



CONTINUING MEDICAL EDUCATION



UNIVERSITY OF SASKATCHEWAN

College of Medicine

DIVISION OF CONTINUING MEDICAL EDUCATION
CMELEARNING.USASK.CA

ANNUAL REPORT 2021/22

BE WHAT THE WORLD NEEDS

MISSION STATEMENTS

University of Saskatchewan

MISSION

The University of Saskatchewan advances the aspirations of the people of the province and beyond through interdisciplinary and collaborative approaches to discovering, teaching, sharing, integrating, preserving, and applying knowledge, including the creative arts, to build a rich cultural community. An innovative, accessible, and welcoming place for students, educators, and researchers from around the world, we serve the public good by connecting discovery, teaching, and outreach, by promoting diversity and meaningful change, and by preparing students for enriching careers and fulfilling lives as engaged global citizens.

VISION

We will contribute to a sustainable future by being among the best in the world in areas of special and emerging strengths, through outstanding research, scholarly, and artistic work that addresses the needs and aspirations of our region and the world, and through exceptional teaching and engagement. We will be an outstanding institution of research, learning, knowledge-keeping, reconciliation, and inclusion with and by Indigenous peoples and communities.

College of Medicine

MISSION

As a socially accountable organization, we improve health through innovative and interdisciplinary research and education, leadership, community engagement, and development of culturally competent, skilled clinicians and scientists. Collaborative and mutually beneficial partnerships with Indigenous peoples and communities are central to our mission.

VISION

We are leaders in improving the health and well-being of the people of Saskatchewan and the world.

MESSAGES

Dr. Preston Smith, Dean College of Medicine



The pandemic has been a time of change and challenge for all of us. The College of Medicine has made adjustments in working and learning approaches, and despite everything, has continued to improve and evolve to become an even better medical school. While the pandemic is not fully behind us, we face the future with optimism as we've returned to a "new normal" in our approaches to teaching, learning and discovery.

The Division of Continuing Medical Education (CME) plays an important role in maintaining and building healthcare professionals' skills and knowledge, leading to improved patient care. CME provides programming that benefits physicians and other healthcare providers across the province and beyond. Throughout these challenging recent years, the team has worked hard to continue providing high-quality learning experiences and resources.

For the second time, CME has hosted a successful weekly webinar series with timely topics and experts located here in Saskatchewan. In addition to their regular educational opportunities, CME announced new programming supporting HIV and HCV education, mentorship for new physicians, and enhanced support for internationally trained physicians. CME also continues to work closely with our partners at the Saskatchewan Health Authority (SHA) and other external organizations to build stronger connections that will benefit our college in the years to come.

Finally, I extend my congratulations and sincere appreciation to the whole CME team and acknowledge their commitment and hard work in delivering high-quality continuing medical education programming and professional growth opportunities.

Dr. Kent Stobart, Vice Dean Education College of Medicine

The Continuing Medical Education (CME) offers high-quality education opportunities that healthcare professionals rely on to deliver patient care. CME delivers its mission by offering continuing medical education and professional development programming that meets the needs of faculty and learners. This programming includes accredited conferences, workshops and programs that enhance the skills and knowledge of healthcare providers and foster lifelong learning. Topics of focus include physician and patient wellness, Indigenous health, and cultural competence.



There have been several significant successes for CME in 2022. The weekly webinar series continues to see strong uptake, with College of Medicine and Saskatchewan healthcare professionals sharing their knowledge, and participants attending the sessions from across the province. Interprofessional education is another area of focus for CME, with one third of their offerings developed in collaboration with health sciences colleagues. The team has worked with units across the college and university to support activities and programs. One example is working Faculty Development to operationalize the Research, Innovation and Scholarship in Education (RISE) event held in June.

CME continues to be strongly committed to social accountability. In collaboration with the College of Pharmacy and Nutrition, CME has developed a new program called Advancing Interprofessional Management of Substance Use Disorders in Saskatchewan. This innovative program will improve health outcomes for individuals with substance use disorder.

Another priority for CME and the college is educating health care providers in the unique needs of Indigenous patients and their families. The Role of Practitioners in Indigenous Wellness has seen strong participation with many physicians, residents, students and even Saskatchewan Health Authority senior leadership enrolled in this online course.

I thank the CME team for your commitment to continuing medical education and supporting the important work of delivering professional educational opportunities for Saskatchewan healthcare professionals.

Dr. James Barton, Associate Dean Continuing Medical Education



On behalf of my team here at CME we are pleased to provide you with our annual report for 2021/2022.

As you look through the following pages you will see a division that remains hard at work, striving to connect you with the information you need to support you in your busy professional lives. Many of you familiar with CME will recognize a tremendous growth in both the scale and scope of our programming since 2017. Our team is more than twice its size since 2017 to match the growth in our programming with an online presence that demanded we again refresh our website. It's even more modern and this appearance is

continued through to our reporting and communications across our social media platforms to be engaging and to make your learning experience even better.

