

AIMS-SK Substance Use Disorders Interactive Workshop

November 26, 2025 | In Person

Sandman Signature South Hotel

2815 Lorne Avenue, Saskatoon, SK



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
CMELEARNING.USASK.CA



7:45AM - 8:00AM

Attendee Sign-In | Light Breakfast provided

8:00AM - 8:05AM

Welcome, Treaty Land Acknowledgment, Housekeeping

8:05AM - 8:10AM

5

Administrative items

8:15AM - 8:30AM

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Opening Reflection Exercise - Mary to facilitate

8:35 AM - 9:20 AM

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Saskatoon Police Service Drug Unit (SPSDU) - What's on the street Presenter:

At the end of this session learners will be able to:

1. Identify and classify common street drugs according to their chemical composition, including opioids, stimulants, depressants, hallucinogens, and cannabinoids.
2. Describe the physical characteristics of various street drugs, such as color, odor, taste, texture, and packaging methods.
3. Explain the common methods of administration for street drugs, including oral ingestion, inhalation, injection, and transdermal absorption.

10

QA

9:25AM - 10:25AM

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Case 1 – John's Journey Through Opioid Use Disorder and OAT Treatment

At the end of this session learners will be able to:

1. Assess patients for opioid use disorder using DSM-5 criteria and determine their eligibility for Opioid Agonist Therapy based on clinical findings and patient history.
2. Develop and evaluate integrated treatment plans combining pharmacological and non-pharmacological approaches with patient involvement.
3. Utilize effective communication strategies to engage patients and enhance their honesty in discussions about opioid use and treatment options.

BREAK (15 minutes)

10:40AM - 11:40AM

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Case 2 | Navigating the Journey: Initiation, Maintenance, and Challenges in Opioid Agonist Therapy (OAT) for Long-Term Recovery

At the end of this session learners will be able to:

1. Explore the key considerations in initiating and maintaining OAT, including medication selection, dose adjustments, and managing side effects and cravings during the early stages of therapy.
2. Recognize and Address Challenges in Long-Term OAT Maintenance
3. Apply Interdisciplinary Approaches to Personalized OAT Treatment

11:45AM - 12:30PM

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FASD Presentation | Shana Mohr

At the end of this session learners will be able to:

1. Comprehend the Impact of FASD: Participants will be able to identify the key challenges faced by individuals with Fetal Alcohol Spectrum Disorder and recognize the long-term effects on cognitive, social, and behavioural development.
2. Explore Available Support Programs: Participants will gain insight into the support services and programs offered for individuals with FASD and their families and learn how to effectively access and navigate these resources.
3. Appreciate the Importance of FASD Training and Education: Participants will acknowledge the importance of FASD-related training and education for healthcare providers, educators, and caregivers, and how these programs contribute to better outcomes for individuals affected by FASD.

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QA

LUNCH BREAK (45 mins)

Case 3: Falling Through the Cracks: Ensuring Continuity of Care for Opioid Use Disorder During Correctional Transitions

At the end of this session learners will be able to:

1. Explore strategies to ensure continuity of care during transitions between correctional facilities and community healthcare.
2. Evaluate the importance of coordinated interdisciplinary care for individuals transitioning from corrections to the community.
3. Formulate approaches for integrating mental health treatment and trauma-informed care into opioid use disorder (OUD) management to support long-term recovery.

1:15PM - 2:15PM

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Presentation: Overdose Outreach Team Presenters: Ashlee Suidak

At the end of this session learners will be able to:

1. Identify the key components and personnel of the Overdose Outreach Team to enhance understanding of its structure and resources.
2. Describe the core functions and strategies employed by the Overdose Outreach Program to promote community awareness and engagement.
3. Summarize the primary goals of the Overdose Outreach Program and discuss how they contribute to improving community health outcomes.

2:20PM - 3:05PM

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QA

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Naloxone Training | Ashlee Suidak

At the end of this session learners will be able to:

1. Demonstrate proper techniques for administering Naloxone, including both nasal sprays and injectable forms, to ensure preparedness in diverse emergency scenarios.
2. Explain the pharmacological effects of Naloxone on the body and its role in reversing opioid overdose, enhancing participants' understanding of its life-saving capabilities.
3. Assess emergency overdose situations to effectively decide when and how to safely administer Naloxone, promoting prompt and appropriate responses in critical moments.

3:05PM - 3:20PM

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BREAK (15 minutes)**Case 4: Complex Pregnancy with Concurrent Disorders, Gestational Diabetes, and Alcohol Use**

At the end of this session learners will be able to:

1. Analyze the Impact of Co-Occurring Mental Health and Substance Use Disorders in Pregnancy
2. Develop a Comprehensive Care Plan for Managing Gestational Diabetes and Substance Use Relapse
3. Identify Strategies for Supporting Pregnant Patients with Limited Social and Financial Resources

3:35PM - 4:35PM

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Personal Lived Experience Presentation: Cecile Boukhatmi

At the end of this session learners will be able to:

1. Recognize the Complex Impact of Alcohol Use Disorder on an Individual's Life.
2. Comprehend the Journey of Recovery and from a Lived Experience Perspective.
3. Appreciate the Role of Stigma and Support in Shaping the Recovery Experience.

4:40PM - 5:05PM

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Closing Reflection | Mary**Questions Survey Completion for Certificate - QR code****5:05PM - 5:15PM**

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