an educated work force as necessary in the delivery of exceptional care. Without the support of the Saskatchewan Medical Association (SMA), the Saskatchewan Federation of Sovereign Indigenous Nations (FSIN), the Ministries of Health and the Ministry of Immigration, and Career Training and the SHA, CME would not be able to provide you with the education you look to us to deliver. Thank you.

CME remains deeply committed to supporting your wellness, recognizing the growing stress in the health care field that did not change even though a formal end to the pandemic was made. Our Wellness program reached more participants than ever in 2023, and the CoMPAS program, which connects mentors and coaches with health care providers in their first five years of practice recognizes the need for us to help and support one another.

In a time when respect and professionalism are needed more than ever, our cultural safety and anti-racism programs foster work environments where every team member can expect to be treated with dignity. Our award-winning course, Role of Practitioners in Indigenous Wellness, developed in partnership with the FSIN and the School of Rehabilitation Science remains a core resource for many including the UGME program which made it part of their formal curriculum.

Our division's growth and success would not be possible without your engagement. CME remains committed to supporting you as you work to provide the best care possible for your patients. Thank you.

Dr. James W. Barton, MD, FRCPC,CCPE Clinical Professor of Medicine Associate Dean, Continuing Medical Education University of Saskatchewan frames w 1 Santas

CONTINUING MEDICAL EDUCATION STRATEGIC PLAN

VISION

CME is a leader in enhancing the patient's quality of health through its innovative educational opportunities in lifelong learning.

MISSION

CME engages with healthcare professionals to enhance health care outcomes by delivering continuing professional learning that is focused on the needs of the patient and their communities. We are guided by the principles of social accountability, equity, collaboration and excellence.

VALUES

Respect, Responsiveness, Collaboration, Innovation, Accountability, Passion, Leadership, Scholarship, Quality Improvement.

Strategic Priorities



Quality Education

To be a provincial leader in continuing professional development. CME designs and delivers programming that successfully promotes educational strategies and methods to improve physician competence and performance. Our objective is to improve the health of patients and their communities.



Social Accountability

As a reflection of our commitment to respond to the Calls to Action in the Truth and Reconciliation Report. To address the continued challenges of equity and equality of all communities served by the health care system.



Operations

A strong organizational plan is required to support the achievement of the CME's purpose and allow for achievement of measurable goals within the strategic plan.



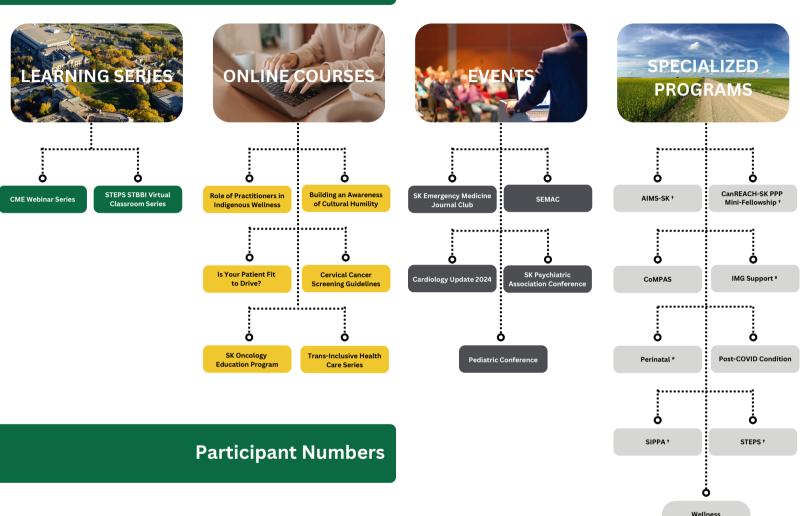
Learner Environment

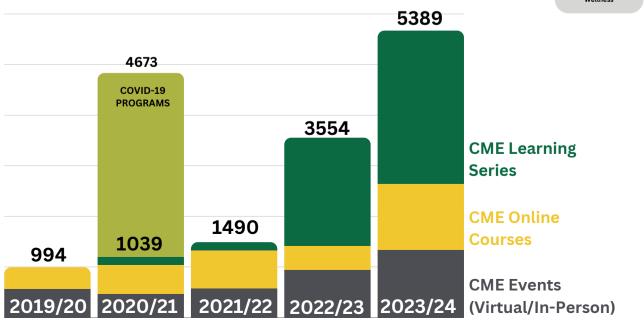
A modern learning environment is recognized as an important factor required of successful, competitive Continuing Professional Development (CPD) providers to deliver transformative educational experiences.

