The Division of Continuing Medical Education is pleased to offer resources related to COVID-19. We understand the importance of sharing education and information for health care professionals during these uncertain times.

FREE Webinar: Health Care Provider Wellness
Worried and Stressed? Answering Your Questions About Staying Well During the Pandemic
May 13, 2020 from 6 - 7:30 pm (SK time)

CME is pleased to have Dr. Anita Chakravarti (Saskatoon), Dr. Alana Holt (Saskatoon), Dr. Andriyka Papish (Regina), Jessica Richardson (Regina) and Brenda Senger (Saskatoon) joining us to answer your questions related to COVID-19.

Open to all health care providers.

At the end of this session, participants will be able to

- Normalize the emotional experiences during a pandemic and recognize when to reach out for help
- Discuss anxiety, fear, grief and stress responses to a pandemic
- Discuss practical strategies to enhance your ability to cope
- Identify available resources and supports

Register online HERE or via the CME website.

ACCREDITATION CREDITS

Royal College of Physicians and Surgeons of Canada: This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Medical Education Division, University of Saskatchewan for up to 1.5 credit hours.

The College of Family Physicians of Canada: This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Medical Education Division, University of Saskatchewan for up to 1.5 Mainpro+ credits.

Other Healthcare Professionals: Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.