



A Mini-Fellowship in Saskatchewan: September 17-19, 2026
The Patient-Centered Mental Health in Paediatric Primary Care (PPP) Program

Thursday, September 17, 2026:

<i>11:30 – 12:00 pm</i>	<i>Registration & Lunch</i>
12:00 – 12:40 pm	Welcome and Overview
12:40 – 1:00 pm	Unit A: Introduction to Course Common Grounds and Gaps
1:00 – 1:40 pm	Unit B: First Principles
<i>1:40-1:45 pm</i>	<i>Break – 5 min</i>
1:45 – 2:55 pm	Unit C: Assessment of Mental Health in Pediatric Primary Care
<i>2:55 – 3:10 pm</i>	<i>Break – 15 min/Snack Provided</i>
3:10 – 4:20 pm	Unit D: Assessment of Anxiety Disorders and Trauma
<i>4:20 – 4:30 pm</i>	<i>Break – 10 min</i>
4:30 – 5:00 pm	Unit E: Treatment of Anxiety Disorders
5:00 – 5:25 pm	Faculty Panel: <i>Anxiety = primary topic</i>
5:25 – 5:30 pm	<i>Complete 1st Day Evaluations</i>
5:30 pm	Summary and Wrap-Up of Day One



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Friday, September 18, 2026

7:30 – 8:00 am	<i>Registration & Breakfast</i>
8:00 – 8:05 am	Overview and Welcome to Day 2
8:05 – 9:00 am	Unit F: Depression: A Short Course
9:00 – 10:00 am	Unit G: Assessing and Managing Suicidality
10:00 – 10:15 am	<i>Break – 15 minutes / Snack Provided</i>
10:15 – 11:00 am	Unit H: Managing Depression in Primary Care
11:00 – 11:40 am	Unit I: Paediatric Bipolar Disorder
11:40 am – 12:00 pm	Faculty Panel: Bipolar and Depression = primary topic
12:00 – 12:45 pm	<i>Lunch</i>
12:45 – 2:05 pm	Unit J: The Finer Points of ADHD Assessment: Boot Camp
2:05 – 2:15 pm	<i>Break - 10 minutes / Snack Provided</i>
2:15 – 2:50 pm	Unit K: Treating ADHD: Getting the Most Out of Medication Part I
2:50 – 2:55 pm	<i>Stretch Break – 5 min</i>
2:55 – 4:05 am	Unit K Continued: Treating ADHD: Getting the Most Out of Medication Part II
4:05 – 4:15 pm	Faculty Panel: ADHD = primary topic
4:15 – 4:20 pm	<i>Complete 2nd Day Evaluations</i>
4:20 pm	Summary and Wrap-Up of Day Two <i>Homework Assignment</i>



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Saturday, September 19, 2026

7:30 – 8:00 am	<i>Registration & Breakfast</i>
8:00 – 8:05 am	Overview and Welcome to Day 3
8:05 – 8:50 am	Screening Adolescents for Substance Use
8:50 – 9:30 am	Unit L: Assessment and Treatment of Aggression in Youth
9:30 – 9:35 am	<i>Stretch Break</i>
9:35 – 9:55 am	Unit M: Psychosis
9:55 – 10:20 am	Unit N: Adverse Effects and Monitoring of Atypicals
10:20 – 10:35 am	FACULTY PANEL: <i>Aggression and psychosis = primary topics</i>
10:35 – 10:45 am	<i>Break – 10 min / Snack Provided</i>
10:45 – 11:20 am	Unit O: Your Training is Just Beginning
11:20 – 11:30 am	Unit P: Tips for Coding
11:30 – 11:45 am	FACULTY PANEL: <i>Billing = primary topic</i>
11:45 am – 11:50 pm	<i>Stretch Break</i>
11:50 – 12:50 pm	Unit Q: Next Steps for Your Practice
12:50 – 1:00 pm	Completion of REACH Exit Paperwork
1:00 – 1:10 pm	Closing Comments
1:10 pm	Adjourn!