To be a provincial leader in continuing professional development. CME designs and delivers programming that successfully promotes educational strategies and methods to improve physician competence and performance. Our objective is to improve the health of patients and their communities.

Learn Here

- † Program in partnership with the Ministry of Health
- * Program in partnership with the Ministry of Immigration and Career Training
- *Program in partnership with the Saskatchewan Health Authority

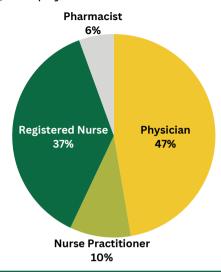




Interprofessional Education

While our programs are mostly attended by physicians (family physicians 26%, residents 8%, specialty physicians 7%, IMGs 6%), we attract many different health professionals including registered nurses, nurse practitioners, pharmacists, dentists, social workers, and psychiatrists.

of our program offerings this year were developed interprofessionally with our health sciences colleagues.



Participant Geography

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Participants in CME programming are mainly from Saskatchewan, but there have been participants from across the country and the globe including countries in the Middle East, South Asia and South America.

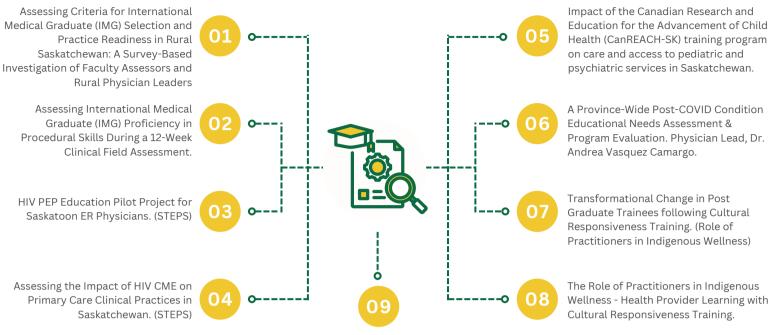
registered participants from urban areas

registered participants from rural areas

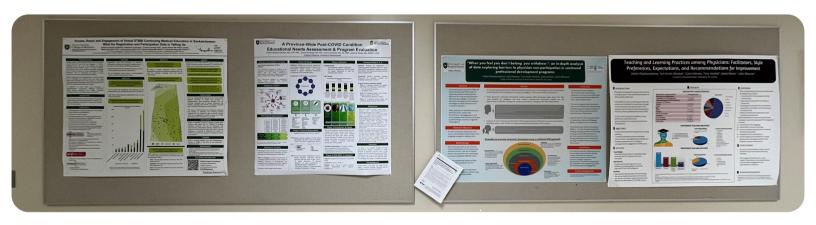
registered participants from northern communities or facilities

registered participants from Indigenous/First Nation communities

Research & Scholarship



On-call frequency in rural Saskatchewan. (SIPPA)



CME Teaching Excellence Award

In October 2023, CME offered a new award as part of the College of Medicine's Fall Award Program. The Continuing Medical Education Teaching Excellence Award recognizes a College of Medicine faculty member who colleagues, learners, and participants deem as excellent in their teaching at the CME level.

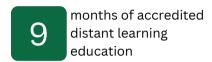
Dr. Alexander Wong was recognized for exhibiting exceptional knowledge, superior communication skills, and for creating an engaging experience with CME learners. Dr. Wong is an Associate Professor of Infectious Diseases, Department of Medicine, College of Medicine, Regina campus.





CME Webinar Series 2023-24 (Virtual)

Rural 🛗 Urban 🛭 Outside SK



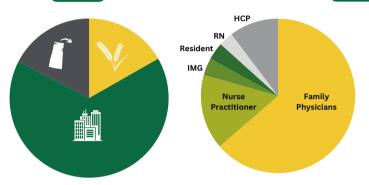
full series registrations

hours viewed of recordings



total registered participants

\$9,642 sponsorships





Equity, Diversity & Eat, Sleep, Complex Newborn Care Newborn Hearing Pediatric & Neonate CVAD CoMPAS Learning Module Cervical Cance Postpartum Simulation FUNdamentals High Flow Nasa Supporting Training for Chestfeeding AIMS-SK

Asynchronous Learning

Asynchronous learning options allow for participants to learn on their own schedule, at their own pace.

Our asynchronous learning options have increased from **2 to 14** since 2018/19.