We are grateful for a recent grant that we will use to enhance our technology to allow for a higher quality virtual online experience reflecting our commitment to Quality Education and an enhanced learner environment. We have dedicated physician leadership for Simulation in CME which has translated into unique online and in person experiences that elevate the learner environment. More to come in 2023!

Our virtual platforms continue to connect learners at the times of day convenient to them across an expanding number of topics, available in both in real time and asynchronously. New programs focusing on substance use disorder (AIMS), our new provincial coaching and mentoring program (CoMPAS) and STEPS (sexually transmitted and blood borne illnesses) are welcome additions to the CME family as is the Long COVID project we are leading for the SHA. Foundational programs such as our webinar series, CanREACH-SK, Pain & Therapeutics conference, RISE, SIPPA, and the perinatal programs ground us and connect us with long term learners and we hope to see those grow as we move ahead.

Our Social Accountability commitment remains strong and unwavering as expressed through our Cultural Safety courses and we saw improvements to the curriculum this year with a new appearance and online functionality that better serves learner needs. We are grateful that the new portfolio of the Vice Dean Indigenous Health and Wellness has been created to guide and support us as we continue to provide cultural safety education through our division.

It is our nature to be collaborative and many of our programs are as successful as they are because of the strengths of our partners such as the School of Rehabilitation Science, the College of Pharmacy and Nutrition, the Saskatchewan Medical Association, College of Physicians and Surgeons of Saskatchewan, the Saskatchewan Health Authority, and the Ministry of Health. Over a third of our offerings are interprofessional and we feel this mix of health care providers creates an exciting and forward-looking environment and atmosphere.

Finally, our Wellness program continues to grow, and we are grateful for CPSS sponsorship to add another physician lead to that effort. The wellness program lens is provincial in scope as we recognize this is an area where we are stronger together than alone as we continue to find our way forward and find joy in our work.

Dr. James W. Barton, MD, FRCP(C)
Clinical Professor of Medicine-Nephrology
Associate Dean, Continuing Medical Education
Program Director-Adult Nephrology

A handwritten signature in black ink, reading "James W. Barton". The signature is fluid and cursive, written on a light-colored background.

CONTINUING MEDICAL EDUCATION STRATEGIC PLAN

Vision

CME is a leader in enhancing the patient's quality of health through its innovative educational opportunities in lifelong learning.

Mission

CME engages with healthcare professionals to enhance health care outcomes by delivering continuing professional learning that is focused on the needs of the patient and their communities. We are guided by the principles of social accountability, equity, collaboration and excellence.

Values

Respect, Responsiveness, Collaboration, Innovation, Accountability, Passion, Leadership, Scholarship, Quality Improvement

Strategic Priorities



Quality Education

To be a provincial leader in continuing professional development. CME designs and delivers programming that successfully promotes educational strategies and methods to improve physician competence and performance. Our objective is to improve the health of patients and their communities.



Social Accountability

As a reflection of our commitment to respond to the Calls to Action in the Truth and Reconciliation Report. To address the continued challenges of equity and equality of all communities served by the health care system.



Operations

A strong organizational plan is required to support the achievement of the CME's purpose and allow for achievement of measurable goals within the strategic plan.



Learner Environment

A modern learning environment is recognized as an important factor required of successful, competitive CPD providers to deliver transformative educational experiences.

