

**AIMS-SK**  
**Module 1 - Foundations of Harm Reduction and Substance Use Disorder**  
**Thursday, April 18, 2024 | Virtual**



UNIVERSITY OF SASKATCHEWAN  
**College of Medicine**  
DIVISION OF CONTINUING MEDICAL EDUCATION  
 CMELEARNING.USASK.CA



7:45 AM	Attendee Sign-In	
8:00 AM	Welcome, Treaty Land Acknowledgment, Virtual Housekeeping	
<b>Personal Story</b>		
8:05AM - 8:35AM	30	Personal Story   Daniel Hearn
8:40AM - 8:55AM	15	Reflection   Breakout Rooms   Facilitator Mary Fraser
<b>Plenary Session 1</b>		
9:00AM - 10:00AM	45	<b>The Process of Addiction: Recovery Informed Treatment   Dr. Morris Markentin</b> At the end of this session learners will be able to: 1. Learn the Characteristics of Substance Use Disorders 2. Explore the risk factors for developing an Addiction. 3. Understand the process in and out of Addiction. 4. Explore the current structure of treatment and the requirements for successful remission.
	15	Q& A
<b>Break (10 minutes)</b>		
<b>Plenary Session 2</b>		
10:10AM - 10:55AM	35	<b>Harm Reduction   Susanne Nicolay and Danita Wahpoosewyan</b> At the end of this session learners will be able to: 1. Describe the key principles and importance of harm reduction for people living with a substance use disorder (SUD) 2. Understand the impact of culture and stigma on substance use disorder 3. Describe Cultural Responsiveness Framework and begin to incorporate into practice
	10	Q& A
<b>Plenary Session 3</b>		
11:00AM - 12:00PM	45	<b>Preventing Harms with a Prescription Pad   Dr. Katelyn Halpape</b> At the end of this session learners will be able to: 1. List strategies for making prescribing safer, specifically as it relates to opioid prescribing 2. Summarize appropriate elements to monitor when potentially addictive medications are prescribed
	15	Q& A
<b>LUNCH BREAK (30 mins)</b>		
<b>Plenary Session 4</b>		
12:30PM - 1:30PM	45	<b>Assessment - An approach to Substance Use Disorders   Dr. Andrew Yang</b> At the end of this session learners will be able to: 1. Outline clinical assessment of substance use disorder 2. State key components of treatment of substance use disorder 3. List common lifestyle related comorbidities and screening
	15	Q& A
<b>Plenary Session 5</b>		
1:35PM - 2:35PM	45	<b>Trauma and Violence-Informed Care   Jennifer King</b> At the end of this session learners will be able to: 1. Understand the importance of a trauma- and violence-informed approach when working with people who use substances; 2. Critically reflect on their own experiences of trauma as they relate to working with people who use substances; 3. Understand the links between harm reduction and trauma- and violence-informed practice; 4. Identify strategies for engaging people who use substances in trauma-informed ways.
	15	Q& A
<b>Break (10 minutes)</b>		
<b>Plenary Session 6</b>		
2:40PM - 3:25PM	35	<b>Overview of Addictions Counselling   Ian McGillivray</b> At the end of this session learners will be able to: • To have a better understanding of the role and responsibilities of an Addiction Counsellor/ Support worker. • To hold a better understanding of what inpatient and outpatient services are available locally for those in need. • To understand how to apply effective skills and strategies in practice when providing services and support to a client/patient with Substance Use Disorder (SUD) concerns.
	10	Q & A
<b>Plenary Session 7</b>		
3:35PM - 4:05PM	20	<b>Professional Wellness   Brenda Senger</b> At the end of this session learners will be able to: 1. To understand the importance of maintaining professional boundaries in our roles. 2. To self- reflect on patient behaviors which may challenge my boundaries and strategies to effectively manage same.
	10	Q& A
4:10PM - 4:15PM	5	Survey Completion for Certificate & Closing Remarks

*\*Schedule is subject to change*