ONLINE COURSES



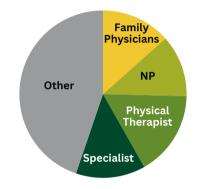
The Role of Practitioners in Indigenous Wellness



iterations
3 HCP, 3 SIPPA,
3 PGME, 1 UGME



total registered participants



Building an Awareness of Cultural Humility





- USask CoM
- USask Academic Family Medicine
- USask School of Rehabilitation Sciences
- USask Dept of Anatomy, Physiology, & Pharmacology
- USask Canadian Centre for Rural & Agricultural Health
- USask PGME
- USask UGME
- SHA
- Northern Medical Services
- SCPOR
- SK-NEIHR
- McGill University
- West Winds Primary Health

3 iterations

registered participants



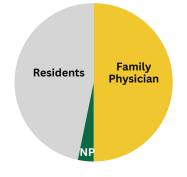
Is Your Patient Fit to Drive?



iterations
3 HCP, 3 SIPPA,
1 PGME



112 registered participants



Cervical Cancer Screening 2023 Guidelines



In collaboration with the Saskatchewan Cancer Agency, and the Department of Obstetrics and Gynecology, this course was aimed at providing a learning opportunity for practitioners on the revised **2023 Cervical Cancer Screening Clinical Practice Guidelines** that went into effect November 6, 2023.





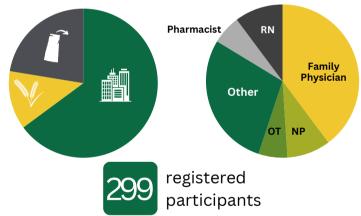




SK Oncology Education Program

Created for primary care providers by seven oncology specialists, this online, self-paced course offers **11 modules** on immunotherapy, oncologic emergencies, and care for lung, colon, prostate, cervical, ovarian, endometrial, and multiple myeloma cancers.









In collaboration with CERS & CPE, this course reviews fundamental concepts of **equity**, **diversity**, and **inclusion** with a focus on Trans-Inclusive healthcare. The first section consists of **5** self-directed online modules that launched May 15, 2023. The second section was an interdisciplinary virtual panel to cover frequently asked questions on June 15, 2023.



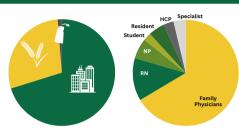








Cardiology Update 2024 (In-Person)





registrants



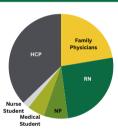


Pediatric Conference (In-Person)













SK EM Annual Conference - SEMAC (Virtual)

















SK EM Journal Club (Virtual)









faculty speakers

SPECIALIZED PROGRAMS



AIMS-SK

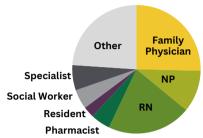
3 cohorts completed in 2023 - 2024

143 registered participants

"[The most valuable thing about the course is] hearing from providers on how they approach patients and make decisions." Meadow McLean, Nurse Practitioner "The presenters were incredible and experienced." Omid Yahyazadeh, Family Physician

["The most valuable thing about the course is] the experience from the speakers." Enrikhe Pivaral Zaso, IMG











Pediatrics

Pediatrics

Pamily
Physician

cohorts completed in Sept 2023 (in-person) & Jan 2024 (virtual) registered participants

Can-REACH-SK PPP Mini-Fellowship

"Comprehensive, engaging. Really enjoyed the group activities, helped to consolidate information." Jeannie Coe, NP

"I now feel much more confident diagnosing and treating pediatric mental health concerns." Heather Wright, Family Physician "This course offers applicable tools to further understanding of treatment and gain future support networks in order for both patient and physician to work together to achieve better mental health outcomes." Taylore Beechy, Medical Student



Course Master Anna Felstrom MD, FRCPC



The CanREACH-SK PPP Mini-Fellowship was the recipient of the 2024 CFPC/CPA Collaborative Mental Health Care Award - Large Institutionally Based Program which recognizes programs that provide access to mental health care in an interprofessional, team-based, primary care setting.

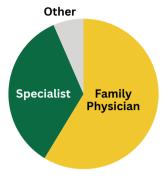
Jessica Wylie, CanREACH-SK Program Coordinator, CME, & Dr. Alyx Holden, Family Physician, CanREACH-SK Faculty Member, accepted the award.

