

POGO 2017

March 2 & 3, 2017

Hilton Garden Inn, Saskatoon, SK

Conference Schedule - Subject to Revision

Version 14 - February 27, 2017

TIME	SESSION	Thursday, March 2, 2017	ROOM
0730		Registration	Garden Lobby
0730		Breakfast	Garden North
0800		Welcome Remarks	Garden Ballroom
0830	P-1	New Guidelines for Female Nutrition <i>Dr. Angela Bowen</i> <ul style="list-style-type: none"> • Review the newly published Society of Obstetricians and Gynecologists (SOGC) Clinical Practice Guidelines on nutrition for women • Identify priorities for female nutrition across the lifespan • Discuss key points for implementing these guidelines into clinical practice 	Garden Ballroom
0915	P-2	Poverty - A Clinical Tool for Primary Care Providers <i>Dr. Sally Mahood</i> <ul style="list-style-type: none"> • Discuss the reality of Saskatchewan patients living in poverty and marginalized communities, and their impact on health indices • Apply an approach to intervening in patients' poverty • Select and use appropriate resources to improve the health of patients living in poverty 	Garden Ballroom
1000		Refreshment Break / View Exhibits	
1020 and 1115		CONCURRENT SESSIONS:	
	C-1	The Pediatric Onset and Management of Substance Use Disorders <i>Dr. Peter Butt</i> <ul style="list-style-type: none"> • Describe the pediatric risk factors for the establishment of a Substance Use Disorder • Review approaches to treatment • Explore the national Alcohol Low Risk Drinking Guidelines' approach for youth 	Garden South
	C-2	What's New in Contraception? <i>Dr. Melissa Mirosh</i> <ul style="list-style-type: none"> • Apply current guidelines for contraceptives to determine the most appropriate choice for patients • Discuss contraindications for hormonal contraception • Address contraception options for adolescents 	Garden Centre
	C-3	Hot Topics: Recent Recommendations from the Canadian Paediatric Society <i>Dr. Ayaz Ramji</i> <ul style="list-style-type: none"> • Review newly published guidelines on the management of acute otitis media, neonatal sepsis, croup and critical cardiac defect screening • Discuss how these guidelines can be practically applied in clinical practice 	Prince Albert West Room - 2nd flr

TIME	SESSION	Thursday, March 2, 2017	ROOM
	C-4	Obstetrics in 2017: What's New? <i>Dr. Jocelyne Martel</i> <ul style="list-style-type: none"> • Review the latest SOGC guidelines pertaining to the management of nausea, trauma and preterm labour • Review the recommendations for management of normal labour at term • Apply these recommendations to their clinical practice 	Estevan Room - lower level
	C-5	Eating Disorders in the Pediatric Population <i>Dr. Ayisha Kurji</i> <ul style="list-style-type: none"> • Screen for and recognize pediatric eating disorders • Communicate the possibility of this diagnosis to the patient • Know the resources available for further management, and the red flags for urgent referral 	Prince Albert East Room - 2nd flr
1105		Relocation Break	
1115		REPEAT OF 1020 CONCURRENT SESSIONS	
1200		Lunch	Garden Ballroom
1300	P-3	Navigating Adolescent Mental Health <i>Dr. Melissa Denis</i> <ul style="list-style-type: none"> • Identify the developmental "tasks" during the pre-adolescent and adolescent years • Identify common and uncommon mental health problems emerging during pre-adolescence/adolescence • Discuss the challenges in identifying mental health problems in youth • Identify several available screening tools and clinical resources available • Outline an approach to developing a mental health treatment plan acceptable to both parent and youth 	Garden Ballroom
1345	P-4	Women-Centred Group Prenatal Care <i>Martha Roberts</i> <ul style="list-style-type: none"> • Describe the Women-Centred Group model of prenatal care • Outline the benefits of Woman-Centred Prenatal Care from the woman's perspective • Discuss how Women-Centred Prenatal Care can promote and enhance the interprofessional delivery of prenatal care 	Garden Ballroom
1430		Refreshment Break / View Exhibits	
1450 and 1545		CONCURRENT SESSIONS:	
	C-6	Advances in Asthma <i>Dr. Ram Natarajan; Sarah Sokoluk</i> <ul style="list-style-type: none"> • Review Pediatric Asthma Guidelines (CPS 2015) • Discuss new medications used in the management of pediatric asthma • Discuss the early predictors of asthma • Teach correct techniques for use of inhalers 	Garden South
	C-7	Substance Use and Pregnancy <i>Dr. Lexy Regush; Della Magnusson</i> <ul style="list-style-type: none"> • Review substances being used by pregnant women and the effects on the woman, fetus and newborn • Examine strategies to identify women at risk of substance use in the perinatal period • Discuss harm reduction strategies to assist women in maximizing healthy outcomes 	Estevan Room - lower level

