



A Mini-Fellowship in Saskatchewan: January 15-17, 2026
The Patient-Centered Mental Health in Paediatric Primary Care (PPP) Program

Thursday, January 15, 2026:

<i>11:45 – 12:00 pm</i>	<i>Registration</i>
12:00 – 12:40 pm	Welcome and Overview
12:40 – 1:00 pm	Unit A: Introduction to Course Common Grounds and Gaps
1:00 – 1:40 pm	Unit B: First Principles
<i>1:40 – 1:50 pm</i>	<i>Break – 10 min</i>
1:50 – 3:00 pm	Unit C: Assessment of Mental Health in Primary Care
<i>3:00 – 3:10 pm</i>	<i>Break – 10 min</i>
3:10 – 4:20 pm	Unit D: Assessment of Anxiety Disorders
<i>4:20 – 4:30 pm</i>	<i>Break – 10 min</i>
4:30 – 5:00 pm	Unit E: Treatment of Anxiety Disorders
5:00 – 5:25 pm	Faculty Panel: <i>Anxiety = primary topic</i>
5:25 – 5:30 pm	<i>Complete 1st Day Evaluations</i>
5:30 pm	Summary and Wrap-Up of Day One



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Friday, January 16, 2026

8:15 – 8:30 am	<i>Registration</i>
8:30 – 8:35 am	Overview and Welcome to Day 2
8:35 – 9:30 am	Unit F: Depression: A Short Course
9:30 – 9:35 am	<i>Break – 5 minutes</i>
9:35 – 10:35 am	Unit G: Assessing and Managing Suicidality
10:35 – 10:45 am	<i>Break – 10 minutes</i>
10:45 – 11:30 am	Unit H: Managing Depression in Primary Care
11:30 am – 12:10 pm	Unit I: Paediatric Bipolar Disorder
12:10 – 12:30 pm	Faculty Panel: Bipolar and Depression = primary topic
12:30 – 1:00 pm	<i>Lunch</i>
1:00 – 2:20 pm	Unit J: The Finer Points of ADHD Assessment: Boot Camp
2:20 – 2:30 pm	<i>Break - 10 minutes</i>
2:30 – 3:05 pm	Unit K: Treating ADHD: Getting the Most Out of Medication Part I
3:05 – 3:10 pm	<i>Stretch Break – 5 min</i>
3:10 – 4:20 am	Unit K Continued: Treating ADHD: Getting the Most Out of Medication Part II
4:20 – 4:30 pm	Faculty Panel: ADHD = primary topic
4:30 – 4:35 pm	<i>Complete 2nd Day Evaluations</i>
4:35 pm	Summary and Wrap-Up of Day Two <i>Homework Assignment</i>



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Saturday, January 17, 2026

8:15 – 8:30 am	Registration
8:30 – 8:35 am	Overview and Welcome to Day 3
8:35 – 9:10 am	Screening Adolescents for Substance Use
9:10 – 10:00 am	Unit L: Assessment and Treatment of Aggression in Youth
10:00 – 10:10 am	Break – 10 min
10:10 – 10:30 am	Unit M: Psychosis
10:30 – 10:55 am	Unit N: Adverse Effects and Monitoring of Atypicals
10:55 – 11:15 am	FACULTY PANEL: <i>Substance Use, Aggression and psychosis = primary topics</i>
11:15 – 11:50 am	Unit O: Your Training is Just Beginning
11:50 am – 12:00 pm	Break – 10 min
12:00 – 12:05 am	Unit P: Tips for Coding
12:05 – 12:15 am	FACULTY PANEL: <i>Billing = primary topic</i>
12:15 – 1:15 pm	Unit Q: Next Steps for Your Practice
1:15 – 1:25 pm	Completion of REACH Exit Paperwork
1:25 – 1:30 pm	Closing Comments
1:30 pm	Adjourn!