CoMPAS



Mentorship Program Entry - CoMPAS supports physician engagements at a local level, or within the community of practice. The mentorship program is available to a Coachee/Mentee who has already identified a Coach/Mentor they wish to be paired with. This is for physicians who want a formal engagement with a colleague they work closely with and would enter the program pre-matched. Once accepted, both physicians are required to participate in the CoMPAS Coaching Basics and Training Day together. **Program Participant Communities**

Physician Lead Dr. Melissa McGee MD, FRCSC









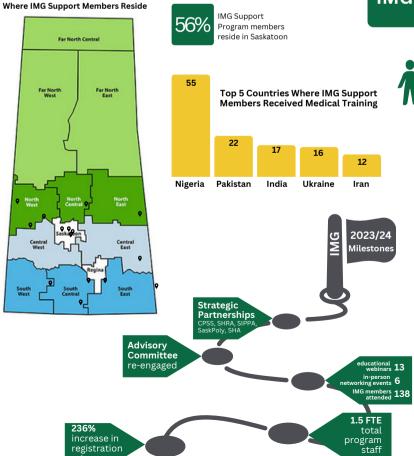


Increase in accredited CME credits

- Coaching Basics: 10.0 Mainpro+ Self
- Lifelong Learning Sessions: 7.0 Mainpro+ Group & MOC Section 1



98 total coaching hours



14 IMG CaRMS matches in the 2024 match cycle.



IMG Support Program

- 3 Regina
- 3 Saskatoon
- 1 Prince Albert
- 1 Northwest

- 1 USask Internal Medicine (Saskatoon)
- 1 UM Family Medicine
- 1 UBC Family Medicine
- 1 Western Family Medicine
- 1 NOSM Psychiatry
- 1 Queens Diagnostic & Molecular Pathology

60-hour clinical experience opportunities provided to 13 IMGs with family physicians in their clinics

124 new registrations in 23/24

active IMG members as of April 30, 2024



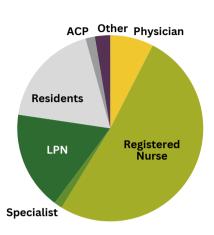
Perinatal Program



participants enrolled

course locations across SK

virtual courses







SIPPA

Between its inception in 2011 and May 2024, 548 internationally trained family physicians have successfully completed the Saskatchewan International Physician Practice Assessment (SIPPA) program and have gone on to practice in rural and underserved Saskatchewan communities. In 2023, SIPPA expanded to include supervision of physicians while on a provisional license.

iterations in the 23/24 fiscal year family physicians successfully completed SIPPA's Clinical Field Assessment.

physicians entered SIPPA Supervision



physicians assessors supported the SIPPA program

70% - 80% of family physicians entering rural practice in Saskatchewan each year are via the SIPPA program and current patterns of physician flow would suggest continued reliance on internationally trained physicians to meet rural Saskatchewan's family physician resource needs. Notably, five years into practice, 46% of SIPPA physicians continue to serve in Saskatchewan.

In September 2023, the SIPPA Program received the SCFP's Dr. Michael Krochak Award for

contributions to Family Medicine in Saskatchewan.

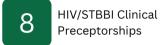
STEPS

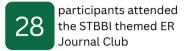


2 in-person STBBI presentations delivered

Physicians and Nurse Practitioners who are interested in Becoming a New HIV and/or Hep C Treatment Prescriber in SK are offered the following by the STEPS Program

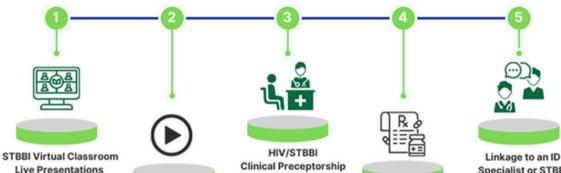
presentations delivered between May 2023 - April 2024











Opportunities

STBBI Virtual Classroom
Past Recordings

Assistance to be added to SK Drug Plan as a Designated HIV and/or Hep C Prescriber for Saskatchewan





STBBI Virtual Classroom Recordings:

- Viewed 1013 times by 524 unique users.
- Delivered 403 hours of STBBI continuing medical education to learners accessing the content on their own time.



HIV PEP Education Pilot Project for Saskatoon ER Physicians

Based on the success of the pilot project, CME is leading the creation of an online course to expand the education to ER and urgent care settings across Saskatchewan.