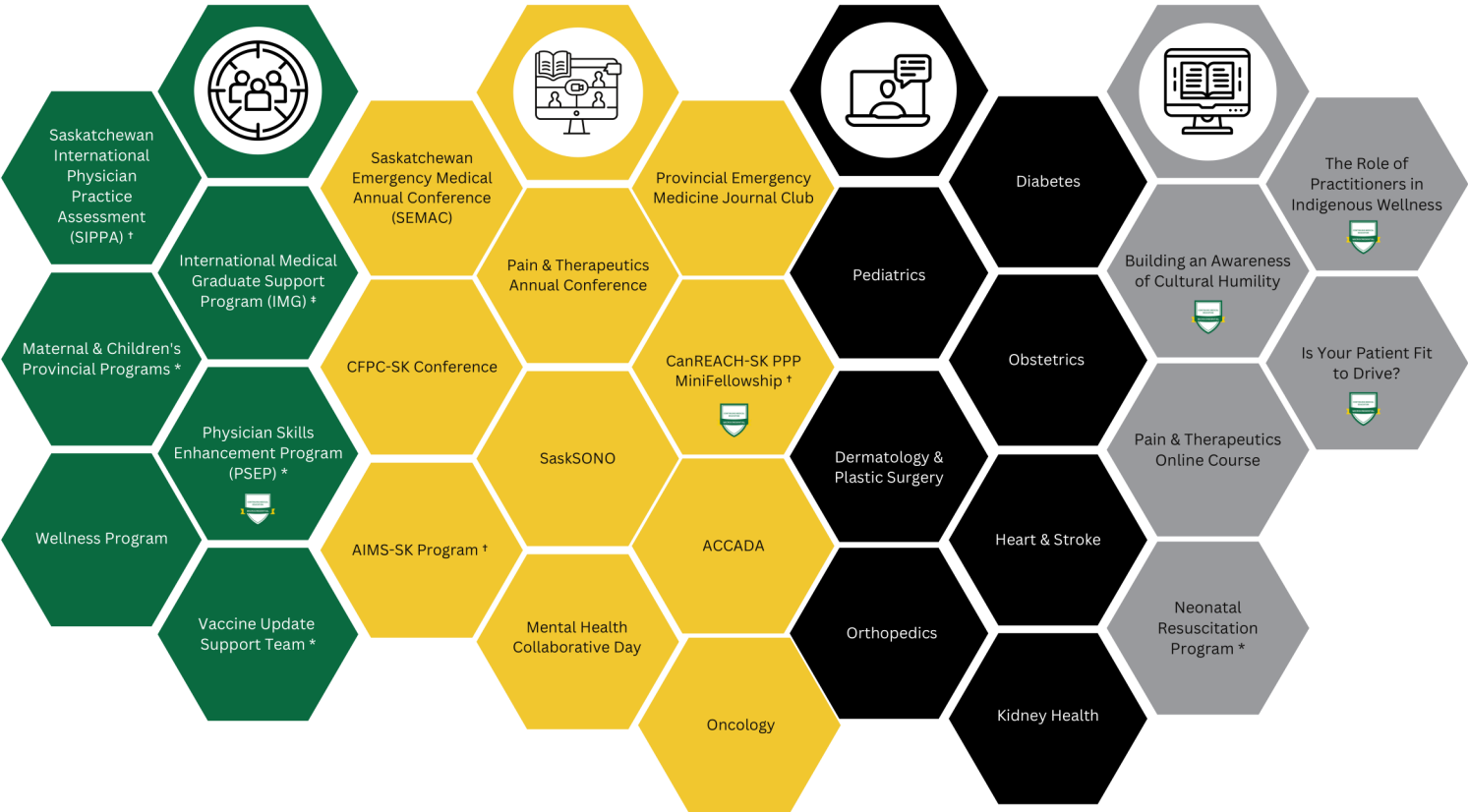
QUALITY EDUCATION

To be a provincial leader in continuing professional development. CME designs and delivers programming that successfully promotes educational strategies and methods to improve physician competence and performance. Our objective is to improve the health of patients and their communities.

PROGRAMMING

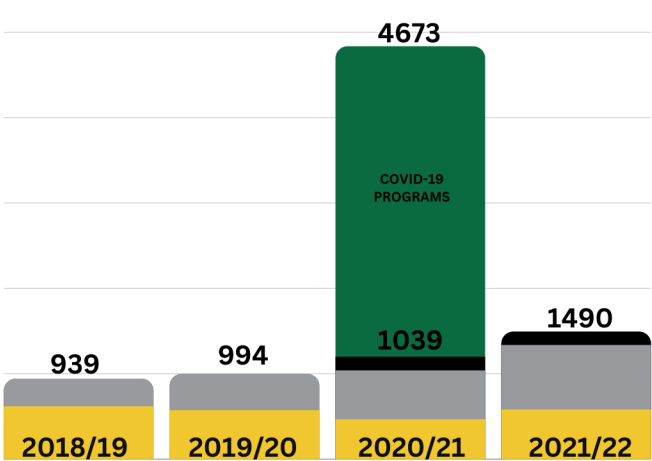
Provincial Collaborations, Virtual Events, Webinars, and Courses (in person and online)

 Learners receive CME **micro-credential** once the learning experience has been completed.

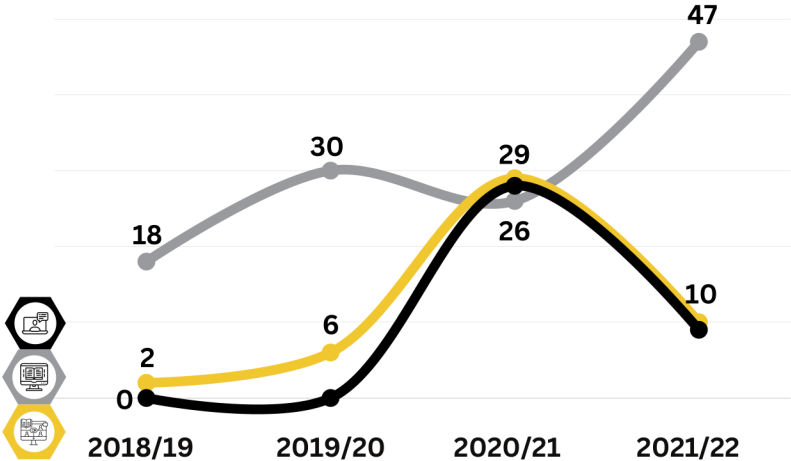


*Program in partnership with the Saskatchewan Health Authority
 † Program in partnership with the Ministry of Health
 ‡ Program in partnership with the Ministry of Immigration and Career Training

