



A Mini-Fellowship in Saskatchewan: October 2-4, 2025
The Patient-Centered Mental Health in Paediatric Primary Care (PPP) Program

Thursday, October 2, 2025:

<i>11:30 – 12:00 pm</i>	<i>Registration & Lunch</i>
12:00 – 12:10 pm	Welcome and Overview
12:10 – 12:40 pm	Opening Remarks: This is not your Grandma's CME!
12:40 – 1:15 pm	Unit A: Introduction to Course: Common Grounds and Gaps
1:15 – 2:00 pm	Unit B: Paediatric Psychopharmacology Overview: Categories and Agents
<i>2:00-2:15 pm</i>	<i>Break – 15 min./ Snack Provided</i>
2:15 – 3:05 pm	Unit C: Assessment of Mental Health in Primary Care
<i>3:05 – 3:10 pm</i>	<i>Break – 5 min</i>
3:10 – 4:20 pm	Unit D: Assessment of Anxiety Disorders
<i>4:20 – 4:30 pm</i>	<i>Break – 10 min</i>
4:30 – 5:00 pm	Unit E: Treatment of Anxiety Disorders
5:00 – 5:25 pm	Faculty Panel: <i>Anxiety = primary topic</i>
5:25 – 5:30 pm	Complete 1st Day Evaluations
5:30 pm	Summary and Wrap-Up of Day One



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Friday, October 3, 2025

8:00 – 8:30 am	<i>Registration & Breakfast</i>
8:30 – 8:35 am	Overview and Welcome to Day 2
8:35 – 9:25 am	Unit F: Depression: A Short Course
9:25 – 10:20 am	Unit G: Assessing and Managing Suicidality
10:20 – 10:35 am	<i>Break – 15 minutes / Snack Provided</i>
10:35 – 11:20 am	Unit H: Managing Depression in Primary Care
11:20 am – 12:00 pm	Unit I: Paediatric Bipolar Disorder
12:00 – 12:20 pm	Faculty Panel: Bipolar and Depression = primary topic
12:20 – 1:00 pm	<i>Lunch</i>
1:00 – 2:20 pm	Unit J: The Finer Points of ADHD Assessment: Boot Camp
2:20 – 2:30 pm	<i>Break - 10 minutes / Snack Provided</i>
2:30 – 3:05 pm	Unit K: Treating ADHD: Getting the Most Out of Medication Part I
3:05 – 3:10 pm	<i>Stretch Break – 5 min</i>
3:10 – 4:20 am	Unit K Continued: Treating ADHD: Getting the Most Out of Medication Part II
4:20 – 4:30 pm	Faculty Panel: ADHD = primary topic
4:30 – 4:35 pm	<i>Complete 2nd Day Evaluations</i>
4:35 pm	Summary and Wrap-Up of Day Two <i>Homework Assignment</i>



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Saturday, October 4, 2025

8:00 – 8:30 am	<i>Registration & Breakfast</i>
8:30 – 8:35 am	Overview and Welcome to Day 3
8:35 – 9:25 am	Unit L: Assessment and Treatment of Aggression in Youth
9:25 – 9:45 am	Unit M: Psychosis
9:45 – 10:10 am	Unit N: Adverse Effects and Monitoring of Atypicals
10:10 – 10:25 am	FACULTY PANEL: <i>Aggression and psychosis = primary topics</i>
10:25 – 10:35 am	<i>Break – 10 min / Snack Provided</i>
10:35 – 11:10 am	Unit O: Your Training is Just Beginning
11:10 – 11:40 am	Unit P: Tips for Coding
11:40 – 11:55 am	FACULTY PANEL: <i>Billing = primary topic</i>
11:55 am – 12:00 pm	<i>Stretch Break</i>
12:00 – 1:00 pm	Unit Q: Next Steps for Your Practice
1:00 – 1:10 pm	Completion of REACH Exit Paperwork
1:10 – 1:15pm	Closing Comments
1:15 pm	Adjourn!