Wellness Program





The Wellness Program has successfully engaged a total of **189** participants across various departments. It has supported teams in delivering essential accredited sessions on important topics such as wills, fatigue management, burnout prevention, and financial management. These sessions have provided valuable resources to enhance overall wellbeing and resilience, fostering a healthier work environment and equipping individuals to manage personal and professional challenges more effectively.



participants from the ER Grand Rounds.



participants from the CoMPAS Program

15

participants from the IM Specialty Trainee Dept.



Physician Lead Dr. Alana Holt MD, FRCPC



The Wellness Program website offers a wide variety of resources including links to Wellness information and initiatives at a Provincial, National and International level.



#WellnessWednesdays occur the first Wednesday of every month and include tips, quotes, and information on events or themes and are shared on our well-developed social media platforms.

Collaborations & New Engagements



CME supported Faculty Development in operationalizing RISE on June 14, 2024, marking the 7th annual event with over 61 participants and featured 13 oral presentations and 6 electronic poster presentations.



CME supported the 69th Annual CFPC Annual Conference on September 8, 2023.



CME supported the SPA AGM & Conference on April 26 & 27, 2024. There were **42** registered participants in attendance.





Development of Rural Medicine website



Development of CoM Faculty Development Canvas Course, Simulation FUNdamentals



Development of Division of Social Accountability Canvas Course, Anti-Racism Training for Physicians.



Development of Provincial Post-COVID Condition Education Program with Physician Lead, Dr. Andrea Vasquez Camargo.

Technology Innovations

Updates were made to the online course, Is Your Patient Fit to Drive? Medical/Legal Implications, to create an enhanced learning experience.



Enhancing promotional capacity and to hopefully draw more learners, a brief microlearning promotion was launched and a video promotion was developed, with high praise from SGI.









Creation of SMARTIE/AI guide & onboarding Rise module for creating accredited CME/CPD and writing learner-centred learning objectives.







A strong organizational plan is required to support the achievement of the CME's purpose and allow for achievement of measurable goals within the strategic plan.

Operations

Professional development opportunities for staff include:

- National Accreditation Conference
- CME attended the Everything DiSC Workplace Program offered by the Edwards School of Business on November 30, 2023



Our division has grown from 14 in 2018 to 33 in 2024.



Accreditation Update



CME received notification from the Committee on Accreditation of Continuing Medical Education (CACME) in November of 2023 that the division was compliant on all accreditation standards set forth by CACME. CACME's decision is that CME continue accreditation for the balance of the 8-year, with our next site visit in the 2029-2030 academic year.

QI/QA Initiative



Improve quality of learning objectives, align phrasing with needs of CPD courses



Researched SMARTIE & distributed resources to SMEs including guides & new RISE module.



Improved assessments. Usually none or only one round rather than multiple rounds of revisions. Create a consistent process for file storage with the ability for multiple people to edit in one document

Created CME SharePoint site with permission from IT Services.

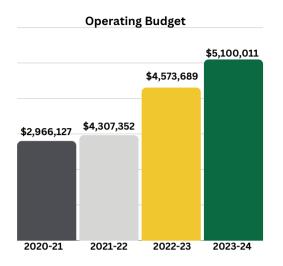
Well -received by CME leadership & team. Noted easy to use. Include questions about equity, diversity & inclusivity on post-event evaluations

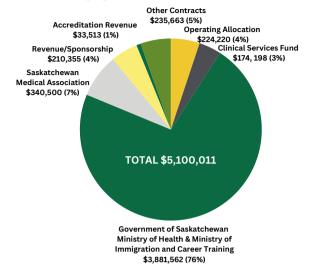
Adapted questions from CAMH Health Equity Inclusion Framework for Education & Training

Implemented effectively & used by team.

Contracted Engagements & Other Funding Sources

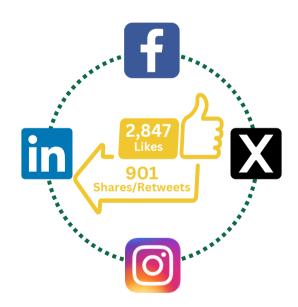
CME's funding comes from a variety of sources including an operating allocation, ministry contracts, accreditation processing fees, revenue generation from virtual and asynchronous activities, and other contract work. CME is grateful to retain and grow our contractual engagements.



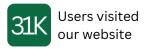


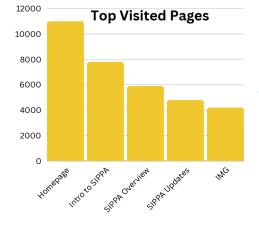
Marketing & Communications













People from around the world visit our website with the majority of users being from Canada & USA.