Dr Holowaty is originally from Saskatchewan but spent the past 25 years learning and working in Ontario. She is a graduate of the University of Toronto Medicine Program and completed both her Doctoral thesis in Molecular Genetics and her family medicine residency at the University of Toronto. She has a Masters degree in the area of Palliative Care from the University of Maryland and a CCFP certificate in Addiction Medicine. Dr Holowaty is the past Chair of the Member Interest Group in Addiction Medicine at the College of Family Physicians of Canada and co-author of the CFPC publication for family physicians on substance use in primary care - https://www.cfpc.ca/en/education-professional-development/practice-tools-guidelines/practical-approach-to-substance-use-disorders