Participant Numbers



Activities



QUALITY EDUCATION

IN DEVELOPMENT FOR 2022/23

- Coaching and Mentoring Program for Saskatchewan Physicians (CoMPAS)
- STBBI Treatment Education Program for Saskatchewan (STEPS)
- Long COVID Evaluation Assessment
- EDI Divisional Resource
- Cervical Cancer Screening Guidelines

CanMEDS

CanMEDS is a framework that identifies and describes the abilities physicians require to effectively meet the health care needs of the people they serve. These abilities are grouped thematically under seven roles. A competent physician seamlessly integrates the competencies of all seven CanMEDS Roles.

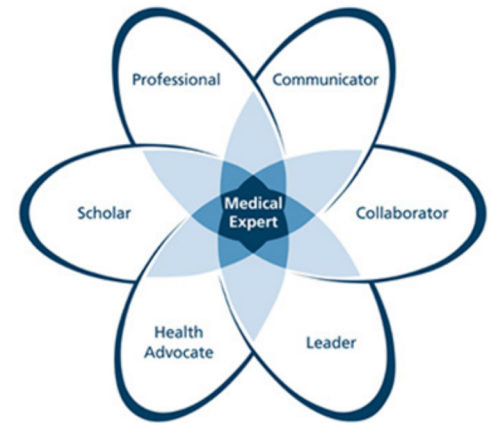
The breadth of CME's offerings cover all seven CanMEDS roles, many of them covering multiple roles.

Examples:

CanREACH-SK - 5 roles

CME Webinar Series - 7 roles

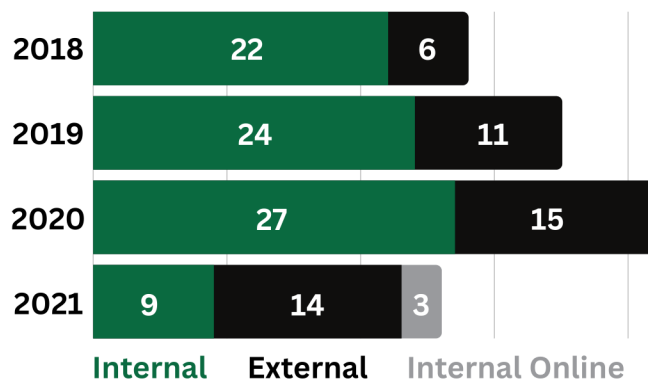
SaskSONO, SEMAC and Pain & Therapeutics Conferences - 6 roles



CANMEDS

ACCREDITATION UPDATE

The Division of CME is uniquely positioned to accredit both Maintenance of Certification (MOC) and MainPro+ on behalf of the Royal College of Physicians and Surgeons of Canada and the College of Family Physicians of Canada.



Transformational Change in Post Graduate Trainees following Cultural Responsiveness Training

The Role of Practitioners in Indigenous Wellness - Health Provider Learning with Cultural Responsiveness Training

On-call frequency in rural Saskatchewan

Research & Scholarship

Impact of the Canadian Research and Education for the Advancement of Child Health (CanREACH-SK) training program on care and access to pediatric and psychiatric services in Saskatchewan

Exploring barriers and motivators to physician engagement in Saskatchewan

A thematic analysis of SIPPA ER Clinical Field Assessment reports to inform IMG practice readiness assessment programs

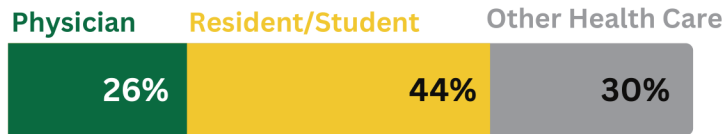
SOCIAL ACCOUNTABILITY

As a reflection of our commitment to respond to the Calls to Action in the Truth and Reconciliation Report. To address the continued challenges of equity and equality of all communities served by the health care system.

CULTURAL SAFETY PROGRAMMING

The Role of Practitioners in Indigenous Wellness

Most (70%) of the attendees this year were **physicians** and **residents/students**.



