

AIMS-SK Substance Use Disorders Interactive Workshop

March 4, 2026 | In Person

Sandman Signature South Hotel
2815 Lorne Avenue, Saskatoon, SK



UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION
CMELEARNING.USASK.CA



7:45AM - 8:00AM

Attendee Sign-In | Light Breakfast provided

8:00AM - 8:05AM

Welcome, Treaty Land Acknowledgment, Housekeeping

8:05AM - 8:10AM

5

Administrative items

Moderator: Mary Fraser

8:15AM - 8:30AM

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Opening Reflection Exercise

Saskatoon Police Service Drug Unit (SPSDU) - What's on the street

8:35 AM - 9:20 AM

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At the end of this session learners will be able to:

1. Identify and classify common street drugs according to their chemical composition, including opioids, stimulants, depressants, hallucinogens, and cannabinoids.
2. Describe the physical characteristics of various street drugs, such as color, odor, taste, texture, and packaging methods.
3. Explain the common methods of administration for street drugs, including oral ingestion, inhalation, injection, and transdermal absorption.

Moderator: Mary Fraser

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QA

Case 1 – Sam's Journey Through Opioid Use Disorder and OAT Treatment

Case Presenter: Mary Fraser

Panelists: Dr. Andrew Yang, Ian McGillivray, Jennifer King, Matt Manz and Jordyn Strunk

Panelists:

Dr. Andrew Yang
Ian McGillivray
Jennifer King
Matt Manz
Jordyn Strunk

9:25AM - 10:25AM

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At the end of this session learners will be able to:

1. Assess patients for opioid use disorder using DSM-5 criteria and determine their eligibility for Opioid Agonist Therapy based on clinical findings and patient history.
2. Develop and evaluate integrated treatment plans combining pharmacological and non-pharmacological approaches with patient involvement.
3. Utilize effective communication strategies to engage patients and enhance their honesty in discussions about opioid use and treatment options.
4. Explore the key considerations in initiating and maintaining OAT, including medication selection, dose adjustments, and managing side effects and cravings during the early stages of therapy.
5. Recognize and address challenges in long-term OAT maintenance
6. Apply interdisciplinary approaches to personalized OAT treatment.

10:25AM - 10:40AM		BREAK (15 minutes)		
		<p>Case 2: Falling Through the Cracks: Ensuring Continuity of Care for Opioid Use Disorder During Correctional Transitions Case Presenter: Mary Fraser Panelists: Dr. Kiesman, Dr. Morris Markentin, Matthew Manz and Jennifer King</p>		<p>Panelists: Dr. Kiesman Dr. Morris Markentin Matthew Manz Jennifer King</p>
10:40AM - 11:40AM	60	<p>At the end of this session learners will be able to:</p> <ol style="list-style-type: none"> 1. Explore strategies to ensure continuity of care during transitions between correctional facilities and community healthcare. 2. Evaluate the importance of coordinated interdisciplinary care for individuals transitioning from corrections to the community. 3. Formulate approaches for integrating mental health treatment and trauma-informed care into opioid use disorder (OUD) management to support long-term recovery. 		
		<p>FASD Presentation Shana Mohr</p> <p>At the end of this session learners will be able to:</p> <ol style="list-style-type: none"> 1. Comprehend the Impact of FASD: Participants will be able to identify the key challenges faced by individuals with Fetal Alcohol Spectrum Disorder and recognize the long-term effects on cognitive, social, and behavioural development. 2. Explore Available Support Programs: Participants will gain insight into the support services and programs offered for individuals with FASD and their families and learn how to effectively access and navigate these resources. 3. Appreciate the Importance of FASD Training and Education: Participants will acknowledge the importance of FASD-related training and education for healthcare providers, educators, and caregivers, and how these programs contribute to better outcomes for individuals affected by FASD. 		
11:45AM - 12:30PM	35			Moderator: Mary Fraser
	10	QA		
12:30 - 1:15PM		LUNCH BREAK (45 mins)		
		<p>Case 3: Complex Pregnancy with Concurrent Disorders, Gestational Diabetes, and Alcohol Use Case Presenter: Mary Fraser Panelists: Barb Papp, Dr. Morris Markentin, Dr. Melissa Holowaty, Ashlee Suidak and Benjamin McIntyre</p>		<p>Panelists: Barb Papp Dr. Morris Markentin Dr. Melissa Holowaty Ashlee Suidak Benjamin McIntyre</p>
1:15PM - 2:15PM	60	<p>At the end of this session learners will be able to:</p> <ol style="list-style-type: none"> 1. Analyze the Impact of Co-Occurring Mental Health and Substance Use Disorders in Pregnancy 2. Develop a Comprehensive Care Plan for Managing Gestational Diabetes and Substance Use Relapse 3. Identify Strategies for Supporting Pregnant Patients with Limited Social and Financial Resources 		

Presentation: Overdose Outreach Team Presenters: Ashlee Suidak & Benjamin McIntyre

At the end of this session learners will be able to:

1. Identify the key components and personnel of the Overdose Outreach Team to enhance understanding of its structure and resources.
2. Describe the core functions and strategies employed by the Overdose Outreach Program to promote community awareness and engagement.
3. Summarize the primary goals of the Overdose Outreach Program and discuss how they contribute to improving community health outcomes.

Moderator: Mary Fraser

2:20PM - 3:05PM

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Naloxone Training | Ashlee Suidak & Benjamin McIntyre

At the end of this session learners will be able to:

1. Demonstrate proper techniques for administering Naloxone, including both nasal sprays and injectable forms, to ensure preparedness in diverse emergency scenarios.
2. Explain the pharmacological effects of Naloxone on the body and its role in reversing opioid overdose, enhancing participants' understanding of its life-saving capabilities.
3. Assess emergency overdose situations to effectively decide when and how to safely administer Naloxone, promoting prompt and appropriate responses in critical moments.

3:05PM - 3:20PM

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3:20PM - 3:35PM

BREAK (15 minutes)

Case 4: Mark's Journey with Alcohol Use

Case Presenter: Mary Fraser

Panelists: Dr. Morris Markentin, Barb Papp, Melissa Holowaty, Ian McGlivray, Dr. Andrew Yang

Panelists:

Dr. Morris Markentin
Barb Papp
Melissa Holowaty
Ian McGlivray
Dr. Andrew Yang

3:35PM - 4:35PM

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At the end of this session learners will be able to:

1. Identify the clinical features of moderate to severe Alcohol Use Disorder (AUD).
2. Develop a multidisciplinary care plan for AUD that integrates medical and social support, while considering confidentiality and consent.
3. Discuss personalized strategies for treatment engagement, relapse prevention, and recovery measurement for AUD.

Personal Lived Experience Presentation: Cecile Boukhatmi

4:40PM - 5:05PM

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At the end of this session learners will be able to:

1. Recognize the Complex Impact of Alcohol Use Disorder on an Individual's Life.
2. Comprehend the Journey of Recovery and from a Lived Experience Perspective.
3. Appreciate the Role of Stigma and Support in Shaping the Recovery Experience.

Moderator: Barb

5:05PM - 5:15PM

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Closing Reflection | Mary

Questions Survey Completion for Certificate - QR code