Shana Mohr - Shana's multifaceted roles as the training manager for the FASD Network, board member for CanFASD, and personal experiences have shaped her into a dedicated advocate and educator in the field of FASD. Her work not only bridges gaps in knowledge and services but also reflects a deep-seated commitment to improving outcomes and quality of life for individuals and families impacted by FASD. Shana's journey exemplifies the profound impact of personal experiences on advocacy efforts and underscores the importance of empathy, education, and research in driving positive change within the FASD community.