CME acknowledges the Canadian Medical Association (CMA) and the Saskatchewan Medical Association (SMA) for supporting 4th year medical students to enroll in The Role of Practitioners in Indigenous Wellness.

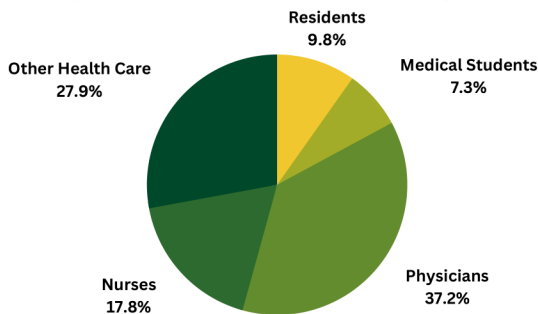
Building an Awareness of Cultural Humility

246

College of Medicine staff and non-medically trained participants since its inception.

INTERPROFESSIONAL EDUCATION

While our programs are mostly (37%) attended by physicians, we attract many different health professionals including physiotherapists, nurses, social workers, pharmacists, dentists, psychologists, chiropractors, and EMTs.



33%

of our program offerings this year were developed interprofessionally with our health sciences colleagues.

PROGRAMS

Disordered Eating Conference

Learn more about disordered eating from an interdisciplinary health care team working in an outpatient setting.

IMG

In addition to connecting International Medical Graduates with valuable preparation supports for CARMS applications and information on alternate career options, our IMG Support Program also expanded to offer 8 Clinical Experience Opportunities to IMG's in the province. These placements allowed for medical observerships and enhanced exposure to the local health care system.

SIPPA

To date 494 internationally trained medical graduates have gone through the practice ready assessment program and have been placed in rural and remote communities of need. In addition to this, the SIPPA program will expand in 2023 to include the supervisory phase of medical licensure.

Wellness Program

In partnership with Dr. Anita Chakravarti, CME has developed a wellness program to support physicians and other health care providers with wellness, resilience, and mental health promotion.

SOCIAL ACCOUNTABILITY

WELLNESS PROGRAM

24

USask Departments, Divisions and Schools offer CME Wellness Programming



Education Sessions Offered:

- Introduction to Clinician Wellness and CME Wellness Program
- Resilience (Clinician Burnout)
- Mindfulness in Professional Practice
- Compassion Training (Self Criticism, “compassion fatigue”)
- Mental Health Promotion (Anxiety, Depression)
- Resilience (Addictions, Substance Use Disorders)
- Civility and Professionalism (Intimidation and Harassment, Disruptive Behavior)
- Critical Incident Stress Management (Impact and Recovery from Adverse Events)
- Sustainable Performance and Productivity
- Peer Support, Organizational Culture and Community Building
- Sleep Hygiene
- Simulation and Wellness

AIMS-SK

Advancing Interprofessional Management of Substance Use Disorders in Saskatchewan (AIMS-SK)

The College of Medicine, CME along with Continuing Professional Development for Pharmacy Professionals (CPDPP) launched a new program called Advancing Interprofessional Management of Substance Use Disorders in Saskatchewan (AIMS-SK). The AIMS-SK program is designed to improve health outcomes for individuals with substance use disorders.

2 COHORTS COMPLETED IN SPRING & FALL 2022

The Fall cohort had a **10%** increase in attendees.

11 of **33** are eligible family physicians to become maintenance OAT prescribers.



"Plan to ask more questions about my patient's habits and lives to better understand their situation."

"Make more space for my patients to develop furthermore meaningful relationships and hear their experiences. I am trying to determine how I could add OAT in my practice (OB/GYN)"

"It was good to get a brief glimpse into the world of these fabulous addiction medicine docs. With all their education, experience and recognition- It's great to see they are still open to learning, and welcome input from peers!"



The attendees included disciplines from **Family Physicians, RNs, Social Workers, Mental Wellness Therapists, Pharmacists, Paramedics, Substance Use Professionals**

SOCIAL ACCOUNTABILITY

STEPS



In June 2022, the Division of Continuing Medical Education announced the launch of the new STBBI Treatment Education Program for Saskatchewan (STEPS). Using a Virtual Classroom platform, STEPS delivers live, interactive medical education that addresses the record high rates of sexually transmitted and blood borne infections (STBBIs) in Saskatchewan. Presentations discuss how to screen, test, and treat these infections in primary care settings with the goal of decreasing transmission. Presentations are delivered and facilitated by local infectious disease specialists, family physicians, and people with lived experience. All content is specific to Saskatchewan and highlights provincial resources and treatment pathways. With funding by the Saskatchewan Ministry of Health that allows for free registration, STEPS is successfully bringing much needed STBBI awareness and education to large numbers of healthcare providers across the province.

