

A Mini-Fellowship in Saskatchewan: January 15-17, 2026 The Patient-Centered Mental Health in Paediatric Primary Care (PPP) Program

Thursday, January 15, 2026:

11:45 – 12:00 pm	Registration

12:00 – 12:40 pm Welcome and Overview

12:40 – 1:00 pm Unit A: Introduction to Course | Common Grounds and Gaps

1:00 – 1:40 pm Unit B: First Principles

2:00 - 2:10 pm Break - 10 min

2:10 – 3:00 pm Unit C: Assessment of Mental Health in Primary Care

3:00 – 3:10 pm Break – 10 min

3:10 – 4:20 pm Unit D: Assessment of Anxiety Disorders

4:20 – 4:30 pm Break – 10 min

4:30 – 5:00 pm Unit E: Treatment of Anxiety Disorders

5:00 – 5:25 pm Faculty Panel: Anxiety = primary topic

5:25 – 5:30 pm Complete 1st Day Evaluations

5:30 pm Summary and Wrap-Up of Day One



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Friday, January 16, 2026

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8:15 – 8:30 am	Registration
8:30 – 8:35 am	Overview and Welcome to Day 2
8:35 – 9:25 am	Unit F: Depression: A Short Course
9:25 – 9:30 am	Break – 5 minutes
9:30 – 10:35 am	Unit G: Assessing and Managing Suicidality
10:35 – 10:45 am	Break – 10 minutes
10:45 – 11:30 am	Unit H: Managing Depression in Primary Care
11:30 am – 12:10 pm	Unit I: Paediatric Bipolar Disorder
12:10 – 12:30 pm	Faculty Panel: Bipolar and Depression = primary topic
12:30 – 1:00 pm	Lunch
1:00 – 2:20 pm	Unit J: The Finer Points of ADHD Assessment: Boot Camp
2:20 – 2:30 pm	Break - 10 minutes
2:30 – 3:05 pm	Unit K: Treating ADHD: Getting the Most Out of Medication Part I
3:05 – 3:10 pm	Stretch Break – 5 min
3:10 – 4:20 am	Unit K Continued: Treating ADHD: Getting the Most Out of Medication Part II
4:20 – 4:30 pm	Faculty Panel: ADHD = primary topic
4:30 – 4:35 pm	Complete 2 nd Day Evaluations
4:35 pm	Summary and Wrap-Up of Day Two Homework Assignment



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Saturday, January 17, 2026

8:15 – 8:30 am	Registration
8:30 – 8:35 am	Overview and Welcome to Day 3
8:35 – 9:25 am	Unit L: Assessment and Treatment of Aggression in Youth
9:25 – 9:45 am	Unit M: Psychosis
9:45 – 10:10 am	Unit N: Adverse Effects and Monitoring of Atypicals
10:10 – 10:25 am	FACULTY PANEL: Aggression and psychosis = primary topics
10:25 – 10:35 am	Break – 10 min
10:35 – 11:10 am	Unit O: Your Training is Just Beginning
11:10 – 11:40 am	Unit P: Tips for Coding
11:40 – 11:55 am	FACULTY PANEL: Billing = primary topic
11:55 am – 12:00 pm	Break – 5 min
12:00 – 1:00 pm	Unit Q: Next Steps for Your Practice
1:00 – 1:10 pm	Completion of REACH Exit Paperwork
1:10 – 1:15pm	Closing Comments
1:15 pm	Adjourn!