



A Mini-Fellowship in Saskatchewan: January 15-17, 2026
The Patient-Centered Mental Health in Paediatric Primary Care (PPP) Program

Thursday, January 15, 2026:

11:45 – 12:00 pm Registration

12:00 – 12:10 pm Welcome and Overview

12:10 – 12:40 pm Opening Remarks: This is not your Grandma's CME!

12:40 – 1:15 pm Unit A: Introduction to Course: Common Grounds and Gaps

**1:15 – 2:00 pm Unit B: Paediatric Psychopharmacology Overview:
Categories and Agents**

2:00-2:15 pm Break – 15 min

2:15 – 3:05 pm Unit C: Assessment of Mental Health in Primary Care

3:05 – 3:10 pm Break – 5 min

3:10 – 4:20 pm Unit D: Assessment of Anxiety Disorders

4:20 – 4:30 pm Break – 10 min

4:30 – 5:00 pm Unit E: Treatment of Anxiety Disorders

5:00 – 5:25 pm Faculty Panel: *Anxiety = primary topic*

5:25 – 5:30 pm Complete 1st Day Evaluations

5:30 pm Summary and Wrap-Up of Day One



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Friday, January 16, 2026

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|----------------------------|--|
| 8:15 – 8:30 am | <i>Registration</i> |
| 8:30 – 8:35 am | Overview and Welcome to Day 2 |
| 8:35 – 9:25 am | Unit F: Depression: A Short Course |
| 9:25 – 9:35 am | <i>Break – 10 minutes</i> |
| 9:35 – 10:30 am | Unit G: Assessing and Managing Suicidality |
| 10:30 – 10:35 am | <i>Break – 5 minutes</i> |
| 10:35 – 11:20 am | Unit H: Managing Depression in Primary Care |
| 11:20 – 11:25 am | <i>Break – 5 minutes</i> |
| 11:25 am – 12:05 pm | Unit I: Paediatric Bipolar Disorder |
| 12:05 – 12:25 pm | Faculty Panel: Bipolar and Depression = primary topic |
| 12:25 – 1:00 pm | <i>Lunch</i> |
| 1:00 – 2:20 pm | Unit J: The Finer Points of ADHD Assessment: Boot Camp |
| 2:20 – 2:30 pm | <i>Break - 10 minutes</i> |
| 2:30 – 3:05 pm | Unit K: Treating ADHD: Getting the Most Out of Medication Part I |
| 3:05 – 3:10 pm | <i>Stretch Break – 5 min</i> |
| 3:10 – 4:20 am | Unit K Continued: Treating ADHD: Getting the Most Out of Medication Part II |
| 4:20 – 4:30 pm | Faculty Panel: ADHD = primary topic |
| 4:30 – 4:35 pm | <i>Complete 2nd Day Evaluations</i> |
| 4:35 pm | Summary and Wrap-Up of Day Two <i>Homework Assignment</i> |



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Saturday, January 17, 2026

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|----------------------------|--|
| 8:15 – 8:30 am | Registration |
| 8:30 – 8:35 am | Overview and Welcome to Day 3 |
| 8:35 – 9:25 am | Unit L: Assessment and Treatment of Aggression in Youth |
| 9:25 – 9:45 am | Unit M: Psychosis |
| 9:45 – 10:10 am | Unit N: Adverse Effects and Monitoring of Atypicals |
| 10:10 – 10:25 am | FACULTY PANEL: <i>Aggression and psychosis = primary topics</i> |
| 10:25 – 10:35 am | Break – 10 min |
| 10:35 – 11:10 am | Unit O: Your Training is Just Beginning |
| 11:10 – 11:40 am | Unit P: Tips for Coding |
| 11:40 – 11:55 am | FACULTY PANEL: <i>Billing = primary topic</i> |
| 11:55 am – 12:00 pm | Break – 5 min |
| 12:00 – 1:00 pm | Unit Q: Next Steps for Your Practice |
| 1:00 – 1:10 pm | Completion of REACH Exit Paperwork |
| 1:10 – 1:15pm | Closing Comments |
| 1:15 pm | Adjourn! |