7

presentations delivered between September - November 2022 addressing syphilis, hepatitis C, & HIV

825

registrations received by the target audience (physicians, nurses, and other allied healthcare providers)

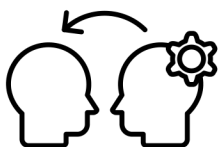
CoMPAS

The new provincial program received approval from its SMA and Ministry of Health sponsors in March 2022. Funding of \$1.4M will support this pilot program over a five-year period and will be open to all qualifying physicians in the province. Priority emphasis will be on both family physician and specialty practices, and both rural and urban locations to provide a balanced approach to CoMPAS creation, as needed in the early stages of the program to allow for maturation of the program. This is intended to allow for appropriate evolution of the program, and to be responsive, adaptive, and flexible based on the need throughout the province.

C M P A S



62 applications received
33 Coach/Mentor
29 Coachee/Mentee



11 Coach/Mentor
11 Coachee/Mentee
selected to participate in first iteration of year 1



Launch program late fall 2022



Accredited for MOC & Mainpro+ learning credits within all three phases of training



11.5 hours of training content created on Canvas by CME Educational Designers & Faculty Development (Phase 1 & 2)

SOCIAL ACCOUNTABILITY

COLLABORATIONS

CME and Faculty Development (FD) recently became next door neighbors in Health Sciences, strengthening our connection, operational support and our commitment to deliver much needed educational programming which enhances the lives of our faculty and learners.



CME continues to support FD in operationalizing RISE with June 2022 marking the 5th annual event with over 80 participants and featured 16 oral presentations and 8 electronic poster presentations.



CME and FD are excited to be launching CoMPAS (Coaching and Mentorship Program for Saskatchewan Physicians), supported by the SMA and Ministry of Health for 1.4 M over 5 yrs.



CME continues to provide accreditation expertise for FD's many projects and events. In 2021-22, CME approved a total of 22.25 MOC Section 1 credit hours for FD programming.



CME assisted FD in launching their Instagram and Twitter profiles in January 2022. CME also played an integral part in developing an asynchronous EDI course for faculty on Canvas.



SaskRENEWAL

Faculty Development and CME aided in the planning and delivery of the virtual conference in 2021.

Participants were involved in presentations on resources available from the USask library, FD and CME, and received information on the SMA Roadmap and SRPC/CFPC Rural Roadmap programs.

They also heard about cultural and gender microaggressions and the ladder of inference, as well as had an opportunity to interact with USask learners about their perceptions of DME.

There was also a photo contest which showcased the beauty from around the province.

LEARNER ENVIRONMENT



A modern learning environment is recognized as an important factor required of successful, competitive CPD providers to deliver transformative educational experiences.

63% of our learners engaged with us on virtual platforms in 2021/22.

PATIENT ENGAGEMENT

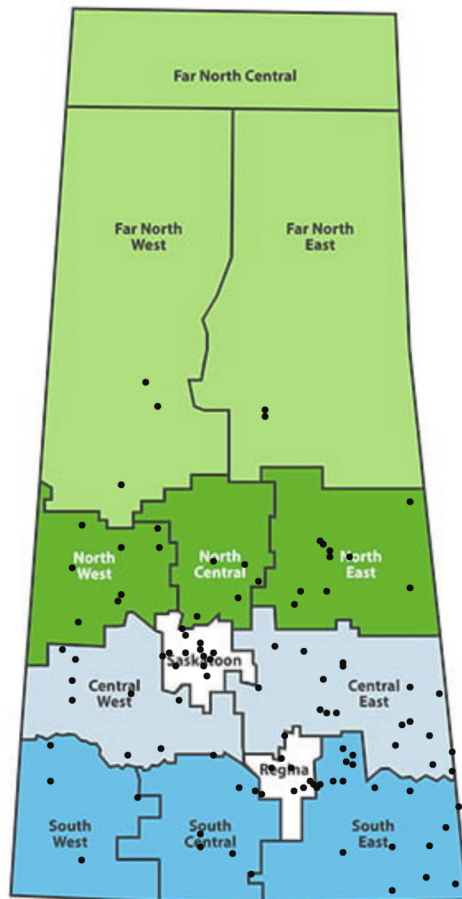
CME is committed to supporting clinicians to deliver educated care. The collaborative approach of engaging patient & family advisors in the planning of educational activities allows for improved patient outcomes.