TIME	SESSION	Thursday, March 2, 2017	ROOM
	C-8	Pediatrics for New Canadians <i>Dr. Mahli Brindamour</i> <ul style="list-style-type: none"> • Apply an approach to the first three primary care visits with a newly arrived refugee child • Identify key issues in pediatric refugee health 	Prince Albert West Room - 2nd flr
	C-9	Menopause and Perimenopause Management <i>Dr. Renee Morissette; Dr. Vicki Holmes</i> <ul style="list-style-type: none"> • Review common concerns experienced by women in the perimenopausal and menopausal period • Explore new strategies and options to managing these concerns 	Garden Centre
	C-10	Fibroids: New Management Options <i>Dr. Darrien Rattray</i> <ul style="list-style-type: none"> • Describe innovations in minimally-invasive surgical procedures to treat women with uterine fibroids • Describe new options in the medical management of fibroids 	Prince Albert East Room - 2nd flr
1535		Relocation Break	
1545		REPEAT OF 1450 CONCURRENT SESSIONS	
1630		Adjournment	

TIME	SESSION	Friday, March 3, 2017	ROOM
0730		Registration	Garden Lobby
0730		Breakfast	Garden North
0800		Welcome Remarks	Garden Ballroom
0815	P-5	Choosing Wisely: Don't Just Do Something, Stand There! <i>Dr. George Carson</i> <ul style="list-style-type: none"> • Demonstrate that "More" is not necessarily better, and not necessarily innocuous • Apply Choosing Wisely methods to obstetrical and gynecological procedures • Devise means to identify tests or procedures we do which should be part of the SOGC's Choosing Wisely/Elegant Minimum list • Describe the purpose and method of proceeding with Choosing Wisely Canada 	Garden Ballroom
0900		Relocation Break	
0915 and 1030		CONCURRENT SESSIONS:	
	C-11	Prevention of and Early Identification of Newborn Jaundice Emergencies <i>Dr. Krista Baerg</i> <ul style="list-style-type: none"> • Describe red flags on history and physical exam that warrant further investigations and treatment • Highlight Canadian guidelines for screening, follow-up and treatment of newborns over 35 weeks gestation 	Garden South Room
	C-12	Obstetrical Challenges for Northern Indigenous Women <i>Dr. Veronica McKinney</i> <ul style="list-style-type: none"> • Identify the stressors of being away from one's family • Identify the barriers to transportation • Recognize coverage issues with Non-Insured Health Benefits • Recognize the importance of family attendance during birth 	Prince Albert West Room - 2nd flr

TIME	SESSION	Friday, March 3, 2017	ROOM
	<p>C-13 Having the Immunization Conversation</p> <p><i>Dr. Simon Kapaj</i></p> <ul style="list-style-type: none"> • Examine current controversies and evidence regarding the safety of childhood vaccination • Explore strategies for discussing vaccination with families as part of the informed decision-making process • Review vaccination recommendations for women during pregnancy 		Garden Centre Room
	<p>C-14 Providing Effective Prenatal Care for Marginalized Women</p> <p><i>Martha Roberts</i></p> <ul style="list-style-type: none"> • Describe how prenatal care impacts on the pregnancy and birth experience of marginalized women • Relate the importance of effective team communication in providing prenatal / perinatal care • Recommend strategies to meet the needs of marginalized women in pregnancy and birth 		Estevan Room - lower level
1000	Refreshment Break / View Exhibits		Garden North
1030	REPEAT OF 0915 CONCURRENT SESSIONS		
1115	Relocation Break		
1130	<p>P-6 Teamwork, Leadership and Communication: Collaboration Basics for Health Professionals</p> <p><i>Deborah Lake</i></p> <ul style="list-style-type: none"> • Apply basic skills, attitudes and knowledge for successful interprofessional collaboration in healthcare • Design and assess collaborative activities in a healthcare environment • Describe the three competency domains and the three levels of organization where TLC can be applied as a framework 		Garden Ballroom
1230	Adjournment		