ASYNCHRONOUS LEARNING

Asynchronous learning options allow for participants to learn on their own schedule, at their own pace. Our asynchronous learning options have increased from **2 to 13** since 2018/19, and include the following courses:

- Is your patient fit to drive?
- The Role of Practitioners in Indigenous Wellness
- Building an Awareness of Cultural Humility
- Pain & Therapeutics
- Choosing Wisely
- Clinical Imaging
- Hybrid Fetal Health Surveillance Instructor Workshop
- Complex Newborn Care
- Maternal Newborn Care
- Eat, Sleep, Console for Nursing
- Eat, Sleep, Console for Physicians (In Progress)
- Newborn Hearing Screening (In Progress)
- Baby Friendly Initiative & Breastfeeding Module (In Progress)

PARTICIPANT GEOGRAPHY



Participants in CME programming are mainly from Saskatchewan, but there have been participants from across the country and the globe including:

- Bath, ON
- Bedford, NS
- Brampton, ON
- Burnaby, BC
- Calgary, AB
- Charlottetown, PEI
- Chestermere, AB
- Chilliwack, BC
- Cranbrook, BC
- Duncan, BC
- Edmonton, AB
- Elmira, ON
- Etobicoke, ON
- Flin Flon, MB
- Fort Saskatchewan, AB
- Golden, BC
- Grande Prairie, AB
- Halifax, NS
- Iqaluit, NU
- Kamloops, BC
- Kitchener, ON
- Kitscoty, AB
- Lacombe, AB
- Langham, BC
- Lilllooet, BC
- Lombardy, ON
- Londo, ON
- Maple Ridge, BC
- Medicine Hat, AB
- Mississauga, ON
- Mountain View County, AB
- North Vancouver, BC
- North York, ON
- Oakville, ON
- Ottawa, ON
- Penetanguishene, ON
- Portage La Prairie, MB
- Prince George, BC
- Quebec, QC
- Rama, ON
- Richmond Hill, ON
- Rivercourse, AB
- Scarborough, ON
- Smithers, BC
- St Davids, ON
- Surrey, BC
- Sydney, NS
- Thornhill, ON
- Toronto, ON
- Vancouver, BC
- Victoria, BC
- Waterloo, ON
- West Vancouver, BC
- Westmount, QC
- Whitby, ON
- Winnipeg, MB
- Liverpool, England

OPERATIONS

A strong organizational plan is required to support the achievement of the CME's purpose and allow for achievement of measureable goals within the strategic plan.

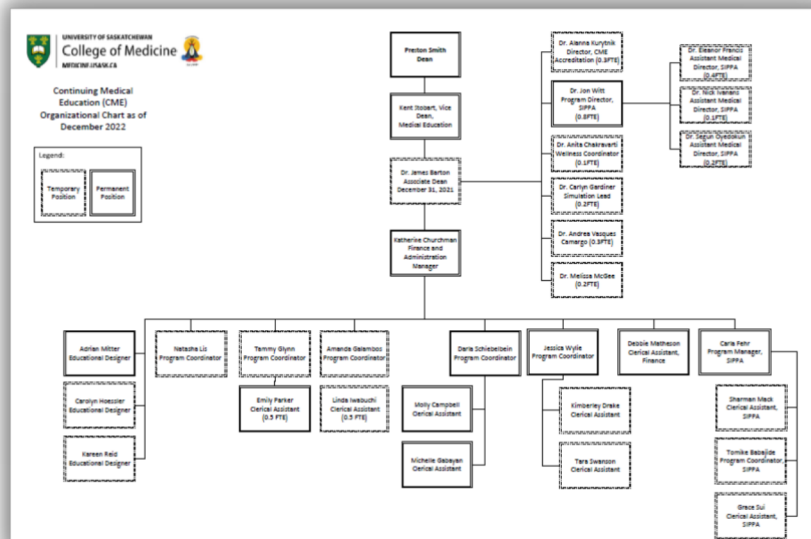
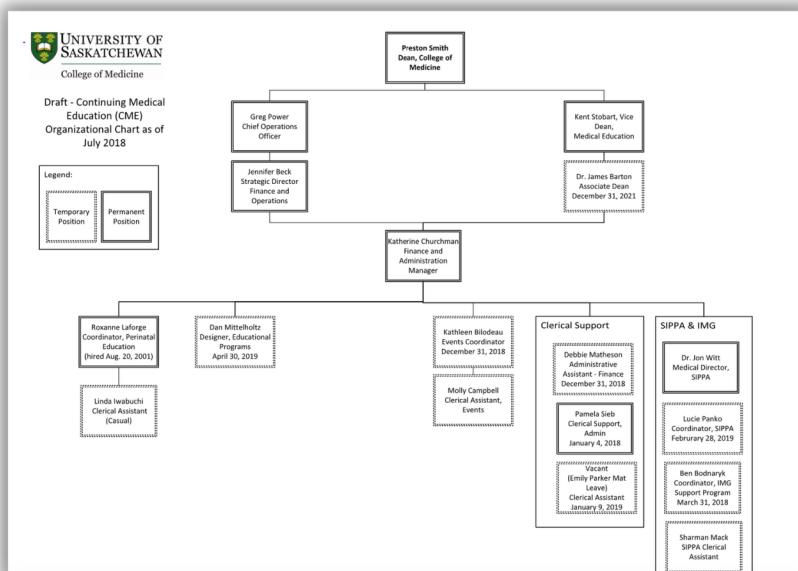


UNIVERSITY OF SASKATCHEWAN
College of Medicine
DIVISION OF CONTINUING MEDICAL EDUCATION

New Educational Designer and Program Coordinator roles were created

Professional development opportunities for staff include:

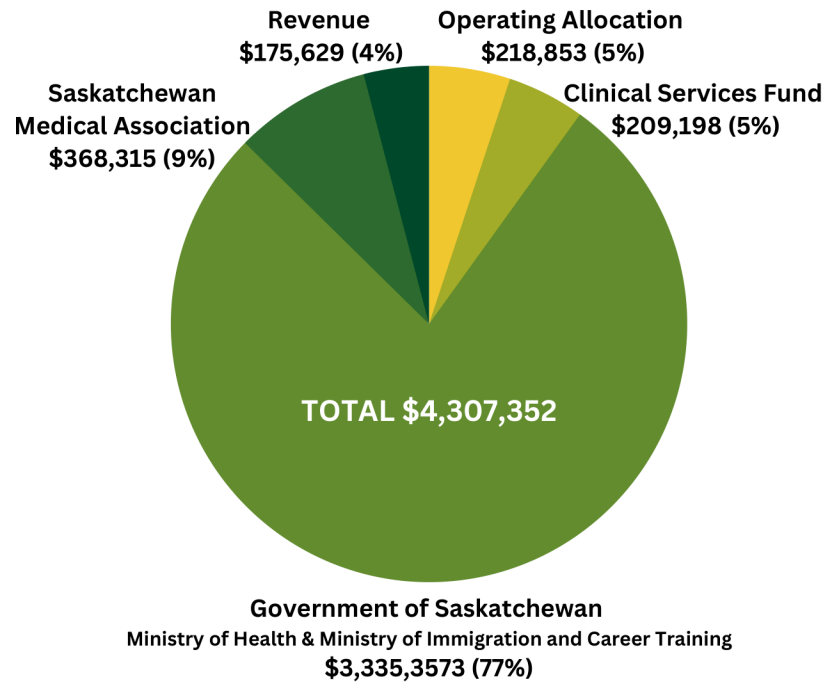
- CPD Foundations Certificate Program
- National Accreditation Conference
- Operational Excellence Certificate - Mapping Operational Processes Program
- Emotional Intelligence (EQ) Essentials for Supervisors Program



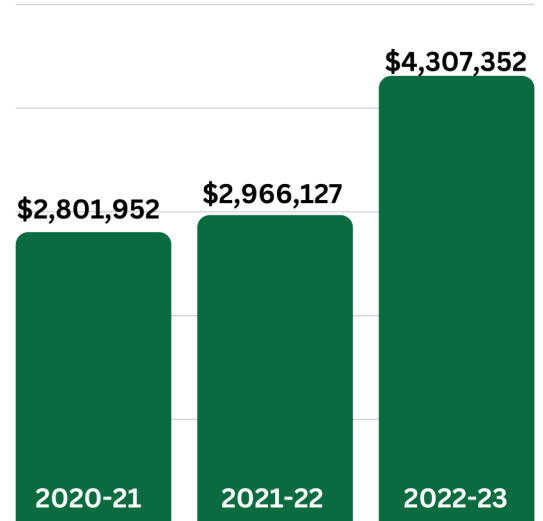
OPERATIONS

CONTRACTED ENGAGEMENTS AND OTHER FUNDING SOURCES

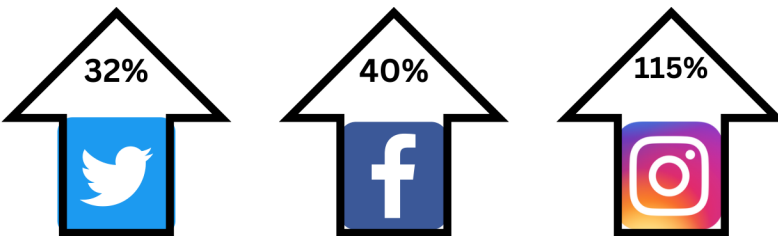
CME's funding comes from a variety of sources including an operating allocation, ministry contracts, accreditation processing fees, revenue generation from virtual and asynchronous activities, other contract work. CME is grateful to retain and grow our contractual engagements.



Operating Budget



SOCIAL MEDIA ENGAGEMENT



Our social media followers have increased substantially from May 2021 to April 2022.



+ 179%
subscribers
>4,900
views



We launched a new CME LinkedIn page in September 2021.